

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****Women 100 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Moore-Bell, Makaiha	Monmouth (Ill.)	12.49	12.28Q	0.9	1
2 Garrett, Haley	Illinois College	12.43	12.32Q	0.4	3
3 Jones, AJ	Lake Forest	12.72	12.45Q	0.6	2
4 Jones, Fynesse	Illinois College	12.76	12.47q	0.9	1 12.465
5 Murray, McKenzie	Illinois College	12.54	12.47q	0.6	2 12.469
6 Rusk, Maddie	Monmouth (Ill.)	12.45	12.49q	0.6	2
7 Anderson, Deja	Illinois College	12.55	12.64q	0.4	3
8 Hoffa, Sidney	Ripon	12.54	12.72q	0.4	3
9 Taylor, Ava	Grinnell	12.78	12.87	0.9	1
10 Landers, Rajanea	Grinnell	12.54	13.02	0.9	1
11 Yank, Irene	Lawrence	13.44	13.42	0.6	2
12 Tawfik, Farah	Lake Forest	13.48	13.60	0.4	3
13 Erickson, Jenna	Ripon	13.68	13.68	0.4	3
14 Casey, Naomee	Beloit		13.71	0.4	3 13.705
15 Murphy, Naomi	Beloit	13.81	13.71	0.6	2 13.710
16 Ruslanova, Altynai	Knox	14.94	14.98	0.9	1
17 Vijzelman, Brendely	Knox	15.37	15.40	0.6	2
18 Pagliarini, Ray	Beloit	17.07	17.23	0.4	3
19 Goldman, Quinn	Knox	15.22	17.59	0.9	1

Women 100 Meter Dash

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Garrett, Haley	Illinois College	12.32	12.34	0.9	10
2 Jones, AJ	Lake Forest	12.45	12.36	0.9	8
3 Moore-Bell, Makaiha	Monmouth (Ill.)	12.28	12.42	0.9	6
4 Jones, Fynesse	Illinois College	12.47	12.50	0.9	5
5 Murray, McKenzie	Illinois College	12.47	12.53	0.9	4
6 Anderson, Deja	Illinois College	12.64	12.55	0.9	3
7 Rusk, Maddie	Monmouth (Ill.)	12.49	12.68	0.9	2
8 Hoffa, Sidney	Ripon	12.72	12.77	0.9	1

Women 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Garrett, Haley	Illinois College	25.26	25.34Q	0.9	3
2 Murray, McKenzie	Illinois College	25.65	26.03Q	0.7	1
3 Rusk, Maddie	Monmouth (Ill.)	25.55	26.15Q	0.5	2
4 Jones, AJ	Lake Forest	26.24	25.69q	0.9	3
5 Hoffa, Sidney	Ripon	26.59	26.23q	0.5	2
6 Moore-Bell, Makaiha	Monmouth (Ill.)	26.26	26.27q	0.9	3
7 Crowe, Maile	Grinnell	26.24	26.33q	0.5	2
8 Jones, Fynesse	Illinois College	26.05	27.42q	0.7	1
9 Furch, Alayna	Beloit	27.06	27.83	0.7	1
10 Gama, Jaslyn	Beloit	28.56	28.17	0.5	2

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11 Tawfik, Farah	Lake Forest	28.93	28.37	0.9	3
12 Murphy, Naomi	Beloit	28.04	28.76	0.7	1
13 Erickson, Jenna	Ripon	29.11	28.80	0.9	3
14 Cross, Morgan	Lawrence	29.23	28.95	0.5	2
15 Fernandez, Andrea	Lake Forest	29.69	29.10	0.7	1
16 Vega Juarez, Itzel	Lawrence	30.04	29.75	0.7	1
17 Ruslanova, Altynai	Knox	30.89	31.02	0.5	2

Women 200 Meter Dash

Name	Year School	Prelims	Finals	Wind	Points
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Finals

1 Garrett, Haley	Illinois College	25.34	25.04	2.6	10
2 Murray, McKenzie	Illinois College	26.03	25.40	2.6	8
3 Jones, AJ	Lake Forest	25.69	25.55	2.6	6
4 Jones, Fynesse	Illinois College	27.42	25.61	2.6	5
5 Rusk, Maddie	Monmouth (Ill.)	26.15	25.96	2.6	4
6 Moore-Bell, Makaiha	Monmouth (Ill.)	26.27	26.16	2.6	3
7 Hoffa, Sidney	Ripon	26.23	26.22	2.6	2
8 Crowe, Maile	Grinnell	26.33	26.23	2.6	1

Women 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year School	Seed	Prelims	H#
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Preliminaries

1 Oakley, Brooke	Illinois College	1:01.05	59.33Q	3
2 Woyak, Madylyn	Ripon	1:00.81	59.74Q	1
3 Furch, Alayna	Beloit	1:00.38	1:00.46Q	2
4 Ziegler, Willow	Cornell College	59.69	59.61q	3
5 Skorczewski, Gaby	Lawrence	1:00.89	59.76q	1
6 Rhoades, Kami	Illinois College	1:01.07	1:00.47q	3
7 Miller, Cole	Beloit	1:01.02	1:00.86q	2
8 Kenosi, One	Lake Forest	1:03.21	1:01.35q	1
9 Crowe, Maile	Grinnell	1:01.11	1:01.57	2
10 Trudell, Tatum	Ripon	1:04.67	1:03.01	3
11 Gama, Jaslyn	Beloit	1:04.12	1:03.21	1
12 Thompson, Klaire	Grinnell	1:04.34	1:03.37	2
13 Fernandez, Andrea	Lake Forest	1:07.17	1:04.28	1
14 Ibarra, Devin	Ripon	1:05.15	1:04.53	2
15 Tawfik, Farah	Lake Forest	1:06.67	1:04.87	1
16 Hugart, Alexa	Cornell College	1:04.70	1:05.44	3
17 Divadeenam, Rowan	Grinnell		1:14.46	3
18 Carpenter, Carly	Beloit	1:24.15	1:24.43	2

Women 400 Meter Dash

Name	Year School	Prelims	Finals	Points
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Finals

1 Ziegler, Willow	Cornell College	59.61	58.99	10
2 Oakley, Brooke	Illinois College	59.33	59.96	8

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3	Woyak, Madylyn	Ripon	59.74	1:00.04	6
4	Skorczewski, Gaby	Lawrence	59.76	1:00.11	5
5	Furch, Alayna	Beloit	1:00.46	1:00.37	4
6	Miller, Cole	Beloit	1:00.86	1:01.20	3
7	Rhoades, Kami	Illinois College	1:00.47	1:01.39	2
8	Kenosi, One	Lake Forest	1:01.35	1:01.56	1

Women 800 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1 Claussen-Tubbs, Ava		Cornell College	2:12.65	2:14.10	3	10
1:08.646 (1:08.646)	2:14.095 (1:05.450)					
2 Roark, Hannah		Grinnell	2:17.86	2:15.23	3	8
1:08.751 (1:08.751)	2:15.230 (1:06.480)					
3 Cortes, Jenny		Ripon	2:16.08	2:15.96	3	6
1:08.433 (1:08.433)	2:15.958 (1:07.525)					
4 Westra, Mila		Lawrence	2:18.23	2:16.35	3	5
1:08.527 (1:08.527)	2:16.344 (1:07.818)					
5 Shultz, Tennyson		Grinnell	2:19.30	2:17.29	3	4
1:08.982 (1:08.982)	2:17.281 (1:08.300)					
6 Bonner, Sindri		Grinnell	2:23.88	2:20.11	3	3
1:09.632 (1:09.632)	2:20.106 (1:10.475)					
7 Hoffman, Minnie		Ripon	2:22.67	2:20.82	3	2
1:08.964 (1:08.964)	2:20.813 (1:11.849)					
8 Onukaogu, Faith		Lawrence	2:25.65	2:24.06	3	1
1:09.483 (1:09.483)	2:24.059 (1:14.577)					
9 Goodin, Cecilia		Knox	2:27.72	2:24.07	2	
1:10.042 (1:10.042)	2:24.070 (1:14.028)					
10 Peters, Caroline		Illinois College	2:30.56	2:25.41	2	
1:12.717 (1:12.717)	2:25.408 (1:12.691)					
11 Henze, Laura		Lawrence	2:25.84	2:26.28	2	
1:12.524 (1:12.524)	2:26.271 (1:13.748)					
12 Vu, Noelle		Grinnell	2:25.18	2:26.52	3	
1:10.877 (1:10.877)	2:26.517 (1:15.640)					
13 Johnson, Danielle		Monmouth (Ill.)	2:29.69	2:29.08	2	
1:12.470 (1:12.470)	2:29.075 (1:16.605)					
14 Davis, Mollie		Lawrence	2:32.67	2:30.95	2	
1:13.427 (1:13.427)	2:30.941 (1:17.515)					
15 Lammers, Katie		Cornell College		2:31.43	1	
1:13.910 (1:13.910)	2:31.428 (1:17.519)					
16 Bivolarov, Melissa		Monmouth (Ill.)	2:35.82	2:37.85	2	
1:14.385 (1:14.385)	2:37.841 (1:23.457)					
17 Tufte, Selin		Beloit	2:44.37	2:47.92	2	
1:19.227 (1:19.227)	2:47.911 (1:28.685)					
18 Abernethy, Stella		Lake Forest	2:46.51	2:49.22	2	
1:20.635 (1:20.635)	2:49.211 (1:28.576)					
19 Huffman, Avery		Lake Forest	2:53.09	2:51.24	2	
1:21.661 (1:21.661)	2:51.235 (1:29.574)					
20 Gleason, Grace		Lake Forest	2:56.49	2:52.90	1	
1:21.358 (1:21.358)	2:52.892 (1:31.535)					
21 Carpenter, Carly		Beloit	3:12.76	3:04.39	1	
1:29.575 (1:29.575)	3:04.387 (1:34.812)					

Results

Name	Year	School	Seed	Finals	H#	Points
1 Claussen-Tubbs, Ava		Cornell College	4:41.29	4:42.44	2	10
1:01.929 (1:01.929)	2:19.979 (1:18.050)	3:35.256 (1:15.277)	4:42.432 (1:07.176)			
2 Roark, Hannah		Grinnell	4:40.78	4:43.43	2	8
1:01.340 (1:01.340)	2:19.930 (1:18.590)	3:35.156 (1:15.226)	4:43.424 (1:08.268)			
3 Cortes, Jenny		Ripon	4:40.54	4:43.79	2	6
1:01.449 (1:01.449)	2:19.665 (1:18.216)	3:35.082 (1:15.417)	4:43.786 (1:08.704)			
4 Westra, Mila		Lawrence	4:51.56	4:46.99	2	5
1:01.627 (1:01.627)	2:20.232 (1:18.605)	3:35.935 (1:15.703)	4:46.982 (1:11.047)			
5 Koppes, Alyza		Cornell College	4:50.98	4:47.60	2	4
1:01.737 (1:01.737)	2:20.378 (1:18.641)	3:36.365 (1:15.987)	4:47.598 (1:11.233)			
6 Oliver, Cristyn		Lawrence	4:46.31	4:47.71	2	3
1:01.244 (1:01.244)	2:19.707 (1:18.463)	3:35.394 (1:15.687)	4:47.705 (1:12.311)			
7 Shultz, Tennyson		Grinnell	4:49.71	4:49.66	2	2
1:01.686 (1:01.686)	2:20.116 (1:18.430)	3:35.696 (1:15.580)	4:49.651 (1:13.955)			
8 Dahlman, Lidia		Cornell College	4:54.04	4:52.91	2	1
1:02.112 (1:02.112)	2:20.477 (1:18.365)	3:36.260 (1:15.783)	4:52.908 (1:16.648)			
9 Bonner, Sindri		Grinnell	4:55.39	4:56.07	2	
1:02.261 (1:02.261)	2:20.778 (1:18.517)	3:39.220 (1:18.442)	4:56.068 (1:16.848)			
10 Engbert, Mackenzie		Cornell College	4:54.52	4:59.50	2	
1:02.362 (1:02.362)	2:20.620 (1:18.258)	3:38.673 (1:18.053)	4:59.496 (1:20.823)			
11 Goodin, Cecilia		Knox	5:22.01	5:04.93	1	
59.412 (59.412)	2:21.065 (1:21.653)	3:44.024 (1:22.959)	5:04.921 (1:20.897)			
12 Hilliard, Frances		Knox	5:13.32	5:08.50	1	
59.213 (59.213)	2:21.364 (1:22.151)	3:45.890 (1:24.526)	5:08.500 (1:22.610)			
13 De Montigny, Simone		Beloit	5:08.42	5:10.58	2	
1:02.706 (1:02.706)	2:22.671 (1:19.965)	3:47.337 (1:24.666)	5:10.574 (1:23.237)			
14 Peters, Caroline		Illinois College	5:26.36	5:12.76	1	
1:00.934 (1:00.934)	2:26.550 (1:25.616)	3:53.513 (1:26.963)	5:12.757 (1:19.244)			
15 Vu, Noelle		Grinnell	4:58.33	5:15.10	2	
1:02.701 (1:02.701)	2:21.626 (1:18.925)	3:46.985 (1:25.359)	5:15.099 (1:28.114)			
16 Partsch, Jane		Lawrence	5:25.00	5:17.33	1	
59.177 (59.177)	2:21.724 (1:22.547)	3:48.843 (1:27.119)	5:17.324 (1:28.481)			
17 Johnson, Danielle		Monmouth (Ill.)	5:17.92	5:19.54	1	
59.361 (59.361)	2:22.284 (1:22.923)	3:50.043 (1:27.759)	5:19.536 (1:29.493)			
18 Bivolarov, Melissa		Monmouth (Ill.)	5:30.50	5:32.42	1	
59.778 (59.778)	2:25.040 (1:25.262)	3:58.633 (1:33.593)	5:32.419 (1:33.786)			
19 Browne, Carter		Beloit	5:35.59	5:37.40	1	
1:03.607 (1:03.607)	2:34.590 (1:30.983)	4:07.664 (1:33.074)	5:37.399 (1:29.735)			
20 Tufte, Selin		Beloit	5:49.93	5:41.65	1	
1:04.107 (1:04.107)	2:35.096 (1:30.989)	4:08.992 (1:33.896)	5:41.648 (1:32.656)			
21 Stockdale, Mary		Knox	5:51.09	5:47.48	1	
1:06.947 (1:06.947)	2:41.586 (1:34.639)	4:18.352 (1:36.766)	5:47.474 (1:29.122)			
22 Sheetz, Eileen		Knox	5:48.37	5:48.93	1	
1:06.772 (1:06.772)	2:40.351 (1:33.579)	4:15.607 (1:35.256)	5:48.926 (1:33.319)			
23 Huffman, Avery		Lake Forest	6:09.68	6:09.69	1	
1:04.919 (1:04.919)	2:41.266 (1:36.347)	4:25.687 (1:44.421)	6:09.685 (1:43.998)			

Results

Name	Year	School	Seed	Finals	Points
1 Oliver, Cristyn		Lawrence	17:25.23	17:51.18	10
37.959 (37.959)	1:59.840 (1:21.881)	3:24.315 (1:24.475)	4:50.848 (1:26.533)		
6:17.668 (1:26.821)	7:44.149 (1:26.481)	9:09.511 (1:25.362)	10:34.969 (1:25.459)		
12:03.225 (1:28.256)	13:31.355 (1:28.130)	14:59.647 (1:28.292)	16:26.776 (1:27.130)		
17:51.172 (1:24.396)					
2 Dahlman, Lidia		Cornell College	18:14.62	18:03.59	8
41.432 (41.432)	2:07.504 (1:26.073)	3:36.393 (1:28.890)	5:06.618 (1:30.225)		
6:36.590 (1:29.973)	8:07.761 (1:31.171)	9:37.523 (1:29.763)	11:06.683 (1:29.160)		
12:33.691 (1:27.009)	14:00.918 (1:27.227)	15:27.075 (1:26.158)	16:49.255 (1:22.180)		
18:03.589 (1:14.335)					
3 Berger, Joley		Ripon	17:40.80	18:05.98	6
39.808 (39.808)	2:01.060 (1:21.253)	3:25.546 (1:24.486)	4:52.853 (1:27.307)		
6:21.801 (1:28.949)	7:51.736 (1:29.935)	9:21.324 (1:29.589)	10:50.973 (1:29.650)		
12:21.581 (1:30.608)	13:52.258 (1:30.678)	15:19.445 (1:27.187)	16:45.978 (1:26.533)		
18:05.973 (1:19.995)					
4 Koppes, Alyza		Cornell College	17:51.34	18:25.59	5
41.152 (41.152)	2:07.402 (1:26.250)	3:36.306 (1:28.905)	5:06.548 (1:30.243)		
6:36.560 (1:30.012)	8:07.846 (1:31.286)	9:37.793 (1:29.948)	11:08.907 (1:31.114)		
12:40.594 (1:31.688)	14:11.611 (1:31.017)	15:40.360 (1:28.750)	17:09.716 (1:29.356)		
18:25.583 (1:15.868)					
5 Frodl, Edythmae		Lawrence	19:00.85	18:33.33	4
42.288 (42.288)	2:08.348 (1:26.060)	3:37.003 (1:28.655)	5:07.103 (1:30.100)		
6:36.841 (1:29.739)	8:07.528 (1:30.687)	9:38.450 (1:30.923)	11:09.038 (1:30.588)		
12:40.289 (1:31.252)	14:10.313 (1:30.024)	15:39.628 (1:29.315)	17:08.678 (1:29.050)		
18:33.323 (1:24.645)					
6 Madigan, Genevieve		Grinnell	18:13.54	18:38.03	3
42.018 (42.018)	2:08.025 (1:26.008)	3:36.843 (1:28.819)	5:06.922 (1:30.079)		
6:36.422 (1:29.500)	8:06.908 (1:30.486)	9:37.898 (1:30.991)	11:07.655 (1:29.757)		
12:39.977 (1:32.322)	14:10.901 (1:30.925)	15:43.049 (1:32.149)	17:16.580 (1:33.531)		
18:38.027 (1:21.447)					
7 Allard, Gabby		Ripon	17:57.62	18:42.85	2
41.797 (41.797)	2:07.828 (1:26.031)	3:36.575 (1:28.748)	5:06.438 (1:29.863)		
6:36.118 (1:29.680)	8:06.653 (1:30.535)	9:37.413 (1:30.760)	11:08.318 (1:30.905)		
12:40.020 (1:31.703)	14:11.294 (1:31.275)	15:44.218 (1:32.925)	17:17.193 (1:32.975)		
18:42.843 (1:25.650)					
8 Wang, Cindy		Grinnell	18:46.95	18:55.76	1
43.445 (43.445)	2:11.862 (1:28.417)	3:40.247 (1:28.385)	5:10.317 (1:30.070)		
6:41.484 (1:31.168)	8:12.163 (1:30.679)	9:44.568 (1:32.405)	11:17.648 (1:33.080)		
12:51.291 (1:33.644)	14:25.523 (1:34.232)	15:59.261 (1:33.739)	17:32.886 (1:33.625)		
18:55.754 (1:22.869)					
9 Flyte, Mikayla		Ripon	17:57.88	18:56.33	
41.663 (41.663)	2:07.780 (1:26.117)	3:36.605 (1:28.825)	5:06.506 (1:29.901)		
6:36.212 (1:29.706)	8:06.815 (1:30.604)	9:38.797 (1:31.982)	11:14.628 (1:35.832)		
12:50.835 (1:36.207)	14:27.888 (1:37.054)	16:02.985 (1:35.097)	17:34.919 (1:31.935)		
18:56.328 (1:21.410)					

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10	Graham, Sophie	Lake Forest	18:41.38	19:03.29					
	43.618 (43.618)	2:12.152 (1:28.534)	3:40.585 (1:28.434)	5:10.613 (1:30.029)					
	6:40.954 (1:30.341)	8:10.858 (1:29.905)	9:43.341 (1:32.483)	11:16.028 (1:32.687)					
	12:49.230 (1:33.203)	14:25.008 (1:35.778)	15:59.063 (1:34.055)	17:33.253 (1:34.191)					
	19:03.282 (1:30.029)								
11	De Montigny, Simone	Beloit	19:43.33	19:14.93					
	43.648 (43.648)	2:12.297 (1:28.650)	3:40.984 (1:28.688)	5:11.285 (1:30.301)					
	6:44.138 (1:32.853)	8:17.717 (1:33.580)	9:52.873 (1:35.156)	11:29.308 (1:36.435)					
	13:05.387 (1:36.080)	14:42.203 (1:36.816)	16:19.173 (1:36.970)	17:51.851 (1:32.679)					
	19:14.927 (1:23.076)								
12	Hoda, Lettia	Lake Forest	18:26.71	19:22.30					
	42.598 (42.598)	2:08.724 (1:26.126)	3:37.208 (1:28.484)	5:07.359 (1:30.152)					
	6:36.850 (1:29.491)	8:07.910 (1:31.060)	9:42.062 (1:34.152)	11:18.323 (1:36.261)					
	12:55.956 (1:37.634)	14:34.207 (1:38.251)	16:12.600 (1:38.394)	17:49.485 (1:36.885)					
	19:22.294 (1:32.810)								
13	Roth, Hannah	Grinnell	18:09.17	19:32.82					
	43.886 (43.886)	2:11.988 (1:28.103)	3:40.407 (1:28.419)	5:10.501 (1:30.095)					
	6:42.833 (1:32.333)	8:18.038 (1:35.205)	9:53.761 (1:35.723)	11:32.423 (1:38.662)					
	13:09.827 (1:37.405)	14:47.627 (1:37.800)	16:24.849 (1:37.223)	18:01.465 (1:36.616)					
	19:32.816 (1:31.351)								
14	Kaczmarczyk, Crystal	Grinnell	19:10.65	19:36.10					
	45.698 (45.698)	2:19.279 (1:33.582)	3:51.000 (1:31.721)	5:23.051 (1:32.051)					
	6:55.969 (1:32.919)	8:30.722 (1:34.753)	10:07.351 (1:36.630)	11:44.148 (1:36.798)					
	13:20.002 (1:35.854)	14:56.580 (1:36.579)	16:34.228 (1:37.648)	18:10.997 (1:36.770)					
	19:36.099 (1:25.103)								
15	Engbert, Mackenzie	Cornell College	18:52.91	19:37.15					
	43.386 (43.386)	2:13.441 (1:30.055)	3:44.733 (1:31.292)	5:16.454 (1:31.722)					
	6:49.348 (1:32.894)	8:24.307 (1:34.960)	10:01.085 (1:36.779)	11:39.545 (1:38.460)					
	13:19.182 (1:39.637)	14:56.852 (1:37.670)	16:34.698 (1:37.847)	18:11.268 (1:36.570)					
	19:37.148 (1:25.880)								
16	Rummel, Mari	Lawrence	19:59.45	20:14.45					
	46.343 (46.343)	2:21.202 (1:34.859)	3:55.373 (1:34.172)	5:31.689 (1:36.316)					
	7:08.550 (1:36.861)	8:46.881 (1:38.331)	10:24.528 (1:37.648)	12:04.223 (1:39.695)					
	13:45.023 (1:40.800)	15:25.050 (1:40.028)	17:04.690 (1:39.640)	18:44.149 (1:39.460)					
	20:14.448 (1:30.299)								
17	Garcia, Mya	Ripon	19:14.59	20:16.25					
	44.612 (44.612)	2:13.361 (1:28.750)	3:44.632 (1:31.271)	5:18.865 (1:34.234)					
	6:56.278 (1:37.413)	8:32.465 (1:36.188)	10:12.089 (1:39.625)	11:53.033 (1:40.944)					
	13:35.701 (1:42.669)	15:15.855 (1:40.155)	16:59.003 (1:43.149)	18:41.692 (1:42.689)					
	20:16.244 (1:34.553)								
18	Luntsford, Paige	Monmouth (Ill.)	19:58.01	20:42.06					
	44.154 (44.154)	2:15.308 (1:31.154)	3:49.158 (1:33.850)	5:24.132 (1:34.975)					
	7:02.423 (1:38.292)	8:44.474 (1:42.051)	10:25.153 (1:40.679)	12:09.654 (1:44.502)					
	13:55.188 (1:45.535)	15:39.386 (1:44.198)	17:23.023 (1:43.637)	19:08.587 (1:45.565)					
	20:42.058 (1:33.471)								
19	Anderson, Natalie	Lawrence	20:55.37	20:44.33					
	45.844 (45.844)	2:21.208 (1:35.365)	3:55.788 (1:34.580)	5:32.627 (1:36.840)					
	7:11.846 (1:39.220)	8:51.884 (1:40.039)	10:33.486 (1:41.602)	12:17.993 (1:44.508)					
	14:02.054 (1:44.061)	15:44.191 (1:42.137)	17:27.115 (1:42.925)	19:09.109 (1:41.995)					
	20:44.326 (1:35.217)								

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20 Browne, Carter	Beloit	21:15.13	21:40.72		
46.640 (46.640)	2:27.944 (1:41.305)	4:11.980 (1:44.036)	5:56.258 (1:44.279)		
7:42.907 (1:46.649)	9:29.617 (1:46.710)	11:16.630 (1:47.014)	13:02.838 (1:46.208)		
14:49.031 (1:46.194)	16:34.751 (1:45.720)	18:20.473 (1:45.723)	20:05.126 (1:44.653)		
21:40.714 (1:35.589)					
21 Sheetz, Eileen	Knox	22:05.86	22:20.47		
46.325 (46.325)	2:28.258 (1:41.934)	4:11.353 (1:43.095)	5:52.832 (1:41.479)		
7:37.530 (1:44.699)	9:23.560 (1:46.030)	11:14.226 (1:50.666)	13:02.035 (1:47.810)		
14:50.797 (1:48.762)	16:41.573 (1:50.776)	18:37.668 (1:56.095)	20:30.348 (1:52.680)		
22:20.469 (1:50.122)					
22 Russell, Emmeline	Beloit	22:50.31	22:36.29		
47.478 (47.478)	2:32.884 (1:45.406)	4:18.801 (1:45.917)	6:05.298 (1:46.497)		
7:52.478 (1:47.181)	9:40.827 (1:48.349)	11:33.140 (1:52.314)	13:25.823 (1:52.683)		
15:17.254 (1:51.432)	17:09.477 (1:52.223)	19:01.855 (1:52.379)	20:54.533 (1:52.678)		
22:36.285 (1:41.753)					
-- Claghorn, Hannah	Illinois College	24:19.38	DNF		
47.245 (47.245)	2:34.215 (1:46.970)	4:24.883 (1:50.669)	6:16.123 (1:51.240)		
8:09.811 (1:53.688)	10:03.049 (1:53.239)	11:58.909 (1:55.860)	13:57.353 (1:58.445)		
15:52.673 (1:55.320)	17:48.621 (1:55.949)	19:47.507 (1:58.886)	21:45.388 (1:57.881)		

Women 10000 Meter Run

Name	Year School	Seed	Finals	Points
1 Berger, Joley	Ripon	37:33.14	38:26.84	10
1:26.099 (1:26.099)	2:56.204 (1:30.105)	4:27.205 (1:31.001)	5:59.664 (1:32.459)	
7:33.532 (1:33.868)	9:06.583 (1:33.051)	10:37.858 (1:31.275)	12:10.855 (1:32.997)	
13:45.509 (1:34.654)	15:20.577 (1:35.068)	16:55.333 (1:34.756)	18:28.755 (1:33.422)	
19:58.754 (1:29.999)	21:29.581 (1:30.827)	23:02.784 (1:33.203)	24:35.543 (1:32.759)	
26:08.105 (1:32.562)	27:41.272 (1:33.167)	29:14.672 (1:33.400)	30:48.392 (1:33.720)	
32:21.951 (1:33.559)	33:55.199 (1:33.248)	35:28.257 (1:33.058)	37:00.406 (1:32.149)	
38:26.836 (1:26.430)				
2 Madigan, Genevieve	Grinnell		38:42.42	8
1:26.315 (1:26.315)	2:56.597 (1:30.282)	4:27.708 (1:31.111)	5:59.912 (1:32.204)	
7:33.777 (1:33.865)	9:06.876 (1:33.099)	10:38.211 (1:31.335)	12:11.084 (1:32.873)	
13:45.789 (1:34.705)	15:20.869 (1:35.080)	16:55.623 (1:34.754)	18:29.048 (1:33.425)	
20:00.162 (1:31.114)	21:31.640 (1:31.478)	23:07.269 (1:35.629)	24:43.493 (1:36.224)	
26:19.786 (1:36.293)	27:57.228 (1:37.442)	29:32.733 (1:35.505)	31:10.042 (1:37.309)	
32:45.440 (1:35.398)	34:19.503 (1:34.063)	35:50.271 (1:30.768)	37:20.647 (1:30.376)	
38:42.413 (1:21.766)				
3 Flyte, Mikayla	Ripon	37:44.57	38:47.24	6
1:26.156 (1:26.156)	2:56.434 (1:30.278)	4:27.504 (1:31.070)	5:59.371 (1:31.867)	
7:06.051 (1:06.680)	9:06.347 (2:00.296)	10:37.890 (1:31.543)	12:10.946 (1:33.056)	
13:30.356 (1:19.410)	15:20.270 (1:49.914)	16:54.966 (1:34.696)	18:28.570 (1:33.604)	
19:59.777 (1:31.207)	21:31.366 (1:31.589)	23:06.993 (1:35.627)	24:43.094 (1:36.101)	
26:19.358 (1:36.264)	27:56.917 (1:37.559)	29:32.357 (1:35.440)	31:09.585 (1:37.228)	
32:45.440 (1:35.855)	34:19.994 (1:34.554)	35:53.328 (1:33.334)	37:24.305 (1:30.977)	
38:47.234 (1:22.929)				

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4	Frodl, Edythmae	Lawrence	40:56.45	5
	1:36.353 (1:36.353)	3:15.963 (1:39.610)	4:56.874 (1:40.911)	6:37.071 (1:40.197)
	8:16.011 (1:38.940)	9:55.533 (1:39.522)	11:34.551 (1:39.018)	13:12.774 (1:38.223)
	14:50.199 (1:37.425)	16:29.564 (1:39.365)	18:12.042 (1:42.478)	19:55.587 (1:43.545)
	21:31.976 (1:36.389)	23:08.609 (1:36.633)	24:46.033 (1:37.424)	26:23.970 (1:37.937)
	28:03.918 (1:39.948)	29:43.326 (1:39.408)	31:21.996 (1:38.670)	33:00.242 (1:38.246)
	34:38.594 (1:38.352)	36:12.706 (1:34.112)	37:47.023 (1:34.317)	39:21.518 (1:34.495)
	40:56.445 (1:34.927)			
5	Wharton-Hsieh, Emma	Grinnell	41:08.34	4
	1:38.447 (1:38.447)	3:17.769 (1:39.322)	4:57.838 (1:40.069)	6:38.037 (1:40.199)
	8:17.011 (1:38.974)	9:56.093 (1:39.082)	11:34.856 (1:38.763)	13:13.103 (1:38.247)
	14:50.523 (1:37.420)	16:29.877 (1:39.354)	18:12.330 (1:42.453)	19:55.886 (1:43.556)
	21:31.743 (1:35.857)	23:08.281 (1:36.538)	24:45.613 (1:37.332)	26:23.871 (1:38.258)
	28:03.832 (1:39.961)	29:43.241 (1:39.409)	31:21.982 (1:38.741)	33:00.195 (1:38.213)
	34:40.611 (1:40.416)	36:21.435 (1:40.824)	38:00.373 (1:38.938)	39:35.355 (1:34.982)
	41:08.339 (1:32.984)			
6	Harrison, Talia	Grinnell	41:18.23	3
	1:38.139 (1:38.139)	3:17.406 (1:39.267)	4:57.784 (1:40.378)	6:38.188 (1:40.404)
	8:17.083 (1:38.895)	9:57.346 (1:40.263)	11:35.737 (1:38.391)	13:15.925 (1:40.188)
	14:57.498 (1:41.573)	16:38.959 (1:41.461)	18:17.658 (1:38.699)	19:57.545 (1:39.887)
	21:37.552 (1:40.007)	23:17.795 (1:40.243)	24:58.429 (1:40.634)	26:38.590 (1:40.161)
	28:15.995 (1:37.405)	29:57.954 (1:41.959)	31:38.851 (1:40.897)	33:19.167 (1:40.316)
	35:00.503 (1:41.336)	36:39.807 (1:39.304)	38:14.252 (1:34.445)	39:53.105 (1:38.853)
	41:18.228 (1:25.123)			
7	Peesel, Zoe	Cornell College	41:09.97	41:30.66 2
	1:36.835 (1:36.835)	3:16.555 (1:39.720)	4:57.310 (1:40.755)	6:37.501 (1:40.191)
	8:16.395 (1:38.894)	9:56.614 (1:40.219)	11:35.449 (1:38.835)	13:15.655 (1:40.206)
	14:57.206 (1:41.551)	16:38.705 (1:41.499)	18:18.033 (1:39.328)	19:57.905 (1:39.872)
	21:37.768 (1:39.863)	23:18.165 (1:40.397)	24:58.749 (1:40.584)	26:38.379 (1:39.630)
	28:15.666 (1:37.287)	29:57.615 (1:41.949)	31:38.489 (1:40.874)	33:18.811 (1:40.322)
	34:57.864 (1:39.053)	36:38.418 (1:40.554)	38:14.662 (1:36.244)	39:54.358 (1:39.696)
	41:30.660 (1:36.302)			
8	Lackey, Katya	Grinnell	41:16.95	41:47.94 1
	1:36.072 (1:36.072)	3:15.871 (1:39.799)	4:56.935 (1:41.064)	6:37.153 (1:40.218)
	8:16.073 (1:38.920)	9:55.824 (1:39.751)	11:35.074 (1:39.250)	13:14.459 (1:39.385)
	14:54.583 (1:40.124)	16:34.496 (1:39.913)	18:15.332 (1:40.836)	19:57.185 (1:41.853)
	21:37.267 (1:40.082)	23:16.088 (1:38.821)	24:57.910 (1:41.822)	26:39.772 (1:41.862)
	28:20.374 (1:40.602)	30:02.536 (1:42.162)	31:44.013 (1:41.477)	33:26.521 (1:42.508)
	35:07.886 (1:41.365)	36:49.602 (1:41.716)	38:30.796 (1:41.194)	40:11.117 (1:40.321)
	41:47.932 (1:36.815)			
9	Moldenhauer, Jasmine	Lawrence	42:42.38	42:21.67
	1:37.066 (1:37.066)	3:16.760 (1:39.694)	4:57.501 (1:40.741)	6:37.796 (1:40.295)
	8:16.760 (1:38.964)	9:56.979 (1:40.219)	11:34.688 (1:37.709)	13:13.068 (1:38.380)
	14:53.807 (1:40.739)	16:34.179 (1:40.372)	18:13.953 (1:39.774)	19:56.125 (1:42.172)
	21:35.038 (1:38.913)	23:15.764 (1:40.726)	24:57.651 (1:41.887)	26:39.537 (1:41.886)
	28:26.202 (1:46.665)	30:15.605 (1:49.403)	32:02.474 (1:46.869)	33:48.641 (1:46.167)
	35:35.174 (1:46.533)	37:20.666 (1:45.492)	39:05.620 (1:44.954)	40:51.063 (1:45.443)
	42:21.667 (1:30.604)			

Results

10	Little, Milar	Cornell College		41:18.85	42:24.00		
	1:36.781 (1:36.781)	3:16.502 (1:39.721)	4:57.203 (1:40.701)	6:37.425 (1:40.222)			
	8:16.411 (1:38.986)	9:56.666 (1:40.255)	11:35.542 (1:38.876)	13:15.609 (1:40.067)			
	14:57.144 (1:41.535)	16:38.754 (1:41.610)	18:20.316 (1:41.562)	20:03.496 (1:43.180)			
	21:46.784 (1:43.288)	23:29.158 (1:42.374)	25:11.958 (1:42.800)	26:53.961 (1:42.003)			
	28:38.721 (1:44.760)	30:23.376 (1:44.655)	32:08.676 (1:45.300)	33:53.046 (1:44.370)			
	35:38.450 (1:45.404)	37:25.511 (1:47.061)	39:04.189 (1:38.678)	40:45.448 (1:41.259)			
	42:23.992 (1:38.544)						
11	Garcia, Mya	Ripon		41:05.58	42:59.86		
	1:35.375 (1:35.375)	3:12.268 (1:36.893)	4:50.456 (1:38.188)	6:29.418 (1:38.962)			
	8:09.255 (1:39.837)	9:49.202 (1:39.947)	11:29.106 (1:39.904)	12:39.032 (1:09.926)			
	14:47.852 (2:08.820)	16:29.345 (1:41.493)	18:11.862 (1:42.517)	19:55.562 (1:43.700)			
	21:36.962 (1:41.400)	23:20.836 (1:43.874)	25:07.923 (1:47.087)	26:54.589 (1:46.666)			
	28:40.859 (1:46.270)	30:29.058 (1:48.199)	32:15.113 (1:46.055)	34:04.387 (1:49.274)			
	35:56.417 (1:52.030)	37:47.050 (1:50.633)	39:34.896 (1:47.846)	41:20.147 (1:45.251)			
	42:59.853 (1:39.706)						
12	Luntsford, Paige	Monmouth (Ill.)		43:16.66	43:16.10		
	1:38.286 (1:38.286)	3:17.614 (1:39.328)	4:57.621 (1:40.007)	6:37.762 (1:40.141)			
	8:16.694 (1:38.932)	9:56.872 (1:40.178)	11:35.250 (1:38.378)	13:15.323 (1:40.073)			
	14:57.921 (1:42.598)	16:38.861 (1:40.940)	18:20.638 (1:41.777)	20:04.192 (1:43.554)			
	21:49.411 (1:45.219)	23:35.733 (1:46.322)	25:22.161 (1:46.428)	27:10.258 (1:48.097)			
	28:59.556 (1:49.298)	30:49.376 (1:49.820)	32:38.993 (1:49.617)	34:29.658 (1:50.665)			
	36:19.008 (1:49.350)	38:05.947 (1:46.939)	39:53.614 (1:47.667)	41:37.015 (1:43.401)			
	43:16.091 (1:39.076)						
13	Mahler, Greta	Ripon		45:12.15			
	1:39.488 (1:39.488)	3:21.174 (1:41.686)	5:04.306 (1:43.132)	6:48.002 (1:43.696)			
	8:33.935 (1:45.933)	10:19.437 (1:45.502)	12:06.548 (1:47.111)	13:53.963 (1:47.415)			
	15:43.187 (1:49.224)	17:31.429 (1:48.242)	19:20.653 (1:49.224)	21:10.528 (1:49.875)			
	23:00.815 (1:50.287)	24:50.597 (1:49.782)	26:41.089 (1:50.492)	28:33.245 (1:52.156)			
	30:25.457 (1:52.212)	32:17.112 (1:51.655)	34:08.936 (1:51.824)	36:00.768 (1:51.832)			
	37:54.299 (1:53.531)	39:45.866 (1:51.567)	41:37.081 (1:51.215)	43:28.140 (1:51.059)			
	45:12.143 (1:44.003)						
14	Wunderlich, Eli	Lawrence		44:49.21	46:16.46		
	1:40.864 (1:40.864)	3:22.631 (1:41.767)	5:05.810 (1:43.179)	6:51.676 (1:45.866)			
	8:39.259 (1:47.583)	10:27.033 (1:47.774)	12:16.240 (1:49.207)	14:07.032 (1:50.792)			
	15:58.687 (1:51.655)	17:50.312 (1:51.625)	19:42.599 (1:52.287)	21:37.791 (1:55.192)			
	23:33.224 (1:55.433)	25:24.209 (1:50.985)	27:17.998 (1:53.789)	29:14.478 (1:56.480)			
	31:08.408 (1:53.930)	33:01.819 (1:53.411)	34:57.363 (1:55.544)	36:52.991 (1:55.628)			
	38:49.860 (1:56.869)	40:47.461 (1:57.601)	42:41.575 (1:54.114)	44:34.391 (1:52.816)			
	46:16.455 (1:42.064)						
15	Clark, Ellie	Lake Forest		45:40.87	48:14.45		
	1:41.583 (1:41.583)	3:29.018 (1:47.435)	5:16.218 (1:47.200)	7:05.741 (1:49.523)			</

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****Women 100 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Trimingham, Aleese	Illinois College	14.74	14.96Q	0.8	2
2 Finn, Bridget	Ripon	14.85	15.49Q	1.7	1
3 Carolan, Hailey	Cornell College	15.56	15.95q	1.7	1
4 Goodman, Jessie	Grinnell	16.68	16.59q	0.8	2
5 Han, Jacquelyn	Lake Forest	16.49	16.67q	0.8	2
6 Yank, Irene	Lawrence	16.74	16.73q	1.7	1
7 Gonzalez, Natalie	Monmouth (Ill.)	17.01	17.07q	1.7	1
8 Points, Tatum	Monmouth (Ill.)	18.15	17.58q	0.8	2
9 Rivera, Patricia	Illinois College	17.99	17.98	0.8	2
10 Arnhold, Nicole	Ripon	18.22	18.00	1.7	1
11 Casey, Niomee	Beloit	18.20	19.74	1.7	1
12 Carlin, Haley	Beloit	20.77	19.94	0.8	2

Women 100 Meter Hurdles

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Trimingham, Aleese	Illinois College	14.96	14.64	-0.1	10
2 Finn, Bridget	Ripon	15.49	15.29	-0.1	8
3 Carolan, Hailey	Cornell College	15.95	15.58	-0.1	6
4 Yank, Irene	Lawrence	16.73	16.60	-0.1	5
5 Han, Jacquelyn	Lake Forest	16.67	16.62	-0.1	4
6 Goodman, Jessie	Grinnell	16.59	16.70	-0.1	3
7 Gonzalez, Natalie	Monmouth (Ill.)	17.07	16.73	-0.1	2
8 Points, Tatum	Monmouth (Ill.)	17.58	18.95	-0.1	1

Women 400 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Finn, Bridget	Ripon	1:06.22	1:04.54Q	1
2 Trimingham, Aleese	Illinois College	1:04.55	1:05.73Q	2
3 Sherman, Kiki	Ripon	1:08.73	1:08.48q	2
4 Carolan, Hailey	Cornell College	1:07.56	1:09.09q	1
5 Gonzalez, Natalie	Monmouth (Ill.)	1:11.94	1:09.95q	2
6 Skorczewski, Gaby	Lawrence	1:10.07	1:11.43q	2
7 Han, Jacquelyn	Lake Forest	1:10.25	1:12.33q	1
8 Goodman, Jessie	Grinnell	1:10.63	1:13.18q	1
9 Cotton, Olivia	Cornell College	1:15.44	1:13.21	2
10 Lyford, Clara	Lawrence	1:14.47	1:13.77	1
11 Arnhold, Nicole	Ripon	1:15.29	1:15.10	1
12 Casey, Niomee	Beloit	1:18.96	1:17.00	1
13 Rivera, Patricia	Illinois College	1:17.42	1:17.64	2
14 Points, Tatum	Monmouth (Ill.)	1:17.89	1:18.23	1
15 Carlin, Haley	Beloit	1:20.94	1:23.31	2

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****Women 400 Meter Hurdles**

Name	Year School	Prelims	Finals	Points
Finals				
1 Trimingham, Aleese	Illinois College	1:05.73	1:03.63	10
2 Finn, Bridget	Ripon	1:04.54	1:06.01	8
3 Carolan, Hailey	Cornell College	1:09.09	1:07.09	6
4 Gonzalez, Natalie	Monmouth (Ill.)	1:09.95	1:10.49	5
5 Goodman, Jessie	Grinnell	1:13.18	1:11.97	4
6 Sherman, Kiki	Ripon	1:08.48	1:12.08	3
7 Skorczewski, Gaby	Lawrence	1:11.43	1:13.27	2
8 Han, Jacquelyn	Lake Forest	1:12.33	1:15.57	1

Women 3000 Meter Steeplechase

Name	Year School	Seed	Finals	Points
1 Roth, Hannah	Grinnell	11:10.52	11:02.83	10
45.975 (45.975)	2:12.022 (1:26.047)	3:41.592 (1:29.570)	5:08.654	(1:27.062)
6:35.795 (1:27.141)	8:04.905 (1:29.111)	9:35.591 (1:30.686)	11:02.823	(1:27.232)
2 Allard, Gabby	Ripon	11:34.22	11:10.73	8
43.820 (43.820)	2:08.970 (1:25.151)	3:38.235 (1:29.265)	5:08.887	(1:30.653)
6:39.098 (1:30.211)	8:12.074 (1:32.976)	9:45.221 (1:33.148)	11:10.725	(1:25.505)
3 Winebrenner, Riley	Lawrence	11:45.17	11:15.27	6
41.422 (41.422)	2:05.931 (1:24.510)	3:35.803 (1:29.872)	5:06.846	(1:31.044)
6:36.598 (1:29.752)	8:09.495 (1:32.898)	9:43.061 (1:33.566)	11:15.268	(1:32.207)
4 Sherman, Kiki	Ripon	11:38.61	11:35.42	5
45.095 (45.095)	2:13.358 (1:28.264)	3:46.003 (1:32.645)	5:18.679	(1:32.676)
6:53.843 (1:35.165)	8:30.435 (1:36.592)	10:06.105 (1:35.670)	11:35.414	(1:29.310)
5 Kaczmarczyk, Crystal	Grinnell	11:57.21	11:45.13	4
47.699 (47.699)	2:18.214 (1:30.515)	3:52.189 (1:33.975)	5:25.647	(1:33.459)
6:59.778 (1:34.131)	8:34.280 (1:34.503)	10:10.012 (1:35.732)	11:45.130	(1:35.118)
6 Hilliard, Frances	Knox	12:34.23	12:03.99	3
47.982 (47.982)	2:19.339 (1:31.357)	3:54.340 (1:35.002)	5:32.083	(1:37.743)
7:12.687 (1:40.605)	8:54.310 (1:41.623)	10:34.035 (1:39.725)	12:03.990	(1:29.955)
7 Barba, Diana	Grinnell	12:18.49	12:09.40	2
51.619 (51.619)	2:24.700 (1:33.081)	3:58.881 (1:34.182)	5:33.045	(1:34.165)
7:09.539 (1:36.494)	8:51.578 (1:42.040)	10:32.635 (1:41.058)	12:09.393	(1:36.758)
8 Seeley, Carley	Cornell College	12:28.00	12:15.81	1
48.230 (48.230)	2:19.131 (1:30.901)	3:55.954 (1:36.823)	5:35.566	(1:39.613)
7:16.781 (1:41.215)	8:59.136 (1:42.355)	10:39.910 (1:40.775)	12:15.802	(1:35.892)
9 Wharton-Hsieh, Emma	Grinnell	12:22.47	12:20.37	
51.998 (51.998)	2:25.544 (1:33.546)	4:02.042 (1:36.499)	5:40.693	(1:38.651)
7:21.250 (1:40.557)	9:08.630 (1:47.380)	10:47.952 (1:39.323)	12:20.362	(1:32.410)
10 Stumbo, Sophie	Cornell College	12:35.31	12:21.22	
48.718 (48.718)	2:21.795 (1:33.077)	3:59.225 (1:37.431)	5:37.943	(1:38.718)
7:19.755 (1:41.812)	9:01.877 (1:42.123)	10:44.085 (1:42.208)	12:21.215	(1:37.131)
11 Juarez, Ximena	Ripon	13:23.73	12:31.54	
49.785 (49.785)	2:23.660 (1:33.875)	4:01.495 (1:37.836)	5:43.137	(1:41.642)
7:27.940 (1:44.804)	9:10.277 (1:42.337)	10:53.894 (1:43.617)	12:31.539	(1:37.645)
12 Page, Murray	Cornell College	13:00.21	12:55.26	
48.771 (48.771)	2:22.694 (1:33.923)	4:02.860 (1:40.167)	5:49.710	(1:46.850)
7:36.992 (1:47.282)	9:27.995 (1:51.003)	11:15.025 (1:47.031)	12:55.258	(1:40.233)

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13 Carrino, Morgan Illinois College 12:54.53 13:38.95
 50.770 (50.770) 2:27.944 (1:37.174) 4:11.369 (1:43.425) 6:01.368 (1:50.000)
 7:55.473 (1:54.105) 9:50.358 (1:54.885) 11:46.046 (1:55.689) 13:38.944 (1:52.898)

Women 4x100 Meter Relay

School	Seed	Finals	Points
1 Illinois College	48.15	47.95	10
1) Murray, McKenzie			
3) Garrett, Haley			
2 Grinnell	49.77	49.38	8
1) Thompson, Klaire			
3) Crowe, Maile			
3 Ripon	50.36	49.82	6
1) Trudell, Tatum			
3) Woyak, Madylyn			
4 Monmouth (Ill.)	50.08	50.04	5
1) Rusk, Maddie			
3) Rexroat, Delaney			
5 Lake Forest	51.41	50.94	4
1) Tawfik, Farah			
3) Jones, AJ			
6 Cornell College	51.60	51.52	3
1) Cotton, Olivia			
3) Hugart, Alexa			
7 Beloit	51.32	51.77	2
1) Gama, Jaslyn			
3) Casey, Niomee			
8 Lawrence	53.12	51.79	1
1) Cross, Morgan			
3) Yank, Irene			

Women 4x400 Meter Relay

School	Seed	Finals	Points
1 Illinois College	4:05.10	4:00.74	10
1) Rhoades, Kami			
3) Trimingham, Aleese			
2 Grinnell	4:04.74	4:01.35	8
1) Shultz, Tennyson			
3) Roark, Hannah			
3 Ripon	4:00.55	4:01.90	6
1) Woyak, Madylyn			
3) Cortes, Jenny			
4 Cornell College	4:18.05	4:07.97	5
1) Ziegler, Willow			
3) Hugart, Alexa			
5 Lawrence	4:13.61	4:12.41	4
1) Westra, Mila			
3) Lyford, Clara			
6 Lake Forest	4:19.77	4:13.08	3
1) Jones, AJ			

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3) Fernandez, Andrea	4) Kenosi, One			
7 Beloit	4:11.44	4:13.80	2	
1) Miller, Cole	2) Furch, Alayna			
3) Gama, Jaslyn	4) Murphy, Naomi			
8 Monmouth (Ill.)	4:15.37	4:16.79	1	
1) Moore-Bell, Makaiha	2) Rusk, Maddie			
3) Johnson, Danielle	4) Gonzalez, Natalie			

Women High Jump**Progressions:**

Name	Year	School	Seed	Finals	Points
1 Carolan, Hailey		Cornell College	1.68m	1.69m	5-06.50 10
1.31 1.36 1.41 1.46 1.51 1.56 1.61 1.66 1.69 1.72					
PPP PPP PPP PPP PPP O O XO XO XXX					
2 Finn, Bridget		Ripon	1.70m	1.66m	5-05.25 8
1.31 1.36 1.41 1.46 1.51 1.56 1.61 1.66 1.69					
PPP PPP PPP PPP PPP O O O XXX					
3 Studinski, Chloe		Ripon	1.53m	1.56m	5-01.25 6
1.31 1.36 1.41 1.46 1.51 1.56 1.61					
PPP PPP PPP XO XXO XO XXX					
4 Oakley, Brooke		Illinois College	1.50m	1.51m	4-11.50 5
1.31 1.36 1.41 1.46 1.51 1.56					
PPP PPP O O XO XXX					
5 Murphy, Naomi		Beloit	1.50m	1.46m	4-09.50 4
1.31 1.36 1.41 1.46 1.51					
PPP PPP O O XXX					
6 Anderson, Lauren		Monmouth (Ill.)	1.45m	J1.46m	4-09.50 3
1.31 1.36 1.41 1.46 1.51					
PPP O XO O XXX					
7 Kragie, Natalee		Lawrence	1.46m	J1.46m	4-09.50 2
1.31 1.36 1.41 1.46 1.51					
PPP O O XO XXX					
8 Willingham, T'Shareah		Knox	1.49m	1.41m	4-07.50 0.50
1.31 1.36 1.41 1.46					
PPP XO O XXX					
8 Arnhold, Nicole		Ripon	1.39m	1.41m	4-07.50 0.50
1.31 1.36 1.41 1.46					
O XO O XXX					
10 Mayo, Lily		Grinnell		J1.41m	4-07.50
1.31 1.36 1.41 1.46					
PPP O XXO XXX					
-- Long, Ashlee		Lawrence	1.46m	NH	
1.31					
XXX					

Women Pole Vault**Progressions:**

Name	Year	School	Seed	Finals	Points
------	------	--------	------	--------	--------

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****....Women Pole Vault**

1	Hursey, Miranda	Monmouth (Ill.)	3.45m	3.35m	10-11.75	10
	2.20 2.35 2.50 2.65 2.80 2.95 3.10 3.25 3.35 3.45					
	PPP PPP PPP PPP PPP PPP XO O O XXX					
2	Benson, Madeline	Illinois College	3.55m	J3.35m	10-11.75	8
	2.20 2.35 2.50 2.65 2.80 2.95 3.10 3.25 3.35 3.45					
	PPP PPP PPP PPP PPP PPP O XO XO XXX					
3	Casey, Naomee	Beloit	3.16m	3.25m	10-08.00	6
	2.20 2.35 2.50 2.65 2.80 2.95 3.10 3.25 3.35					
	PPP PPP PPP PPP PPP XO XXO O XXX					
4	Rexroat, Delaney	Monmouth (Ill.)	3.05m	3.10m	10-02.00	5
	2.20 2.35 2.50 2.65 2.80 2.95 3.10 3.25					
	PPP PPP PPP XO O O XO XXX					
5	Carlin, Haley	Beloit	2.76m	2.65m	8-08.25	4
	2.20 2.35 2.50 2.65 2.80					
	PPP XXO O O XXX					
6	Lyford, Clara	Lawrence	2.55m	2.35m	7-08.50	3
	2.20 2.35 2.50					
	PPP XO XXX					
7	Dailey, Megan	Monmouth (Ill.)	3.20m	2.20m	7-02.50	2
	2.20 2.35					
	O XXX					
8	Gorinshteyn, Alice	Lawrence	2.25m	J2.20m	7-02.50	1
	2.20 2.35					
	XO XXX					

Women Long Jump

Top 9 Advance to Finals

Name	Year School	Seed	Finals	Wind	H#	Points
1 Finn, Bridget	Ripon	5.57m	5.67m	1.8	18-07.25	2 10
	5.67m(1.8) 5.50m(0.5) FOUL FOUL 5.39m(1.0) FOUL					
2 Anderson, Deja	Illinois College	5.68m	5.46m	2.1	17-11.00	2 8
	FOUL 5.40m(0.4) 5.01m(1.1) FOUL 5.06m(0.3) 5.46m(2.1)					
3 Rusk, Maddie	Monmouth (Ill.)	5.34m	5.39m	0.9	17-08.25	2 6
	5.39m(0.9) FOUL 5.26m(1.7) 5.20m(0.6) PASS PASS					
4 Jones, Fynesse	Illinois College	5.10m	5.30m	1.0	17-04.75	2 5
	FOUL 5.22m(0.8) 5.25m(-0.0) 4.71m(0.4) 5.16m(0.7) 5.30m(1.0)					
5 Hoffa, Sidney	Ripon	5.26m	5.19m	1.7	17-00.50	2 4
	4.57m(0.3) 5.12m(0.3) FOUL 5.19m(1.7) FOUL 4.64m(1.6)					
6 Carolan, Hailey	Cornell College	5.15m	5.15m	1.8	16-10.75	2 3
	FOUL 4.96m(0.2) 5.15m(1.8) FOUL FOUL 4.90m(1.2)					
7 Arnhold, Nicole	Ripon	4.91m	5.00m	1.4	16-05.00	2 2
	5.00m(1.4) 4.98m(-0.0) 5.00m(0.5) 4.83m(0.7) FOUL 4.95m(0.1)					
8 Elliott-Rude, Eleanor	Grinnell	5.06m	4.97m	0.7	16-03.75	2 1
	4.78m(-0.0) 4.86m(-0.0) 4.97m(0.7) 4.48m(0.2) FOUL FOUL					
9 Landers, Rajanea	Grinnell	5.05m	4.94m	1.2	16-02.50	2
	4.79m(1.9) FOUL 4.91m(-0.0) FOUL 4.94m(1.2) FOUL					
10 Schultz, Lacie	Illinois College	4.70m	4.88m	NWI	16-00.25	1
	FOUL 4.74m(1.1) 4.88m(-0.0)					
11 Rexroat, Delaney	Monmouth (Ill.)	4.70m	4.61m	1.9	15-01.50	1
	4.50m(1.8) 4.61m(1.9) FOUL					
11 Vega Juarez, Itzel	Lawrence	4.78m	4.61m	0.6	15-01.50	2
	4.61m(0.6) 4.45m(0.8) 3.88m(1.0)					

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13	Kenosi, One	Lake Forest	4.55m	1.0	14-11.25	1
	FOUL	4.55m(1.0) FOUL				
14	Cross, Morgan	Lawrence	4.54m	4.53m	NWI 14-10.50	1
	4.53m(-0.0) 4.43m(-0.0) FOUL					
15	Bear, Sia	Cornell College	4.71m	4.52m	1.1 14-10.00	2
	FOUL	3.85m(1.6) 4.52m(1.1)				
16	Murphy, Naomi	Beloit	4.75m	4.46m	0.2 14-07.75	2
	FOUL	3.98m(0.7) 4.46m(0.2)				
17	Barringer, Leah	Grinnell	4.31m	4.43m	0.5 14-06.50	1
	4.19m(1.2) 4.19m(1.5) 4.43m(0.5)					
18	Tait, Zahra	Lake Forest	4.55m	4.30m	0.7 14-01.25	1
	4.30m(0.7) 4.00m(0.3) 3.07m(0.6)					
18	Hodge, Maya	Cornell College	4.44m	4.30m	NWI 14-01.25	1
	4.30m(-0.0) 4.22m(0.9) 4.08m(1.5)					
18	Abernethy, Stella	Lake Forest	4.20m	4.30m	1.9 14-01.25	1
	4.30m(1.9) 4.27m(1.4) 4.30m(0.8)					
21	Erickson, Jenna	Ripon	4.29m	4.18m	0.2 13-08.75	1
	FOUL	4.16m(1.5) 4.18m(0.2)				
22	Kaufman, Inessa	Lake Forest	4.23m	4.13m	1.4 13-06.75	1
	FOUL	4.13m(1.4) 4.06m(3.6)				
23	Sendall, Lexi	Knox	4.06m	4.00m	0.7 13-01.50	1
	3.85m(-0.0) 3.47m(-0.0) 4.00m(0.7)					
24	Allen, Chloe	Monmouth (Ill.)	4.21m	3.97m	NWI 13-00.25	1
	3.96m(1.5) 3.97m(-0.0) FOUL					

Women Triple Jump

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Top 9 Advance to Finals

Name	Year	School	Seed	Finals	Wind	H#	Points
=====							
1 Landers, Rajanea		Grinnell	10.54m	10.74m	1.2	35-03.00	2 10
	10.67m(+0.0) 10.71m(1.3) 10.01m(+0.0) PASS		10.74m(1.2) 10.43m(0.5)				
2 Yank, Irene		Lawrence	10.34m	10.68m	+0.0	35-00.50	2 8
	10.19m(+0.0) 10.65m(1.3) 10.68m(+0.0) 10.39m(+0.0) 10.62m(+0.0) 10.68m(+0.0)						
3 Arnhold, Nicole		Ripon	10.31m	10.28m	0.5	33-08.75	2 6
	9.88m(1.1) 10.01m(1.2) FOUL	9.97m(0.4) 10.28m(0.5) FOUL					
4 Vanden Acker, Anna		Lawrence	9.94m	10.19m	0.1	33-05.25	2 5
	10.19m(0.1) 10.16m(1.6) 10.15m(0.1) 10.00m(0.4) 10.16m(+0.0) 10.18m(0.5)						
5 Rexroat, Delaney		Monmouth (Ill.)	10.10m	10.15m	0.3	33-03.75	2 4
	FOUL	10.15m(0.3) 10.02m(1.6) FOUL	9.90m(+0.0) 9.70m(+0.0)				
6 Oden, Melanie		Grinnell	9.88m	9.85m	+0.0	32-03.75	2 3
	9.69m(0.2) 9.85m(+0.0) FOUL	9.28m(1.2) 9.45m(0.4) 9.60m(0.5)					
7 Tait, Zahra		Lake Forest	9.45m	9.83m	1.3	32-03.00	1 2
	9.71m(1.5) 9.70m(0.9) FOUL	FOUL	9.83m(1.3) 9.78m(+0.0)				
8 Hodge, Maya		Cornell College	9.56m	9.72m	+0.0	31-10.75	2 1
	FOUL	FOUL	9.72m(+0.0) FOUL	FOUL			
9 Rusk, Maddie		Monmouth (Ill.)	10.09m	9.68m	+0.0	31-09.25	2
	9.43m(+0.0) FOUL	9.57m(0.4) PASS	9.68m(+0.0) PASS				
-- Allen, Chloe		Monmouth (Ill.)		FOUL			1
	FOUL	FOUL	FOUL				
-- Elliott-Rude, Eleanor		Grinnell		FOUL			1
	FOUL	FOUL	FOUL				
-- Abernethy, Stella		Lake Forest	9.40m	FOUL			1
	FOUL	FOUL	FOUL				

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-- Sendall, Lexi	Knox	8.22m	FOUL	1
FOUL	FOUL	FOUL		
-- Long, Ashlee	Lawrence	8.98m	FOUL	1
FOUL	FOUL	FOUL		
-- Kaufman, Inessa	Lake Forest		FOUL	1
FOUL	FOUL	FOUL		

Women Shot Put**Top 9 Advance to Finals**

Name	Year	School	Seed	Finals	H#	Points
1 Boley, Maddie		Monmouth (Ill.)	13.49m	13.20m	43-03.75	2 10
12.09m 12.57m 12.65m						
2 Braun, Kayla		Monmouth (Ill.)	12.80m	12.86m	42-02.25	2 8
12.76m 12.80m 12.19m						
3 Booher, Sara		Grinnell	11.81m	12.28m	40-03.50	2 6
11.38m 11.26m 12.28m						
4 Earle, Alayna		Monmouth (Ill.)	11.92m	12.00m	39-04.50	2 5
11.75m 11.48m 12.00m						
5 Osterson, Bri		Cornell College	11.16m	11.88m	38-11.75	2 4
10.84m 10.63m 10.98m						
6 Galowitz, Kylie		Grinnell	11.96m	11.83m	38-09.75	2 3
10.43m 11.12m 10.86m						
7 Toth, Jillian		Monmouth (Ill.)	11.83m	11.65m	38-02.75	2 2
10.67m 11.65m FOUL						
8 Ruff, Lindsey		Illinois College	11.48m	11.24m	36-10.50	2 1
11.16m 11.24m 10.46m						
9 Earles, Leslie		Illinois College	10.95m	10.96m	35-11.50	2
FOUL 9.69m 10.96m						
10 Teno, Delanie		Illinois College	10.63m	10.90m	35-09.25	1
10.90m 9.93m 10.62m						
11 Kronberger, Katherine		Beloit	11.07m	10.82m	35-06.00	2
10.82m 10.70m 10.63m						
12 Bayo, Hadja		Beloit	10.88m	10.55m	34-07.50	1
10.27m 10.55m 10.52m						
13 Hasting, Natalie		Illinois College	11.17m	10.47m	34-04.25	2
10.47m 10.45m 10.30m						
14 Mar, Robyn		Cornell College	10.06m	9.97m	32-08.50	1
9.41m 9.97m 9.87m						
15 Schmitt, Adelaide		Beloit	10.56m	9.81m	32-02.25	1
9.33m 9.81m 9.79m						
16 Graciano, Emily		Cornell College	9.59m	8.91m	29-02.75	1
8.91m 8.85m FOUL						
17 Herrera, Kai		Beloit	9.32m	8.59m	28-02.25	1
8.59m FOUL 8.19m						
18 Wallig, Darby		Knox	9.47m	8.56m	28-01.00	1
8.56m 8.50m 8.40m						
19 Hurst, Marlowe		Grinnell	8.17m	7.87m	25-10.00	1
7.83m 7.64m 7.87m						
20 Hytry, Izzy		Lawrence	7.66m	7.76m	25-05.50	1
7.76m 7.17m 7.50m						
21 McGuinness, Lucia		Ripon	9.64m	7.37m	24-02.25	1
FOUL 7.37m FOUL						

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****....Women Shot Put**

22 Guerrero, Jennifer	Lake Forest	6.76m	6.79m	22-03.50	1
6.79m 6.72m 6.46m					

Women Discus Throw**Top 9 Advance to Finals**

Name	Year	School	Seed	Finals	H#	Points
1 Boley, Maddie		Monmouth (Ill.)	49.06m	45.45m	149-01	3 10
FOUL 42.27m 42.76m 40.91m 45.45m 43.15m						
2 Hasting, Natalie		Illinois College	38.12m	38.66m	126-10	3 8
37.06m 33.77m 37.64m 38.55m 36.26m 38.66m						
3 Braun, Kayla		Monmouth (Ill.)	41.25m	38.62m	126-08	3 6
35.63m FOUL FOUL 38.62m 37.94m 38.06m						
4 Nelson, Stephanie		Knox	38.22m	36.96m	121-03	3 5
29.88m 34.70m 36.96m FOUL FOUL 35.79m						
5 Schmitt, Adelaide		Beloit	34.46m	34.84m	114-04	2 4
34.73m 32.79m 34.84m FOUL FOUL FOUL						
6 Bayo, Hadja		Beloit	36.89m	34.41m	112-11	3 3
FOUL 31.66m 34.41m 33.09m FOUL 31.31m						
7 Nsubuga, Nalwanga		Knox	33.91m	34.12m	111-11	2 2
31.25m FOUL 34.12m FOUL 30.17m FOUL						
8 McGuinness, Lucia		Ripon	33.46m	33.29m	109-03	2 1
FOUL 32.07m 33.29m FOUL 30.27m 33.09m						
9 Earles, Leslie		Illinois College	34.54m	33.11m	108-07	3
FOUL FOUL 32.78m 29.99m FOUL 33.11m						
10 Johnson, Abbie		Monmouth (Ill.)	33.71m	32.56m	106-10	2
31.67m 31.53m 32.56m						
11 Vianden, Greta		Lawrence	32.74m	31.99m	104-11	2
26.66m 31.99m 29.59m						
12 Schuh, Mackenzie		Lawrence	29.51m	31.33m	102-09	1
31.33m 30.12m FOUL						
13 Bivins, Kyra		Monmouth (Ill.)	38.56m	30.77m	100-11	3
29.26m 30.77m FOUL						
14 Kronberger, Katherine		Beloit	31.10m	30.42m	99-10	2
29.28m 30.42m 27.22m						
15 Galowitz, Kylie		Grinnell	36.02m	29.90m	98-01	3
29.90m FOUL FOUL						
16 Osterson, Bri		Cornell College	32.43m	28.93m	94-11	2
FOUL 20.49m 28.93m						
17 Graciano, Emily		Cornell College	28.21m	28.53m	93-07	1
28.53m 27.67m 27.28m						
18 Teno, Delanie		Illinois College	35.64m	27.69m	90-10	3
27.00m 27.69m FOUL						
19 Mar, Robyn		Cornell College	24.69m	26.94m	88-05	1
25.93m 24.24m 26.94m						
20 Johnson, Jada		Ripon	28.78m	24.78m	81-03	1
FOUL FOUL 24.78m						
21 Wallig, Darby		Knox	21.51m	21.95m	72-00	1
19.58m 21.95m 21.41m						
22 Punches, Emmy		Lake Forest		21.77m	71-05	1
21.77m 21.75m 21.31m						
23 Noles, Peyton		Lake Forest		18.75m	61-06	1
18.25m 18.75m 17.34m						

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****....Women Discus Throw**

-- Herrera, Kai	Beloit	28.80m	FOUL	1
FOUL FOUL FOUL				
-- Williams, Kasyden	Illinois College	31.03m	FOUL	2
FOUL FOUL FOUL				

Women Hammer Throw**Top 9 Advance to Finals**

Name	Year	School	Seed	Finals	H#	Points
1 Boley, Maddie		Monmouth (Ill.)	53.96m	51.86m	170-02	2 10
51.42m 50.64m 51.86m 48.98m 51.19m 48.00m						
2 Toth, Jillian		Monmouth (Ill.)	53.77m	51.63m	169-05	2 8
50.45m FOUL 49.38m 47.25m 48.93m 51.63m						
3 Braun, Kayla		Monmouth (Ill.)	44.13m	45.15m	148-01	2 6
40.27m 44.21m 43.80m 45.15m 43.08m 42.84m						
4 Nelson, Stephanie		Knox	42.73m	44.23m	145-01	2 5
44.11m 42.80m 42.59m FOUL 44.23m 44.13m						
5 Earle, Alayna		Monmouth (Ill.)	46.38m	43.38m	142-04	2 4
FOUL 43.38m 41.84m FOUL FOUL 39.96m						
6 Hasting, Natalie		Illinois College	40.98m	42.29m	138-09	2 3
41.14m 40.52m 39.10m 40.35m 42.29m 40.76m						
7 Galowitz, Kylie		Grinnell	42.65m	41.58m	136-05	2 2
39.46m 40.46m 40.16m 41.58m 41.45m FOUL						
8 Vianden, Greta		Lawrence	38.84m	40.24m	132-00	1 1
39.17m 37.10m 40.24m 37.30m FOUL 37.74m						
9 Kronberger, Katherine		Beloit	40.94m	39.72m	130-04	2
38.09m 38.82m 39.72m 38.65m FOUL FOUL						
10 Johnson, Jada		Ripon	39.05m	39.71m	130-03	2
37.70m 36.25m 39.71m						
11 Teno, Delanie		Illinois College	39.11m	38.46m	126-02	2
36.73m FOUL 38.46m						
12 Schmitt, Adelaide		Beloit	38.22m	37.33m	122-06	1
36.85m FOUL 37.33m						
13 DeJaynes, Kevlynn		Illinois College	38.40m	36.93m	121-02	1
34.68m 36.93m FOUL						
14 Mar, Robyn		Cornell College	36.71m	36.66m	120-03	1
36.66m 33.32m 36.16m						
15 Earles, Leslie		Illinois College	40.38m	35.20m	115-06	2
FOUL FOUL 35.20m						
16 Osterson, Bri		Cornell College	42.55m	34.22m	112-03	2
FOUL FOUL 34.22m						
17 Schuh, Mackenzie		Lawrence	35.93m	31.78m	104-03	1
FOUL 31.78m 29.24m						
18 Strovers, Maddy		Grinnell	31.48m	31.39m	103-00	1
27.01m 31.39m FOUL						
19 Herrera, Kai		Beloit	29.42m	29.91m	98-01	1
29.91m FOUL 28.94m						
20 Graciano, Emily		Cornell College	31.70m	29.89m	98-01	1
FOUL FOUL 29.89m						
21 McGuinness, Lucia		Ripon	32.55m	28.87m	94-09	1
FOUL 28.87m FOUL						
22 Hurst, Marlowe		Grinnell	28.92m	27.62m	90-07	1
FOUL 27.62m 27.25m						

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****....Women Hammer Throw**

-- Nsubuga, Nalwanga Knox 29.04m FOUL 1
 FOUL FOUL FOUL

Women Javelin Throw**Top 9 Advance to Finals**

Name	Year	School	Seed	Finals	H#	Points
1 Schwartzman, Juniper		Grinnell	38.00m	38.38m	125-11	2 10
38.38m FOUL FOUL FOUL		37.79m FOUL				
2 Osterson, Bri		Cornell College	37.79m	38.07m	124-11	2 8
38.07m 34.48m 36.20m FOUL		34.26m FOUL				
3 Thomas, Keyleigh		Illinois College	40.10m	38.00m	124-08	2 6
38.00m 37.19m FOUL		35.89m 32.99m 33.10m				
4 Carlin, Haley		Beloit	27.19m	33.18m	108-10	2 5
27.67m 29.27m 33.18m FOUL		27.66m 30.70m				
5 Johnson, Jada		Ripon	29.95m	32.01m	105-00	2 4
30.77m FOUL 32.01m 29.81m FOUL		28.44m				
6 Rexroat, Delaney		Monmouth (Ill.)	27.69m	31.49m	103-04	2 3
27.24m 29.19m 31.49m 28.07m FOUL		27.11m				
7 Finn, Bridget		Ripon	35.72m	29.75m	97-07	2 2
29.75m FOUL FOUL FOUL FOUL		PASS				
8 Mar, Robyn		Cornell College	26.96m	29.74m	97-07	2 1
27.66m FOUL 29.50m 28.54m 29.00m 29.74m						
9 Johnson, Abbie		Monmouth (Ill.)	26.84m	27.38m	89-10	1
27.08m 27.38m FOUL 27.22m 26.56m FOUL						
10 Toth, Jillian		Monmouth (Ill.)	28.98m	26.87m	88-02	2
25.30m 25.35m 26.87m						
11 Earles, Leslie		Illinois College	26.45m	26.79m	87-11	1
26.79m 26.28m FOUL						
12 Hogan, Brynn		Monmouth (Ill.)	25.51m	25.91m	85-00	1
25.91m 25.55m 23.92m						
13 Arnhold, Nicole		Ripon	24.50m	25.83m	84-09	1
24.02m 25.83m FOUL						
14 Vianden, Greta		Lawrence	25.58m	25.65m	84-02	1
25.65m FOUL FOUL						
15 Manuel, Elaina		Illinois College	30.77m	25.37m	83-03	2
22.04m FOUL 25.37m						
16 McGuinness, Lucia		Ripon	24.50m	24.94m	81-10	1
19.93m 20.66m 24.94m						
17 Ference, Paige		Lawrence		24.74m	81-02	1
24.74m FOUL 23.10m						
18 Schmitt, Adelaide		Beloit	29.04m	23.62m	77-06	2
FOUL FOUL 23.62m						
19 Cross, Morgan		Lawrence	21.42m	21.86m	71-09	1
20.81m 21.86m 19.54m						
20 Papas, Sophia		Beloit	17.10m	18.82m	61-09	1
16.27m 18.57m 18.82m						
21 Guerrero, Jennifer		Lake Forest	16.59m	16.07m	52-09	1
15.11m 16.07m 15.94m						
22 Schuh, Mackenzie		Lawrence	16.59m	13.67m	44-10	1
13.67m 13.53m 11.29m						

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****Men 100 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Fadden, Lucas	Grinnell	10.42	10.46Q	2.0	2
2 Doss, Dylan	Illinois College	10.38	10.73Q	0.2	3
3 Cefalu, Jacoby	Ripon	10.44	10.77Q	0.7	1
4 Yearby, Josh	Beloit	10.79	10.80q	2.0	2
5 Larson, Blake	Illinois College	10.93	10.84q	2.0	2
6 Beaty, Hadley	Cornell College	10.81	10.85q	0.2	3
7 Taylor, Janius	Monmouth (Ill.)	10.79	10.93q	0.7	1
8 Vander Galien, Logan	Ripon	11.13	11.03q	0.7	1
9 York, Johnny	Monmouth (Ill.)	10.94	11.05	0.7	1
10 Bolds, Jayvon	Knox	10.96	11.11	2.0	2
11 Logue, Jake	Grinnell	10.92	11.12	0.2	3 11.111
12 Fitzgerald, Keaton	Grinnell	11.04	11.12	2.0	2 11.112
13 Cherelus, Elijah	Monmouth (Ill.)	11.04	11.13	0.2	3
14 Saunders, Jaden	Illinois College	11.02	11.21	0.2	3
15 Warren, Jake	Grinnell	10.94	11.24	0.7	1
16 Carson, Ki'on	Illinois College	11.24	11.28	0.2	3
17 Nakamura, Shuntaro	Lake Forest	11.27	11.33	0.2	3
18 Sumoaro, Ayoub	Beloit	11.34	11.37	2.0	2
19 Tyson, Trentyn	Lake Forest	11.43	11.40	0.7	1
20 King-Mills, Eusebio	Knox	11.19	11.50	2.0	2
21 Wright, Mason	Lake Forest	11.17	11.59	0.7	1 11.581
22 Williams, Jalen	Lake Forest	11.60	11.59	2.0	2 11.588
23 Lubin, Nick	Lawrence	11.53	11.68	0.7	1
24 Upadhyay, Prince	Beloit	12.08	12.03	2.0	2
25 Arhebun, Drew	Beloit	12.09	12.17	0.7	1

Men 100 Meter Dash

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Doss, Dylan	Illinois College	10.73	10.52	-0.1	10
2 Fadden, Lucas	Grinnell	10.46	10.54	-0.1	8
3 Cefalu, Jacoby	Ripon	10.77	10.70	-0.1	6
4 Taylor, Janius	Monmouth (Ill.)	10.93	10.86	-0.1	5
5 Beaty, Hadley	Cornell College	10.85	10.88	-0.1	4
6 Larson, Blake	Illinois College	10.84	10.92	-0.1	3
7 Yearby, Josh	Beloit	10.80	10.94	-0.1	2
8 Vander Galien, Logan	Ripon	11.03	11.17	-0.1	1

Men 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Doss, Dylan	Illinois College	20.85	21.15Q	2.6	4
2 Beaty, Hadley	Cornell College	21.66	21.58Q	2.3	1
3 Cefalu, Jacoby	Ripon	21.40	21.75Q	1.2	2
4 Fadden, Lucas	Grinnell	21.10	21.83Q	0.8	3

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****....Men 200 Meter Dash**

5	Taylor, Janius	Monmouth (Ill.)	21.52	21.63q	2.3	1
6	Patterson, Da'Von	Monmouth (Ill.)	21.72	21.93q	1.2	2
7	Larson, Blake	Illinois College	22.03	22.13q	0.8	3
8	Davies, Jacob	Ripon	22.16	22.16q	0.8	3
9	Miller, Jesse	Grinnell	22.05	22.30	2.6	4
10	Outlaw, Adrian	Monmouth (Ill.)	22.23	22.35	2.3	1
11	Yearby, Josh	Beloit	22.20	22.42	1.2	2
12	Atou, Alexandre	Beloit	22.70	22.65	1.2	2
13	Carson, Ki'on	Illinois College	22.99	22.68	2.6	4
14	Bolds, Jayvon	Knox	22.31	22.71	2.3	1
15	Glessner, Clay	Grinnell	22.10	22.83	2.6	4
16	Pavlov, Alex	Lake Forest	22.91	22.84	0.8	3
17	Cross, Brendan	Lawrence	23.14	23.01	1.2	2
18	Manning, Finley	Ripon	23.23	23.11	1.2	2
19	Tyson, Trentyn	Lake Forest	23.62	23.17	2.6	4
20	Barajas, Elijah	Ripon	23.18	23.19	2.3	1
21	Cushman, Drew	Illinois College	23.00	23.25	2.6	4
22	Warren, Jake	Grinnell	23.22	23.32	2.3	1
23	Lautzenhiser, Ryan	Knox	23.31	23.70	0.8	3
24	King-Mills, Eusebio	Knox	23.44	23.82	2.6	4
25	Grice, Lane	Monmouth (Ill.)	23.12	23.85	0.8	3
26	Douthat, Andrew	Lake Forest	24.66	24.46	1.2	2
27	Upadhyay, Prince	Beloit	24.75	24.66	2.3	1
28	Mueller, Jeremy	Beloit	25.11	24.94	2.3	1

Men 200 Meter Dash

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1	Doss, Dylan	Illinois College	21.15	20.80	0.5 10
2	Fadden, Lucas	Grinnell	21.83	21.14	0.5 8
3	Taylor, Janius	Monmouth (Ill.)	21.63	21.33	0.5 6
4	Patterson, Da'Von	Monmouth (Ill.)	21.93	21.52	0.5 5
5	Beaty, Hadley	Cornell College	21.58	21.53	0.5 4
6	Cefalu, Jacoby	Ripon	21.75	21.91	0.5 3
7	Larson, Blake	Illinois College	22.13	21.93	0.5 2
8	Davies, Jacob	Ripon	22.16	22.65	0.5 1

Men 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Name	Year School	Seed	Prelims	H#
Preliminaries				
1	Staker, Chase	Cornell College	49.34	48.70Q 2
2	Davies, Jacob	Ripon	49.71	48.73Q 1
3	Bunders, Seth	Ripon	49.06	48.99Q 4
4	Outlaw, Adrian	Monmouth (Ill.)	49.87	49.17Q 3
5	Patterson, Da'Von	Monmouth (Ill.)	49.83	48.89q 2
6	Meeker, Jensen	Cornell College	49.71	49.13q 1
7	Atou, Alexandre	Beloit	49.29	49.33q 3
8	O'Brien, Linus	Grinnell	50.06	49.74q 4
9	Lungu, Matthew	Lake Forest	50.31	50.06 4

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****....Men 800 Meter Run**

7	Daniel, Kembre	Beloit	1:57.61	1:57.82	4	2
	57.982 (57.982)	1:57.819 (59.837)				
8	Heagy, Connor	Grinnell	1:56.48	1:57.83	4	1
	57.160 (57.160)	1:57.828 (1:00.668)				
9	Briggs, Jamie	Cornell College	1:58.13	1:58.28	3	
	58.382 (58.382)	1:58.278 (59.896)				
10	Hutchings, Isaak	Cornell College	1:57.90	1:58.32	4	
	56.349 (56.349)	1:58.317 (1:01.968)				
11	Faiz, Ali	Lake Forest	2:00.71	1:59.26	3	
	57.859 (57.859)	1:59.257 (1:01.399)				
12	Luckett, Alex	Lawrence	2:00.58	1:59.40	3	
	58.005 (58.005)	1:59.398 (1:01.394)				
13	Thorson, Bergen	Lawrence	2:01.29	1:59.52	2	
	57.747 (57.747)	1:59.517 (1:01.770)				
14	Newman, Jason	Grinnell	1:59.67	1:59.73	3	
	58.821 (58.821)	1:59.724 (1:00.903)				
15	Robinson, Luke	Grinnell	1:56.48	2:00.15	4	
	58.582 (58.582)	2:00.144 (1:01.563)				
16	Kuwaye, Christian	Ripon	2:00.91	2:00.16	3	
	1:01.174 (1:01.174)	2:00.153 (58.980)				
17	Hewes, Austin	Lake Forest	2:00.15	2:00.17	3	
	58.459 (58.459)	2:00.170 (1:01.712)				
18	Draginis, Ryan	Lawrence	2:04.28	2:01.69	2	
	58.491 (58.491)	2:01.690 (1:03.200)				
19	Bacon, Jack	Illinois College	2:01.04	2:01.70	3	
	59.179 (59.179)	2:01.697 (1:02.519)				
20	Gerdes, Ryan	Illinois College	2:05.04	2:03.21	2	
	59.802 (59.802)	2:03.209 (1:03.408)				
21	Hartberg, Elijah	Beloit	2:06.37	2:05.07	2	
	1:00.022 (1:00.022)	2:05.067 (1:05.045)				
22	Navarette, Xzavier	Ripon	2:05.87	2:05.76	2	
	58.955 (58.955)	2:05.757 (1:06.803)				
23	Cortinas, Aiden	Beloit	2:09.31	2:07.54	2	
	1:02.029 (1:02.029)	2:07.533 (1:05.505)				
24	Romprey, Adisun	Ripon	1:58.36	2:08.78	3	
	58.926 (58.926)	2:08.777 (1:09.851)				
25	Lawrence, Max	Knox	2:14.20	2:14.14	2	
	1:03.630 (1:03.630)	2:14.138 (1:10.509)				
26	Gomez, Corey	Lake Forest	2:22.15	2:17.61	1	
	1:06.262 (1:06.262)	2:17.608 (1:11.346)				
27	Pollard, Chasyn	Knox	2:15.87	2:20.16	2	
	1:05.537 (1:05.537)	2:20.151 (1:14.614)				
28	Fein, Jake	Beloit	2:24.00	2:21.37	1	
	1:07.141 (1:07.141)	2:21.361 (1:14.220)				
29	Reid, Maxwell	Knox	2:27.94	2:22.49	1	
	1:06.821 (1:06.821)	2:22.483 (1:15.663)				

Men 1500 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1 Soda, Gabe		Cornell College	3:56.83	3:55.23	3	10
45.782 (45.782)	1:46.037 (1:00.255)	2:48.616 (1:02.579)	3:55.226 (1:06.610)			

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****....Men 1500 Meter Run**

2	vanWestrienen, Isaac	Cornell College	3:49.70	3:55.40	3	8
	46.299 (46.299)	1:49.791 (1:03.492)	2:53.149 (1:03.358)	3:55.392 (1:02.243)		
3	Miller, Lance	Knox	4:00.41	3:56.42	3	6
	45.649 (45.649)	1:46.698 (1:01.049)	2:50.522 (1:03.824)	3:56.413 (1:05.891)		
4	Newton, Eli	Monmouth (Ill.)	4:02.24	3:58.16	3	5
	46.315 (46.315)	1:49.531 (1:03.216)	2:53.801 (1:04.270)	3:58.153 (1:04.352)		
5	Robinson, Luke	Grinnell	3:58.55	3:58.88	3	4
	46.581 (46.581)	1:49.338 (1:02.757)	2:53.481 (1:04.143)	3:58.873 (1:05.392)		
6	Cassiday, Ryan	Lawrence	4:01.14	3:59.47	3	3
	46.598 (46.598)	1:49.665 (1:03.067)	2:53.497 (1:03.832)	3:59.468 (1:05.971)		
7	Hansen, Nick	Lawrence	3:59.35	4:00.40	3	2
	46.040 (46.040)	1:49.627 (1:03.587)	2:54.397 (1:04.770)	4:00.400 (1:06.003)		
8	Villanueva, Rainier	Ripon	4:01.98	4:00.84	3	1
	46.420 (46.420)	1:48.993 (1:02.573)	2:52.296 (1:03.303)	4:00.836 (1:08.540)		
9	Heagy, Connor	Grinnell	4:01.92	4:02.17	3	
	46.820 (46.820)	1:49.952 (1:03.132)	2:55.117 (1:05.165)	4:02.167 (1:07.050)		
10	Newman, Jason	Grinnell	4:06.14	4:05.45	2	
	49.004 (49.004)	1:55.604 (1:06.600)	3:03.420 (1:07.816)	4:05.443 (1:02.023)		
11	Hunt, Gabe	Cornell College	4:06.54	4:06.18	2	
	49.692 (49.692)	1:56.042 (1:06.350)	3:02.987 (1:06.945)	4:06.176 (1:03.189)		
12	Chestovich, Andy	Grinnell	4:04.83	4:06.48	3	
	47.493 (47.493)	1:51.925 (1:04.432)	2:58.790 (1:06.865)	4:06.477 (1:07.687)		
13	Meyer, Zach	Lawrence	4:05.49	4:08.58	3	
	46.862 (46.862)	1:50.705 (1:03.843)	2:57.873 (1:07.168)	4:08.577 (1:10.704)		
14	Brophy, Bart	Lake Forest	4:05.71	4:08.64	2	
	49.227 (49.227)	1:55.575 (1:06.348)	3:03.225 (1:07.650)	4:08.638 (1:05.413)		
15	Malmgren, Dylan	Beloit	4:08.17	4:09.69	2	
	49.624 (49.624)	1:55.817 (1:06.193)	3:04.142 (1:08.325)	4:09.687 (1:05.545)		
16	Brobst, Aiden	Ripon	4:12.35	4:12.96	2	
	50.518 (50.518)	1:58.718 (1:08.200)	3:07.512 (1:08.794)	4:12.953 (1:05.441)		
17	Kuwaye, Christian	Ripon	4:04.97	4:14.09	3	
	47.289 (47.289)	1:52.170 (1:04.881)	3:00.397 (1:08.227)	4:14.087 (1:13.690)		
18	Faiz, Ali	Lake Forest	4:14.75	4:14.67	2	
	50.067 (50.067)	1:55.458 (1:05.391)	3:04.632 (1:09.174)	4:14.670 (1:10.038)		
19	Romprey, Adisun	Ripon	4:16.35	4:23.84	2	
	51.020 (51.020)	1:58.383 (1:07.363)	3:11.098 (1:12.715)	4:23.833 (1:12.735)		
20	Cortinas, Aiden	Beloit	4:27.96	4:25.40	2	
	50.785 (50.785)	1:59.879 (1:09.094)	3:12.935 (1:13.056)	4:25.394 (1:12.459)		
21	Gerdes, Ryan	Illinois College	4:21.59	4:25.41	2	
	49.421 (49.421)	1:58.037 (1:08.616)	3:11.545 (1:13.508)	4:25.402 (1:13.857)		
22	Pierce, Camden	Illinois College	4:32.84	4:33.72	2	
	50.749 (50.749)	2:00.600 (1:09.851)	3:17.173 (1:16.573)	4:33.718 (1:16.545)		
23	Lashenik, Owen	Lake Forest	4:13.95	4:38.95	2	
	49.861 (49.861)	1:59.202 (1:09.341)	3:16.586 (1:17.384)	4:38.944 (1:22.358)		
24	Lawrence, Max	Knox	4:38.17	4:41.90	2	
	51.039 (51.039)	2:05.339 (1:14.300)	3:25.202 (1:19.863)	4:41.898 (1:16.696)		
25	Pollard, Chasyn	Knox	4:51.01	4:43.86	1	
	56.244 (56.244)	2:13.302 (1:17.058)	3:32.844 (1:19.542)	4:43.852 (1:11.008)		
26	Beaumont, Will	Lawrence	4:46.05	4:44.43	1	
	57.369 (57.369)	1:56.550 (59.181)	3:30.518 (1:33.968)	4:44.421 (1:13.903)		
27	Smith, Sam	Lake Forest	5:06.69	4:52.70	1	
	58.739 (58.739)	2:18.724 (1:19.985)	3:36.135 (1:17.411)	4:52.700 (1:16.565)		
28	Reid, Maxwell	Knox	4:57.04	5:00.81	1	
	58.437 (58.437)	2:18.446 (1:20.009)	3:39.760 (1:21.314)	5:00.801 (1:21.041)		

Name		Year School		Seed		Finals		Points	
1	vanWestrienen, Isaac	Cornell College		14:05.67		14:22.21		10	
	32.092 (32.092)	1:42.863 (1:10.771)	2:54.226 (1:11.363)	4:04.844 (1:10.619)					
	5:14.651 (1:09.807)	6:23.803 (1:09.153)	7:34.402 (1:10.599)	8:44.492 (1:10.091)					
	9:53.837 (1:09.345)	11:01.042 (1:07.205)	12:08.122 (1:07.080)	13:15.287 (1:07.165)					
	14:22.204 (1:06.918)								
2	Miller, Lance	Knox		14:46.20		14:46.43		8	
	32.552 (32.552)	1:43.470 (1:10.919)	2:54.727 (1:11.257)	4:05.416 (1:10.690)					
	5:15.180 (1:09.765)	6:24.505 (1:09.325)	7:35.721 (1:11.216)	8:49.069 (1:13.349)					
	10:00.933 (1:11.865)	11:12.453 (1:11.520)	12:25.509 (1:13.056)	13:38.689 (1:13.180)					
	14:46.422 (1:07.733)								
3	Abelow, Ben	Grinnell		15:07.31		15:10.17		6	
	33.434 (33.434)	1:46.786 (1:13.352)	2:59.942 (1:13.157)	4:13.042 (1:13.100)					
	5:26.439 (1:13.398)	6:40.620 (1:14.181)	7:53.882 (1:13.262)	9:07.686 (1:13.805)					
	10:22.763 (1:15.078)	11:38.466 (1:15.703)	12:53.822 (1:15.356)	14:05.947 (1:12.125)					
	15:10.164 (1:04.218)								
4	Seeber, Matt	Ripon		14:52.86		15:10.47		5	
	34.334 (34.334)	1:47.013 (1:12.680)	3:00.217 (1:13.204)	5:26.641 (2:26.425)					
	6:40.790 (1:14.150)	7:53.637 (1:12.847)	9:07.412 (1:13.775)	10:22.404 (1:14.993)					
	11:38.720 (1:16.316)	12:53.584 (1:14.865)	14:06.651 (1:13.067)	15:10.457 (1:03.806)					
	15:10.466 (0.010)								
5	Soda, Gabe	Cornell College		14:55.17		15:14.13		4	
	32.324 (32.324)	1:43.112 (1:10.789)	2:54.462 (1:11.350)	4:05.072 (1:10.610)					
	5:14.866 (1:09.795)	6:24.087 (1:09.221)	7:35.447 (1:11.360)	8:49.477 (1:14.031)					
	10:06.117 (1:16.640)	11:25.622 (1:19.506)	12:46.270 (1:20.648)	14:03.777 (1:17.507)					
	15:14.126 (1:10.350)								
6	Lee, Finn	Lawrence		15:11.88		15:26.20		3	
	32.759 (32.759)	1:43.828 (1:11.070)	2:55.022 (1:11.194)	4:05.916 (1:10.895)					
	5:15.832 (1:09.917)	6:29.577 (1:13.745)	7:44.397 (1:14.820)	9:00.994 (1:16.598)					
	10:17.589 (1:16.595)	11:33.539 (1:15.950)	12:51.222 (1:17.684)	14:10.457 (1:19.235)					
	15:26.196 (1:15.740)								
7	Cassiday, Ryan	Lawrence		15:18.43		15:28.35		2	
	33.242 (33.242)	1:47.687 (1:14.446)	3:01.527 (1:13.840)	4:14.286 (1:12.759)					
	5:27.852 (1:13.566)	6:44.481 (1:16.630)	8:01.117 (1:16.637)	9:18.272 (1:17.155)					
	10:34.229 (1:15.958)	11:50.308 (1:16.080)	13:05.556 (1:15.248)	14:20.290 (1:14.735)					
	15:28.349 (1:08.060)								
8	Malmgren, Dylan	Beloit		16:09.09		15:54.20		1	
	35.019 (35.019)	1:47.946 (1:12.927)	3:00.432 (1:12.487)	4:13.391 (1:12.959)					
	5:26.763 (1:13.373)	6:40.761 (1:13.998)	7:54.202 (1:13.441)	9:08.115 (1:13.914)					
	10:24.754 (1:16.640)	11:48.329 (1:23.575)	13:13.047 (1:24.719)	14:36.289 (1:23.242)					
	15:54.193 (1:17.905)								
9	Brewer, Sam	Lawrence		15:49.87		15:58.68			
	36.347 (36.347)	1:50.558 (1:14.211)	3:06.947 (1:16.390)	4:24.150 (1:17.203)					
	5:41.154 (1:17.005)	6:58.437 (1:17.284)	8:15.579 (1:17.142)	9:33.372 (1:17.793)					
	10:52.047 (1:18.676)	12:09.982 (1:17.935)	13:27.805 (1:17.824)	14:45.117 (1:17.312)					
	15:58.672 (1:13.555)								

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10 Michaelson, Aidan	Grinnell	15:56.28	16:00.15		
35.902 (35.902)	1:53.436 (1:17.534)	3:10.442 (1:17.006)	4:28.073 (1:17.632)		
5:44.222 (1:16.150)	7:00.918 (1:16.696)	8:18.481 (1:17.563)	9:35.801 (1:17.320)		
10:51.800 (1:16.000)	12:09.532 (1:17.733)	13:28.640 (1:19.108)	14:49.536 (1:20.896)		
16:00.147 (1:10.611)					
11 Morris, Isaac	Cornell College	16:04.92	16:00.52		
37.907 (37.907)	1:54.636 (1:16.729)	3:10.904 (1:16.269)	4:27.835 (1:16.931)		
5:43.910 (1:16.075)	7:00.704 (1:16.795)	8:18.245 (1:17.541)	9:34.929 (1:16.685)		
10:51.567 (1:16.639)	12:09.199 (1:17.632)	13:28.077 (1:18.879)	14:45.350 (1:17.273)		
16:00.517 (1:15.167)					
12 Biesenthal, Robby	Illinois College	16:11.45	16:02.03		
36.996 (36.996)	1:53.069 (1:16.074)	3:10.331 (1:17.262)	4:28.420 (1:18.090)		
5:44.781 (1:16.361)	7:01.234 (1:16.454)	8:19.072 (1:17.838)	9:36.972 (1:17.901)		
10:55.775 (1:18.803)	12:14.721 (1:18.946)	13:32.809 (1:18.089)	14:49.618 (1:16.810)		
16:02.022 (1:12.405)					
13 Imm, Greyson	Grinnell	15:28.26	16:09.47		
36.500 (36.500)	1:51.091 (1:14.591)	3:07.444 (1:16.354)	4:23.438 (1:15.995)		
5:39.799 (1:16.361)	6:58.134 (1:18.335)	8:16.069 (1:17.935)	9:35.545 (1:19.476)		
10:54.278 (1:18.734)	12:14.434 (1:20.156)	14:53.970 (2:39.536)	16:09.460 (1:15.490)		
16:09.465 (0.005)					
14 Beck, Sam	Grinnell	15:31.82	16:09.82		
36.261 (36.261)	1:50.886 (1:14.625)	3:07.208 (1:16.323)	4:23.764 (1:16.556)		
5:39.987 (1:16.224)	6:58.384 (1:18.397)	8:16.314 (1:17.930)	9:35.240 (1:18.926)		
10:53.987 (1:18.747)	12:14.185 (1:20.199)	13:34.253 (1:20.069)	14:54.208 (1:19.955)		
16:09.816 (1:15.608)					
15 Schopen, Caleb	Cornell College	15:10.44	16:33.48		
37.869 (37.869)	1:54.390 (1:16.521)	3:10.627 (1:16.238)	4:27.562 (1:16.935)		
5:43.712 (1:16.151)	7:00.458 (1:16.746)	8:18.072 (1:17.614)	9:36.682 (1:18.611)		
10:59.143 (1:22.461)	12:22.166 (1:23.023)	13:46.538 (1:24.373)	15:10.557 (1:24.019)		
16:33.475 (1:22.919)					
16 Ratner, Misha	Knox	16:43.04	16:34.46		
38.403 (38.403)	1:53.184 (1:14.781)	3:08.256 (1:15.072)	4:24.457 (1:16.201)		
5:41.995 (1:17.539)	7:03.332 (1:21.338)	8:25.376 (1:22.044)	9:48.154 (1:22.779)		
11:11.503 (1:23.350)	12:35.391 (1:23.888)	13:58.240 (1:22.850)	15:19.242 (1:21.002)		
16:34.457 (1:15.216)					
17 Saloun, Jeremy	Ripon	15:43.51	16:46.19		
37.547 (37.547)	1:54.877 (1:17.330)	3:12.207 (1:17.330)	4:31.378 (1:19.172)		
5:50.696 (1:19.318)	7:09.802 (1:19.106)	8:31.312 (1:21.510)	9:54.180 (1:22.869)		
11:17.841 (1:23.661)	12:42.021 (1:24.180)	14:06.165 (1:24.145)	15:29.689 (1:23.525)		
16:46.186 (1:16.497)					
18 Hornby, Jaxon	Ripon	16:29.94	16:52.17		
38.064 (38.064)	1:56.727 (1:18.663)	3:16.352 (1:19.626)	4:37.425 (1:21.073)		
5:58.900 (1:21.475)	7:20.787 (1:21.887)	8:42.693 (1:21.907)	10:04.221 (1:21.528)		
11:27.156 (1:22.935)	12:50.542 (1:23.387)	14:12.647 (1:22.105)	15:34.109 (1:21.463)		
16:52.169 (1:18.060)					
19 Popoca, Thomas	Lawrence	16:45.24	17:00.48		
34.423 (34.423)	1:50.749 (1:16.326)	3:10.195 (1:19.446)	4:30.756 (1:20.561)		
5:53.192 (1:22.437)	7:17.400 (1:24.208)	8:42.253 (1:24.854)	10:08.057 (1:25.805)		
11:33.820 (1:25.763)	12:57.327 (1:23.508)	14:23.580 (1:26.253)	15:48.527 (1:24.948)		
17:00.476 (1:11.949)					

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20	Stoub, Xander	Monmouth (Ill.)	17:01.21	17:09.78		
	38.259 (38.259)	1:57.958 (1:19.700)	3:18.395 (1:20.437)	4:40.071 (1:21.676)		
	6:00.846 (1:20.775)	7:22.477 (1:21.632)	8:45.744 (1:23.267)	10:08.470 (1:22.726)		
	11:34.467 (1:25.997)	12:58.395 (1:23.929)	14:25.297 (1:26.903)	15:50.660 (1:25.363)		
	17:09.780 (1:19.120)					
21	McClusky, Evan	Knox	17:42.36	17:29.32		
	37.445 (37.445)	1:58.492 (1:21.047)	3:25.355 (1:26.864)	4:52.473 (1:27.119)		
	6:19.510 (1:27.037)	7:44.808 (1:25.299)	9:09.210 (1:24.402)	10:35.513 (1:26.304)		
	12:01.899 (1:26.386)	13:27.341 (1:25.442)	14:51.529 (1:24.189)	16:14.577 (1:23.049)		
	17:29.313 (1:14.736)					
22	Hannig, Nick	Illinois College	17:16.79	17:40.28		
	38.137 (38.137)	1:57.663 (1:19.527)	3:14.657 (1:16.995)	4:36.072 (1:21.415)		
	5:58.934 (1:22.862)	7:23.940 (1:25.006)	8:50.857 (1:26.918)	10:18.026 (1:27.169)		
	11:48.737 (1:30.711)	13:18.263 (1:29.527)	14:47.857 (1:29.595)	16:17.192 (1:29.335)		
	17:40.275 (1:23.083)					
23	Varnum, Elliott	Knox	17:25.30	17:52.46		
	38.154 (38.154)	1:58.474 (1:20.320)	3:25.329 (1:26.855)	4:52.459 (1:27.130)		
	6:19.479 (1:27.020)	7:45.133 (1:25.655)	9:09.947 (1:24.814)	10:35.793 (1:25.847)		
	12:03.355 (1:27.562)	13:30.225 (1:26.870)	14:58.582 (1:28.358)	16:28.074 (1:29.492)		
	17:52.453 (1:24.380)					
24	Wall, Sawyer	Beloit	18:10.40	17:57.70		
	36.153 (36.153)	1:54.642 (1:18.489)	3:17.787 (1:23.145)	4:43.650 (1:25.864)		
	6:11.873 (1:28.224)	7:41.372 (1:29.499)	9:11.078 (1:29.707)	10:41.845 (1:30.767)		
	12:13.793 (1:31.949)	13:44.580 (1:30.787)	15:14.217 (1:29.638)	16:40.288 (1:26.071)		
	17:57.695 (1:17.407)					
25	Cadiz, Patrick	Lake Forest	17:17.70	18:55.28		
	38.722 (38.722)	1:59.579 (1:20.857)	3:26.206 (1:26.627)	4:54.592 (1:28.386)		
	6:25.297 (1:30.705)	7:57.531 (1:32.235)	9:30.595 (1:33.065)	11:06.085 (1:35.490)		
	12:43.161 (1:37.076)	14:21.114 (1:37.954)	15:58.654 (1:37.540)	17:32.618 (1:33.965)		
	18:55.277 (1:22.659)					
26	Zunker, Jack	Lake Forest	19:46.69	20:32.76		
	42.542 (42.542)	2:12.882 (1:30.341)	3:47.312 (1:34.430)	5:22.682 (1:35.371)		
	6:59.590 (1:36.908)	8:37.867 (1:38.277)	10:19.117 (1:41.251)	12:01.482 (1:42.365)		
	13:46.152 (1:44.670)	15:31.183 (1:45.032)	17:16.839 (1:45.656)	18:59.195 (1:42.356)		
	20:32.755 (1:33.560)					

Men 10000 Meter Run

Name	Year	School	Seed	Finals	Points
1 vanWestrienen, Isaac		Cornell College	29:15.97	32:05.58	10
1:16.964 (1:16.964)	2:35.601 (1:18.637)	3:52.421 (1:16.820)	5:10.670 (1:18.249)		
6:27.408 (1:16.738)	7:44.448 (1:17.040)	8:59.992 (1:15.544)	10:17.127 (1:17.135)		
11:34.220 (1:17.093)	12:52.560 (1:18.340)	14:10.333 (1:17.773)	15:28.042 (1:17.709)		
16:43.402 (1:15.360)	17:59.832 (1:16.430)	19:16.854 (1:17.022)	20:32.934 (1:16.080)		
21:48.148 (1:15.214)	23:05.829 (1:17.681)	24:25.491 (1:19.662)	25:44.973 (1:19.482)		
27:05.131 (1:20.158)	28:19.090 (1:13.959)	29:35.229 (1:16.139)	30:51.017 (1:15.788)		
32:05.578 (1:14.561)					

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2	Seeber, Matt	Ripon	31:45.80	32:16.92	8
	1:17.016 (1:17.016)	2:34.634 (1:17.618)	3:51.058 (1:16.424)	5:08.193 (1:17.135)	
	6:25.493 (1:17.300)	7:42.500 (1:17.007)	8:59.726 (1:17.226)	10:16.817 (1:17.091)	
	11:34.522 (1:17.705)	12:52.851 (1:18.329)	14:10.662 (1:17.811)	15:28.321 (1:17.659)	
	16:45.042 (1:16.721)	18:02.869 (1:17.827)	19:19.888 (1:17.019)	20:37.765 (1:17.877)	
	21:56.002 (1:18.237)	23:14.340 (1:18.338)	24:32.106 (1:17.766)	25:50.045 (1:17.939)	
	27:07.460 (1:17.415)	28:24.660 (1:17.200)	29:41.926 (1:17.266)	30:58.989 (1:17.063)	
	32:16.918 (1:17.929)				
3	Lee, Finn	Lawrence	31:50.28	32:28.34	6
	1:13.849 (1:13.849)	2:32.505 (1:18.656)	3:49.528 (1:17.023)	5:06.056 (1:16.528)	
	6:22.478 (1:16.422)	7:38.866 (1:16.388)	8:55.467 (1:16.601)	10:11.575 (1:16.108)	
	11:28.023 (1:16.448)	12:45.250 (1:17.227)	14:02.932 (1:17.682)	15:19.446 (1:16.514)	
	16:35.840 (1:16.394)	17:53.472 (1:17.632)	19:11.423 (1:17.951)	20:29.357 (1:17.934)	
	21:47.884 (1:18.527)	23:06.317 (1:18.433)	24:27.184 (1:20.867)	25:49.458 (1:22.274)	
	27:07.722 (1:18.264)	28:26.802 (1:19.080)	29:54.047 (1:27.245)	31:14.452 (1:20.405)	
	32:28.334 (1:13.882)				
4	Brewer, Sam	Lawrence	32:34.57	32:36.02	5
	1:17.242 (1:17.242)	2:35.693 (1:18.451)	3:52.878 (1:17.185)	5:10.479 (1:17.601)	
	6:27.866 (1:17.387)	7:45.004 (1:17.138)	9:02.102 (1:17.098)	10:19.572 (1:17.470)	
	11:37.755 (1:18.183)	12:56.443 (1:18.688)	14:14.754 (1:18.311)	15:32.969 (1:18.215)	
	16:51.445 (1:18.476)	18:09.930 (1:18.485)	19:29.025 (1:19.095)	20:48.305 (1:19.280)	
	22:07.195 (1:18.890)	23:26.439 (1:19.244)	24:46.107 (1:19.668)	26:05.990 (1:19.883)	
	27:25.689 (1:19.699)	28:44.499 (1:18.810)	30:02.989 (1:18.490)	31:20.959 (1:17.970)	
	32:36.018 (1:15.059)				
5	Beck, Sam	Grinnell	33:11.76		4
	1:20.452 (1:20.452)	2:41.268 (1:20.816)	4:00.286 (1:19.018)	5:19.201 (1:18.915)	
	6:38.784 (1:19.583)	7:58.017 (1:19.233)	9:16.762 (1:18.745)	10:35.789 (1:19.027)	
	11:55.251 (1:19.462)	13:13.542 (1:18.291)	14:32.134 (1:18.592)	15:51.452 (1:19.318)	
	17:11.138 (1:19.686)	18:31.268 (1:20.130)	19:49.389 (1:18.121)	21:08.561 (1:19.172)	
	22:29.350 (1:20.789)	23:49.263 (1:19.913)	25:09.598 (1:20.335)	26:30.284 (1:20.686)	
	27:51.061 (1:20.777)	29:10.990 (1:19.929)	30:32.074 (1:21.084)	31:53.020 (1:20.946)	
	33:11.752 (1:18.732)				
6	Barnes, Jaxon	Cornell College	33:27.99		3
	1:20.031 (1:20.031)	2:41.008 (1:20.977)	4:01.249 (1:20.241)	5:20.838 (1:19.589)	
	6:39.680 (1:18.842)	7:58.891 (1:19.211)	9:17.622 (1:18.731)	10:36.730 (1:19.108)	
	11:55.954 (1:19.224)	13:14.498 (1:18.544)	14:33.735 (1:19.237)	15:54.267 (1:20.532)	
	17:14.791 (1:20.524)	18:34.472 (1:19.681)	19:53.388 (1:18.916)	21:14.514 (1:21.126)	
	22:34.900 (1:20.386)	23:56.819 (1:21.919)	25:19.431 (1:22.612)	26:41.475 (1:22.044)	
	28:04.172 (1:22.697)	29:26.140 (1:21.968)	30:48.422 (1:22.282)	32:10.121 (1:21.699)	
	33:27.983 (1:17.862)				
7	Imm, Greyson	Grinnell	33:40.37		2
	1:20.608 (1:20.608)	2:41.551 (1:20.943)	4:00.507 (1:18.956)	5:19.456 (1:18.949)	
	6:39.091 (1:19.635)	7:58.259 (1:19.168)	9:17.026 (1:18.767)	10:36.030 (1:19.004)	
	11:55.497 (1:19.467)	13:13.773 (1:18.276)	14:31.820 (1:18.047)	15:51.326 (1:19.506)	
	17:10.901 (1:19.575)	18:31.023 (1:20.122)	19:51.271 (1:20.248)	21:13.955 (1:22.684)	
	22:36.269 (1:22.314)	23:58.560 (1:22.291)	25:22.887 (1:24.327)	26:48.002 (1:25.115)	
	28:12.774 (1:24.772)	29:37.452 (1:24.678)	31:01.486 (1:24.034)	32:25.432 (1:23.946)	
	33:40.361 (1:14.929)				

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8	Bilskie, Tyler	Cornell College	33:42.42	1
	1:17.805 (1:17.805)	2:36.400 (1:18.595)	3:54.264 (1:17.864)	5:12.659 (1:18.395)
	6:31.846 (1:19.187)	7:51.530 (1:19.684)	9:09.534 (1:18.004)	10:28.175 (1:18.641)
	11:47.384 (1:19.209)	13:06.447 (1:19.063)	14:26.314 (1:19.867)	15:45.757 (1:19.443)
	17:06.035 (1:20.278)	18:27.616 (1:21.581)	19:49.218 (1:21.602)	21:11.456 (1:22.238)
	22:35.428 (1:23.972)	24:00.717 (1:25.289)	25:26.031 (1:25.314)	26:50.566 (1:24.535)
	28:16.150 (1:25.584)	29:41.266 (1:25.116)	31:06.312 (1:25.046)	32:28.406 (1:22.094)
	33:42.412 (1:14.006)			
9	Hardy, Caleb	Lawrence	33:17.82	33:49.28
	1:17.151 (1:17.151)	2:35.809 (1:18.658)	3:52.793 (1:16.984)	5:10.840 (1:18.047)
	6:27.564 (1:16.724)	7:44.779 (1:17.215)	9:02.392 (1:17.613)	10:20.481 (1:18.089)
	11:40.177 (1:19.696)	13:00.524 (1:20.347)	14:21.427 (1:20.903)	15:42.977 (1:21.550)
	17:05.806 (1:22.829)	18:30.058 (1:24.252)	19:53.546 (1:23.488)	21:18.295 (1:24.749)
	22:43.380 (1:25.085)	24:07.764 (1:24.384)	25:34.950 (1:27.186)	26:59.955 (1:25.005)
	28:23.928 (1:23.973)	29:48.448 (1:24.520)	31:14.010 (1:25.562)	32:36.905 (1:22.895)
	33:49.271 (1:12.366)			
10	Chesnut, Ethyn	Cornell College	34:58.08	
	1:20.259 (1:20.259)	2:40.768 (1:20.509)	4:00.925 (1:20.157)	5:20.578 (1:19.653)
	6:39.933 (1:19.355)	7:59.178 (1:19.245)	9:17.984 (1:18.806)	10:36.379 (1:18.395)
	11:56.637 (1:20.258)	13:20.084 (1:23.447)	14:44.405 (1:24.321)	16:07.971 (1:23.566)
	17:34.981 (1:27.010)	19:01.254 (1:26.273)	20:30.062 (1:28.808)	21:59.534 (1:29.472)
	23:26.686 (1:27.152)	24:54.378 (1:27.692)	26:26.221 (1:31.843)	27:54.901 (1:28.680)
	29:24.001 (1:29.100)	30:50.498 (1:26.497)	32:19.491 (1:28.993)	33:46.827 (1:27.336)
	34:58.071 (1:11.244)			
11	Michaelson, Aidan	Grinnell	33:43.48	35:27.97
	1:20.800 (1:20.800)	2:41.565 (1:20.765)	4:00.715 (1:19.150)	5:19.798 (1:19.083)
	6:39.391 (1:19.593)	7:58.563 (1:19.172)	9:17.296 (1:18.733)	10:37.775 (1:20.479)
	12:00.315 (1:22.540)	13:22.890 (1:22.575)	14:45.682 (1:22.792)	16:07.618 (1:21.936)
	17:31.305 (1:23.687)	18:55.872 (1:24.567)	20:21.420 (1:25.548)	21:49.931 (1:28.511)
	23:18.145 (1:28.214)	24:48.809 (1:30.664)	26:19.532 (1:30.723)	27:46.643 (1:27.111)
	29:16.354 (1:29.711)	30:50.956 (1:34.602)	32:22.575 (1:31.619)	33:56.367 (1:33.792)
	35:27.968 (1:31.601)			
12	Manza, Sebastian	Grinnell	34:25.18	35:54.15
	1:22.247 (1:22.247)	2:46.051 (1:23.804)	4:08.566 (1:22.515)	5:30.708 (1:22.142)
	6:55.165 (1:24.457)	8:18.302 (1:23.137)	9:42.565 (1:24.263)	11:06.857 (1:24.292)
	12:30.065 (1:23.208)	13:55.248 (1:25.183)	15:20.863 (1:25.615)	16:46.861 (1:25.998)
	18:12.262 (1:25.401)	19:38.047 (1:25.785)	21:04.995 (1:26.948)	22:32.066 (1:27.071)
	23:58.643 (1:26.577)	25:25.714 (1:27.071)	26:50.918 (1:25.204)	28:20.627 (1:29.709)
	29:52.538 (1:31.911)	31:23.245 (1:30.707)	32:54.990 (1:31.745)	34:25.500 (1:30.510)
	35:54.150 (1:28.650)			
13	West, Owen	Lawrence	34:45.66	36:13.34
	1:21.237 (1:21.237)	2:41.716 (1:20.479)	4:01.050 (1:19.334)	5:20.308 (1:19.258)
	6:40.196 (1:19.888)	8:01.749 (1:21.553)	9:28.050 (1:26.301)	10:56.687 (1:28.637)
	12:21.927 (1:25.240)	13:49.774 (1:27.847)	15:16.399 (1:26.625)	16:40.453 (1:24.054)
	18:10.388 (1:29.935)	19:38.339 (1:27.951)	21:06.159 (1:27.820)	22:37.912 (1:31.753)
	24:12.102 (1:34.190)	25:44.396 (1:32.294)	27:16.125 (1:31.729)	28:44.797 (1:28.672)
	30:14.171 (1:29.374)	31:50.341 (1:36.170)	33:26.248 (1:35.907)	35:00.592 (1:34.344)
	36:13.337 (1:12.745)			

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14 Manoukis, Demos	Lake Forest	36:34.00	36:18.37		
1:21.935 (1:21.935)	2:46.148 (1:24.213)	4:10.127 (1:23.979)	5:36.712 (1:26.585)		
7:05.216 (1:28.504)	8:35.848 (1:30.632)	10:06.164 (1:30.316)	11:34.757 (1:28.593)		
13:03.087 (1:28.330)	14:32.033 (1:28.946)	16:00.490 (1:28.457)	17:29.695 (1:29.205)		
18:57.871 (1:28.176)	20:27.059 (1:29.188)	21:55.719 (1:28.660)	23:24.472 (1:28.753)		
24:52.115 (1:27.643)	26:19.224 (1:27.109)	27:46.379 (1:27.155)	29:11.275 (1:24.896)		
30:38.501 (1:27.226)	32:06.922 (1:28.421)	33:33.906 (1:26.984)	34:59.541 (1:25.635)		
36:18.365 (1:18.824)					
-- du Toit, Corne	Ripon	35:51.54	DNF		
1:21.646 (1:21.646)	2:45.972 (1:24.326)	4:09.849 (1:23.877)	5:36.622 (1:26.773)		
7:05.023 (1:28.401)	8:35.722 (1:30.699)	10:05.893 (1:30.171)	11:34.538 (1:28.645)		
13:06.870 (1:32.332)	14:38.978 (1:32.108)	16:11.087 (1:32.109)	17:43.178 (1:32.091)		
19:15.541 (1:32.363)	20:48.852 (1:33.311)	22:21.858 (1:33.006)	23:56.143 (1:34.285)		
25:30.147 (1:34.004)	27:06.532 (1:36.385)	28:43.589 (1:37.057)	30:21.541 (1:37.952)		
32:01.313 (1:39.772)	33:38.771 (1:37.458)	35:15.286 (1:36.515)	36:50.790 (1:35.504)		
-- Wall, Sawyer	Beloit	38:46.26	DNF		
1:18.502 (1:18.502)	2:41.998 (1:23.496)	4:07.691 (1:25.693)	5:36.228 (1:28.537)		
7:06.208 (1:29.980)	8:37.443 (1:31.235)	10:10.196 (1:32.753)	11:44.641 (1:34.445)		
13:18.592 (1:33.951)	14:52.941 (1:34.349)	16:28.723 (1:35.782)	18:04.118 (1:35.395)		
19:44.754 (1:40.636)	21:20.037 (1:35.283)	23:01.132 (1:41.095)			

Men 110 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Hernandez, Adam	Illinois College	14.86	15.07Q	1.6	2
2 Anderson, Jacob	Knox	15.66	15.76Q	0.3	1
3 Otis, Nathaniel	Beloit	15.84	15.69q	1.6	2
4 Ross, Payton	Lake Forest	16.00	15.92q	0.3	1
5 Leisher, Ilem	Grinnell	15.71	15.94q	1.6	2
6 Kato, Timo	Illinois College	16.37	16.16q	1.6	2
7 James, Xavier	Grinnell	16.24	16.31q	1.6	2
8 Phillips, Dorian	Ripon	16.07	16.38q	0.3	1
9 Ladage, Zak	Ripon	15.60	16.52	0.3	1
10 Schmotzer, Wallace	Cornell College	16.43	16.71	0.3	1
11 Stegall, Asa	Monmouth (Ill.)	16.83	16.83	1.6	2
-- Schomberg, Jacob	Grinnell	16.82	DQ	0.3	1 Hurdle Violat

Men 110 Meter Hurdles

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Hernandez, Adam	Illinois College	15.07	15.11	-0.2	10
2 Otis, Nathaniel	Beloit	15.69	15.67	-0.2	8
3 Anderson, Jacob	Knox	15.76	15.68	-0.2	6
4 Ross, Payton	Lake Forest	15.92	15.84	-0.2	5
5 Leisher, Ilem	Grinnell	15.94	15.85	-0.2	4
6 Kato, Timo	Illinois College	16.16	16.17	-0.2	3
7 James, Xavier	Grinnell	16.31	16.35	-0.2	2
-- Phillips, Dorian	Ripon	16.38	DQ	-0.2	Lane Viol.

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****Men 400 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Otis, Nathaniel	Beloit	52.89	54.34Q	2
2 Hernandez, Adam	Illinois College	56.20	55.70Q	1
3 James, Xavier	Grinnell	56.79	55.95q	1
4 Schmotzer, Wallace	Cornell College	59.43	57.70q	1
5 Anderson, Jacob	Knox	58.03	57.73q	2
6 Wilkins, Austin	Cornell College	59.38	57.92q	1
7 Ladage, Zak	Ripon	58.93	59.14q	2
8 Morse, Logan	Monmouth (Ill.)	1:00.90	59.35q	2
9 Barth, Nathan	Illinois College	1:00.32	59.91	2
10 Schomberg, Jacob	Grinnell	1:01.20	1:01.25	1
11 Stegall, Asa	Monmouth (Ill.)	1:02.84	1:02.42	2
12 Phillips, Dorian	Ripon	1:03.25	1:06.11	2
13 Foo, Liam	Lake Forest	1:02.59	1:08.23	1
14 Lungu, Matthew	Lake Forest	1:04.34	1:10.64	1

Men 400 Meter Hurdles

Name	Year School	Prelims	Finals	Points
Finals				
1 Otis, Nathaniel	Beloit	54.34	53.01	10
2 Hernandez, Adam	Illinois College	55.70	55.69	8
3 James, Xavier	Grinnell	55.95	56.14	6
4 Schmotzer, Wallace	Cornell College	57.70	57.61	5
5 Wilkins, Austin	Cornell College	57.92	58.18	4
6 Ladage, Zak	Ripon	59.14	58.53	3
7 Anderson, Jacob	Knox	57.73	1:00.22	2
8 Morse, Logan	Monmouth (Ill.)	59.35	1:01.63	1

Men 3000 Meter Steeplechase

Name	Year School	Seed	Finals	Points
1 Robinson, Luke	Grinnell	9:39.35	9:41.40	10
42.125 (42.125)	1:59.365 (1:17.240)	3:15.664 (1:16.300)	4:32.339 (1:16.675)	
5:48.318 (1:15.980)	7:06.083 (1:17.765)	8:25.304 (1:19.221)	9:41.391 (1:16.087)	
2 Schopen, Caleb	Cornell College	9:35.14	9:47.42	8
40.139 (40.139)	1:54.272 (1:14.134)	3:10.000 (1:15.728)	4:25.960 (1:15.960)	
5:42.945 (1:16.985)	7:02.202 (1:19.257)	8:25.009 (1:22.808)	9:47.419 (1:22.410)	
3 Boggs, Devin	Illinois College	10:13.59	9:52.22	6
42.503 (42.503)	1:59.540 (1:17.037)	3:16.443 (1:16.904)	4:33.114 (1:16.671)	
5:52.757 (1:19.643)	7:14.778 (1:22.022)	8:36.209 (1:21.431)	9:52.219 (1:16.010)	
4 Reemtsma, Max	Lawrence	10:10.84	9:52.85	5
42.857 (42.857)	2:01.520 (1:18.664)	3:19.986 (1:18.466)	4:40.119 (1:20.134)	
6:01.979 (1:21.860)	7:22.308 (1:20.330)	8:40.860 (1:18.552)	9:52.844 (1:11.985)	
5 Kuwaye, Christian	Ripon	9:49.91	9:57.02	4
41.752 (41.752)	1:59.291 (1:17.539)	3:16.084 (1:16.794)	4:32.679 (1:16.595)	
5:48.838 (1:16.160)	7:09.782 (1:20.944)	8:37.072 (1:27.291)	9:57.020 (1:19.948)	

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6	Hornby, Jaxon	Ripon	10:14.32	10:02.54	3
	41.950 (41.950)	1:59.343 (1:17.394)	3:17.474 (1:18.131)	4:37.639 (1:20.165)	
	5:59.424 (1:21.785)	7:20.937 (1:21.514)	8:42.552 (1:21.615)	10:02.532 (1:19.980)	
7	Hansen, Nick	Lawrence	10:19.09	10:04.59	2
	41.425 (41.425)	1:59.057 (1:17.632)	3:17.121 (1:18.065)	4:37.265 (1:20.145)	
	6:00.791 (1:23.526)	7:24.114 (1:23.324)	8:48.681 (1:24.567)	10:04.590 (1:15.910)	
8	Saloun, Jeremy	Ripon	10:00.05	10:12.13	1
	40.806 (40.806)	1:57.363 (1:16.558)	3:15.939 (1:18.576)	4:35.287 (1:19.348)	
	5:57.433 (1:22.147)	7:21.317 (1:23.885)	8:47.699 (1:26.382)	10:12.129 (1:24.430)	
9	Wetzel-Meehan, Ray	Lawrence	9:56.06	10:26.78	
	40.462 (40.462)	1:56.704 (1:16.243)	3:16.204 (1:19.500)	4:38.612 (1:22.409)	
	6:05.100 (1:26.488)	7:32.075 (1:26.975)	9:00.364 (1:28.290)	10:26.774 (1:26.410)	
10	Avila-Rubio, Fernando	Monmouth (Ill.)	10:26.54	10:40.70	
	42.670 (42.670)	2:00.702 (1:18.032)	3:18.596 (1:17.895)	4:40.934 (1:22.339)	
	6:06.894 (1:25.960)	7:36.154 (1:29.260)	9:09.425 (1:33.271)	10:40.692 (1:31.268)	
11	Williams, Carter	Grinnell	10:37.89	10:41.83	
	43.685 (43.685)	2:05.188 (1:21.504)	3:28.897 (1:23.709)	4:53.688 (1:24.792)	
	6:19.099 (1:25.411)	7:45.700 (1:26.601)	9:14.984 (1:29.285)	10:41.827 (1:26.843)	
12	Manza, Sebastian	Grinnell	10:39.89	10:42.50	
	44.126 (44.126)	2:07.637 (1:23.512)	3:32.700 (1:25.063)	4:58.587 (1:25.887)	
	6:25.635 (1:27.049)	7:52.945 (1:27.310)	9:18.242 (1:25.298)	10:42.494 (1:24.252)	
13	Ching, Tyler	Grinnell	10:45.31	10:44.76	
	45.049 (45.049)	2:08.108 (1:23.060)	3:32.288 (1:24.180)	4:57.437 (1:25.149)	
	6:24.347 (1:26.910)	7:51.966 (1:27.620)	9:19.214 (1:27.249)	10:44.757 (1:25.543)	
14	Rathmann, Cooper	Beloit	10:48.34	10:46.98	
	43.230 (43.230)	2:03.338 (1:20.109)	3:24.896 (1:21.558)	4:50.704 (1:25.809)	
	6:20.436 (1:29.732)	7:51.536 (1:31.100)	9:21.800 (1:30.265)	10:46.978 (1:25.179)	
15	Baquera, Adrian	Ripon	10:46.08	10:53.44	
	42.286 (42.286)	2:00.968 (1:18.683)	3:22.670 (1:21.702)	4:49.141 (1:26.471)	
	6:21.216 (1:32.075)	7:53.545 (1:32.330)	9:25.857 (1:32.313)	10:53.433 (1:27.576)	
16	Anderson, Elek	Lawrence	11:03.98	10:59.08	
	43.586 (43.586)	2:04.969 (1:21.384)	3:30.126 (1:25.157)	4:58.305 (1:28.180)	
	6:28.708 (1:30.404)	8:01.256 (1:32.548)	9:33.613 (1:32.358)	10:59.077 (1:25.465)	
17	Wiley, Luke	Cornell College	10:59.56	11:43.62	
	42.798 (42.798)	2:02.023 (1:19.225)	3:25.628 (1:23.605)	4:55.491 (1:29.863)	
	6:31.397 (1:35.906)	8:15.021 (1:43.625)	10:05.916 (1:50.895)	11:43.613 (1:37.698)	
--	Lashenik, Owen	Lake Forest	10:47.28	DNF	
	43.064 (43.064)	2:02.149 (1:19.085)	3:26.456 (1:24.307)		

Men 4x100 Meter Relay

School	Seed	Finals	Points
1 Illinois College	41.70	41.78	10
1) Saunders, Jaden			
3) Larson, Blake			
2 Cornell College	42.14	42.02	8
1) Hernandez, Dalles			
3) Meeker, Jensen			
3 Monmouth (Ill.)	41.89	42.14	6
1) York, Johnny			
3) Cherelus, Elijah			
4 Grinnell	42.73	42.33	5
1) Logue, Jake			
2) Miller, Jesse			

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3) Rathburn, Justin	4) Fadden, Lucas			
5 Lawrence	44.89	43.91	4	
1) Hagberg, Leo	2) Cross, Brendan			
3) Lubin, Nick	4) Zook, Tristan			
6 Knox	43.09	44.28	3	
1) Bolds, Jayvon	2) Anderson, Jacob			
3) Lautzenhiser, Ryan	4) King-Mills, Eusebio			
7 Lake Forest	43.87	44.88	2	
1) Ross, Payton	2) Williams, Jalen			
3) Nakamura, Shuntaro	4) Pavlov, Alex			
-- Ripon	41.63	DQ		
1) Vander Galien, Logan	2) Davies, Jacob			
3) Walker, Dameco	4) Cefalu, Jacoby			
-- Beloit	42.15	DQ		
1) Sumoaro, Ayoub	2) Atou, Alexandre			
3) Otis, Nathaniel	4) Yearby, Josh			

Men 4x400 Meter Relay

School	Seed	Finals	Points
1 Ripon	3:22.37	3:19.58	10
1) Davies, Jacob	2) Walker, Dameco		
3) Villanueva, Rainier	4) Bunders, Seth		
2 Monmouth (Ill.)	3:22.92	3:20.18	8
1) Patterson, Da'Von	2) Taylor, Janius		
3) Newton, Eli	4) Outlaw, Adrian		
3 Cornell College	3:21.10	3:20.69	6
1) Staker, Chase	2) McGuire, Jaxin		
3) Jacobs, Currey	4) Meeker, Jensen		
4 Illinois College	3:22.45	3:21.43	5
1) Cushman, Drew	2) Saunders, Jaden		
3) Hernandez, Adam	4) Doss, Dylan		
5 Beloit	3:21.04	3:21.91	4
1) Otis, Nathaniel	2) Zewdie, Israel		
3) Atou, Alexandre	4) Daniel, Kembre		
6 Lawrence	3:27.94	3:24.03	3
1) Zook, Tristan	2) Meyer, Zach		
3) Cross, Brendan	4) Luckett, Alex		
7 Grinnell	3:24.45	3:27.83	2
1) Glessner, Clay	2) Chestovich, Andy		
3) Pfister, Caden	4) O'Brien, Linus		
8 Lake Forest	3:26.63	3:34.17	1
1) Pavlov, Alex	2) Hewes, Austin		
3) Faiz, Ali	4) Francis, Ollie		
9 Knox	3:38.04	3:37.84	
1) King-Mills, Eusebio	2) Vazquez, A.J.		
3) Nakamichi, Arito	4) Djambazian, Chrisangel		

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Progressions:

Name	Year	School	Seed	Finals	Points
1 Novelle, Jack		Grinnell	1.92m	1.94m	6-04.25 10
1.66 1.71 1.76 1.81 1.86 1.91 1.94 1.97					
PPP PPP O O O O XXO XXX					
2 Claussen-Tubbs, Ike		Cornell College	1.85m	J1.94m	6-04.25 8
1.66 1.71 1.76 1.81 1.86 1.91 1.94 1.97					
PPP PPP O XO O O XXO XXX					
3 Morse, Logan		Monmouth (Ill.)	1.82m	1.91m	6-03.25 6
1.66 1.71 1.76 1.81 1.86 1.91 1.94					
PPP O O O XO O XXX					
4 Curry, Patrick		Monmouth (Ill.)	1.82m	J1.91m	6-03.25 5
1.66 1.71 1.76 1.81 1.86 1.91 1.94					
PPP O O O XO XXO XXX					
5 Hernandez, Adam		Illinois College	1.72m	1.86m	6-01.25 4
1.66 1.71 1.76 1.81 1.86 1.91					
O O XPP O O XXX					
6 Lins, Kyan		Ripon	1.80m	J1.86m	6-01.25 3
1.66 1.71 1.76 1.81 1.86 1.91					
PPP PPP PPP O XXO XXX					
7 Otis, Nathaniel		Beloit	1.80m	1.81m	5-11.25 2
1.66 1.71 1.76 1.81 1.86 1.91					
PPP O O XO PPP XXX					
8 Walker, Dameco		Ripon	1.82m	1.76m	5-09.25 0.50
1.66 1.71 1.76 1.81					
O XPP XO XXX					
8 Gustafson, James		Monmouth (Ill.)	1.72m	1.76m	5-09.25 0.50
1.66 1.71 1.76 1.81					
O XO XO XXX					
10 Bunders, Seth		Ripon	1.82m	1.71m	5-07.25
1.66 1.71 1.76					
O O XXX					
10 Trzebiatowski, Nick		Ripon	1.72m	1.71m	5-07.25
1.66 1.71 1.76					
O O XXX					
10 Zook, Tristan		Lawrence	1.81m	1.71m	5-07.25
1.66 1.71 1.76 1.81					
PPP O PPP XXX					
13 Reavis, Luke		Monmouth (Ill.)	1.77m	J1.71m	5-07.25
1.66 1.71 1.76					
XXO O XXX					
14 Reed, Jack		Grinnell		1.66m	5-05.25
1.66 1.71					
XXO XXX					
-- Hampton, Zion		Illinois College	1.70m	NH	
1.66					
XXX					

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Progressions:

Name	Year	School	Seed	Finals	Points
1 San Diego, Isaac		Ripon	4.32m	4.30m 14-01.25	10
2.95 3.10 3.25 3.40 3.55 3.70 3.85 4.00 4.10 4.20 4.30 4.40					
PPP PPP PPP PPP PPP OPP PPP OPP OPP PPP OPP X					
2 Bright, Matt		Monmouth (Ill.)	4.00m	3.85m 12-07.50	8
2.95 3.10 3.25 3.40 3.55 3.70 3.85 4.00 4.10					
PPP PPP PPP PPP XOP XOP XXO PPP XXX					
3 Rath, Sean		Ripon	3.43m	3.55m 11-07.75	6
2.95 3.10 3.25 3.40 3.55 3.70					
OPP OPP OPP XOP OPP XXX					
4 Norrbom, Werner		Lawrence	3.26m	3.40m 11-01.75	5
2.95 3.10 3.25 3.40 3.55					
PPP XOP XOP OPP XXX					
5 Grice, Lane		Monmouth (Ill.)	3.25m	3.25m 10-08.00	4
2.95 3.10 3.25 3.40					
OPP OPP OPP XXX					
6 Phillips, Dorian		Ripon	3.43m	J3.25m 10-08.00	3
2.95 3.10 3.25 3.40					
OPP XOP OPP XXX					
7 Dettmer, Caden		Illinois College	3.25m	3.10m 10-02.00	2
2.95 3.10 3.25 3.40					
OPP XOP XPP XXX					
8 Rathmann, Cooper		Beloit	3.13m	2.95m 9-08.00	1
2.95 3.10					
OPP XXX					
-- Fox, Cal		Beloit	3.43m	NH	
2.95					
XXX					

Men Long Jump

Top 9 Advance to Finals

Name	Year School					Seed	Finals	Wind	H# Points	
1 Walker, Dameco	Ripon					7.23m	7.47m	1.7	24-06.25	3 10
7.14m(1.3) 7.30m(+0.0) 7.32m(1.0) 5.32m(1.0) 7.47m(1.7) PASS										
2 Doss, Dylan	Illinois College					7.12m	7.27m	0.9	23-10.25	3 8
6.84m(2.0) 7.12m(2.0) 7.27m(0.9) 6.98m(-0.0) 7.04m(1.7) FOUL										
3 Beaty, Hadley	Cornell College					6.51m	7.08m	0.2	23-02.75	3 6
6.76m(1.0) 6.76m(1.3) 7.08m(0.2) 6.79m(NWI)										
4 Saunders, Jaden	Illinois College					6.53m	6.74m	1.5	22-01.50	3 5
6.74m(1.5) 6.64m(1.4) 6.43m(+0.0) 6.29m(-0.0) 6.45m(-0.0) 6.39m(-0.0)										
5 Zook, Tristan	Lawrence					6.26m	6.66m	0.5	21-10.25	2 4
6.44m(+0.0) 6.66m(0.5) FOUL 6.07m(-0.0) FOUL PASS										
6 Davies, Jacob	Ripon					6.57m	6.65m	1.5	21-10.00	3 3
6.23m(0.4) FOUL 6.65m(1.5) FOUL 6.23m(0.2) 6.48m(-0.0)										
7 Ruffin, Tashawn	Monmouth (Ill.)					6.45m	6.62m	1.7	21-08.75	3 2
6.49m(1.9) 6.41m(1.2) 6.62m(1.7) PASS PASS PASS										
8 York, Johnny	Monmouth (Ill.)					6.51m	6.57m	2.8	21-06.75	3 1
6.26m(1.6) 6.57m(2.8) 6.53m(+0.0) 6.35m(3.1) 6.28m(0.6) FOUL										
9 Miller, Jesse	Grinnell					6.54m	6.55m	1.1	21-06.00	3
6.44m(0.2) 6.31m(2.2) 6.55m(1.1) 6.43m(1.2) 6.51m(-0.0) FOUL										

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10	Vander Galien, Logan	Ripon	6.69m	6.54m	+0.0	21-05.50	3
	6.54m(+0.0) FOUL	6.48m(+0.0)					
11	Kollman, Jacob	Illinois College	6.29m	6.49m	1.7	21-03.50	2
	6.49m(1.7) 5.90m(0.9) 6.34m(0.9)						
12	Hernandez, Dalles	Cornell College	6.31m	6.43m	1.6	21-01.25	2
	FOUL 6.43m(1.6) 6.29m(1.5)						
13	Hagberg, Leo	Lawrence	6.27m	6.40m	2.7	21-00.00	2
	5.93m(0.5) 6.27m(1.3) 6.40m(2.7)						
14	Oliveira, Casey	Grinnell	6.28m	6.35m	1.8	20-10.00	2
	6.12m(+0.0) 6.31m(0.9) 6.35m(1.8)						
15	Sipes, Adam	Illinois College	6.30m	6.34m	1.3	20-09.75	2
	6.34m(1.3) 6.26m(1.1) 6.31m(1.3)						
16	Williams, Jalen	Lake Forest	6.00m	6.27m	1.7	20-07.00	1
	6.27m(1.7) 5.99m(0.2) 5.74m(1.3)						
17	Vazquez, A.J.	Knox	6.46m	6.26m	1.4	20-06.50	3
	6.25m(2.0) 6.26m(1.4) FOUL						
18	Crims, Payton	Monmouth (Ill.)	6.41m	6.25m	0.9	20-06.25	2
	5.77m(0.7) 5.95m(1.3) 6.25m(0.9)						
19	Arhebun, Drew	Beloit	6.13m	6.20m	1.3	20-04.25	1
	6.20m(1.3) 6.02m(1.2) 6.11m(+0.0)						
20	Zewdie, Israel	Beloit	6.30m	6.16m	1.0	20-02.50	2
	6.05m(1.8) 6.16m(1.0) 5.77m(0.2)						
21	Trzebiatowski, Nick	Ripon	6.32m	6.10m	0.9	20-00.25	2
	6.10m(0.9) FOUL 5.82m(2.0)						
22	Soivilien, Kevins	Monmouth (Ill.)	6.23m	6.05m	1.7	19-10.25	1
	FOUL 6.03m(0.2) 6.05m(1.7)						
23	Pavlov, Alex	Lake Forest		5.86m	+0.0	19-02.75	1
	5.35m(1.3) 5.57m(0.9) 5.86m(+0.0)						
24	Talty, Ryan	Lake Forest		5.81m	0.5	19-00.75	1
	5.81m(0.3) 5.81m(0.5) 5.40m(+0.0)						
25	Upadhyay, Prince	Beloit	5.76m	5.55m	0.7	18-02.50	1
	5.55m(0.7) 5.05m(1.1) FOUL						
26	Foo, Liam	Lake Forest	5.31m	5.50m	2.9	18-00.50	1
	5.50m(2.9) 5.46m(0.7) FOUL						
27	Wallace, Christian	Knox	4.07m	3.96m	1.7	13-00.00	1
	3.96m(1.7) 3.94m(1.1) 3.91m(0.3)						

Men Triple Jump

Top 9 Advance to Finals

Name	Year	School	Seed	Finals	Wind	H#	Points
1 Walker, Dameco		Ripon	14.80m	14.38m	0.3	47-02.25	2 10
		13.85m(+0.0) 14.38m(0.3) PASS					
2 Ruffin, Tashawn		Monmouth (Ill.)	14.28m	13.86m	0.3	45-05.75	2 8
		13.86m(0.3) PASS PASS					
3 Hagberg, Leo		Lawrence	13.52m	13.80m	1.3	45-03.50	2 6
		13.36m(0.1) FOUL 13.80m(1.3)					
4 Vander Galien, Logan		Ripon	12.48m	13.70m	1.7	44-11.50	1 5
		FOUL 13.32m(1.3) PASS 12.70m(1.1) PASS 13.70m(1.7)					
5 Vazquez, A.J.		Knox	13.51m	13.38m	0.7	43-10.75	2 4
		12.65m(0.4) 13.03m(0.3) 13.38m(0.7)					
6 Kollman, Jacob		Illinois College	13.54m	13.30m	0.2	43-07.75	2 3
		13.30m(0.2) FOUL FOUL					

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7	Talty, Ryan	Lake Forest	12.87m	13.24m	2.0	43-05.25	2	2
	13.24m(2.0)	12.87m(0.8)	FOUL					
8	Schmotzer, Wallace	Cornell College	12.69m	12.81m	1.5	42-00.50	1	1
	12.57m(1.0)	12.81m(1.5)	FOUL	PASS	PASS	12.48m(0.4)		
9	Vasquez, Dario	Ripon	12.44m	12.78m	1.8	41-11.25	1	
	11.73m(0.2)	12.53m(1.7)	12.78m(1.5)	12.42m(1.2)	12.51m(2.5)	12.78m(1.8)		
10	Oliveira, Casey	Grinnell	13.23m	12.77m	1.2	41-10.75	2	
	12.59m(1.9)	12.77m(1.2)	12.64m(0.1)					
11	Zewdie, Israel	Beloit	12.60m	12.33m	1.1	40-05.50	1	
	FOUL	12.27m(0.3)	12.33m(1.1)					
12	Saunders, Jaden	Illinois College	12.68m	12.33m	0.4	40-05.50	1	
	12.33m(0.4)	12.18m(+0.0)	PASS					
13	Platre, Niko	Cornell College	12.46m	12.32m	0.7	40-05.00	1	
	12.32m(0.7)	12.21m(1.2)	12.28m(0.9)					
14	Trzebiatowski, Nick	Ripon	12.88m	12.02m	0.4	39-05.25	2	
	11.60m(1.4)	12.02m(0.4)	FOUL					

Men Shot Put

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Top 9 Advance to Finals								
	Name	Year	School		Seed	Finals	H#	Points
=====								
1	Kasemervisz, Michael		Lake Forest		14.92m	15.40m	50-06.25	3 10
	15.14m	14.83m	14.38m	14.96m	14.76m	15.40m		
2	Hernandez, Saul		Illinois College		14.52m	15.17m	49-09.25	3 8
	14.75m	FOUL	15.17m	14.37m	FOUL	FOUL		
3	Martinez Marte, Joshua		Beloit		14.90m	14.97m	49-01.50	3 6
	13.97m	14.97m	14.35m	14.39m	14.45m	FOUL		
4	Picard, Braedy		Ripon		14.75m	14.32m	46-11.75	3 5
	11.70m	14.32m	14.11m	14.06m	14.03m	FOUL		
5	Bryant, Gunner		Monmouth (Ill.)		13.78m	14.14m	46-04.75	3 4
	13.41m	13.37m	14.14m	13.62m	13.78m	FOUL		
6	Anderson, Shane		Monmouth (Ill.)		14.26m	14.12m	46-04.00	3 3
	13.48m	14.12m	13.99m	13.79m	13.66m	13.92m		
7	Hanson, Noah		Ripon		14.72m	14.03m	46-00.50	3 2
	14.03m	FOUL	FOUL	13.36m	FOUL	FOUL		
8	Immel, Brady		Ripon		13.29m	13.26m	43-06.00	2 1
	FOUL	13.26m	FOUL	FOUL	FOUL	FOUL		
9	Orwig, Blake		Monmouth (Ill.)		14.37m	13.23m	43-05.00	3
	13.23m	FOUL	13.23m	FOUL	FOUL	FOUL		
10	Williams, Brody		Cornell College		13.34m	13.07m	42-10.75	2
	13.07m	12.18m	FOUL					
11	Rodgers, Deon		Illinois College		14.53m	13.05m	42-09.75	3
	12.90m	12.84m	13.05m					
12	Moushon, Xander		Illinois College		12.98m	12.75m	41-10.00	2
	FOUL	FOUL	12.75m					
13	Bahu, Michael		Cornell College		12.93m	12.64m	41-05.75	2
	12.01m	11.67m	12.64m					
14	Yelkin, Nicholas		Cornell College		12.45m	12.62m	41-05.00	2
	12.03m	12.00m	12.62m					
15	Hodge, Melvin		Illinois College		13.17m	12.60m	41-04.25	2
	12.47m	FOUL	12.60m					
16	Krowas, Pierce		Ripon		12.98m	12.43m	40-09.50	2
	10.94m	12.01m	12.43m					

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17	Anderson, Isaac	Monmouth (Ill.)	11.90m	12.31m	40-04.75	1
	FOUL 12.31m FOUL					
18	Clawson, Ian	Grinnell	12.88m	12.16m	39-10.75	2
	11.32m 11.87m 12.16m					
19	Elisme, Colson	Knox	12.68m	12.01m	39-05.00	2
	11.62m 12.01m 11.76m					
20	Dewar, Raymond	Beloit	12.22m	11.96m	39-03.00	1
	11.96m 10.61m 11.75m					
21	Leopoldo, Caleb	Grinnell	11.92m	11.85m	38-10.50	1
	11.33m 11.48m 11.85m					
22	Robinson, Jermaine	Lake Forest	11.33m	11.05m	36-03.00	1
	FOUL 10.96m 11.05m					
23	Arocho, JC	Lawrence	10.62m	10.61m	34-09.75	1
	FOUL 10.61m 10.19m					
23	Slatter, Cooper	Beloit	10.46m	10.61m	34-09.75	1
	10.61m 10.35m 9.47m					
25	McLaughlin, Jack	Lawrence	11.21m	10.35m	33-11.50	1
	10.35m 10.24m FOUL					
26	James, Rodney	Lake Forest	8.71m	9.00m	29-06.50	1
	FOUL 8.10m 9.00m					

Men Discus Throw

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Top 9 Advance to Finals

	Name	Year	School	Seed	Finals	H#	Points
=====							
1	Martinez Marte, Joshua		Beloit	44.81m	46.68m	153-02	3 10
	44.22m 45.41m 42.72m 45.76m 44.46m 46.68m						
2	Rodgers, Deon		Illinois College	45.23m	45.71m	150-00	3 8
	41.94m 45.71m 43.08m 45.35m FOUL 45.48m						
3	Anderson, Shane		Monmouth (Ill.)	45.10m	43.60m	143-00	3 6
	41.59m 43.60m FOUL 40.34m 41.00m 41.47m						
4	Moreno, Michael		Monmouth (Ill.)	38.29m	42.03m	137-11	2 5
	FOUL 42.03m 41.07m FOUL FOUL 40.63m						
5	Bryant, Gunner		Monmouth (Ill.)	43.65m	41.91m	137-06	3 4
	41.91m 39.08m 40.73m 41.55m FOUL 40.08m						
6	Immel, Brady		Ripon	46.62m	41.12m	134-11	3 3
	41.05m FOUL FOUL 37.00m 41.12m 39.61m						
7	Williams, Brody		Cornell College	40.06m	40.96m	134-04	2 2
	40.96m FOUL FOUL 35.41m 37.96m 33.99m						
8	Elisme, Colson		Knox	37.88m	40.05m	131-05	2 1
	36.45m FOUL 40.05m 35.16m FOUL FOUL						
9	Kasemervisz, Michael		Lake Forest	36.94m	38.84m	127-05	2
	36.58m 38.84m 37.20m 37.56m 37.35m 38.44m						
10	Schnetzler, Jeff		Monmouth (Ill.)	42.07m	38.64m	126-09	3
	38.14m 37.42m 38.64m						
11	Bell, Jake		Grinnell	47.59m	38.42m	126-00	3
	FOUL FOUL 38.42m						
12	Hanson, Noah		Ripon	40.24m	38.19m	125-03	2
	38.19m 37.50m FOUL						
13	Clawson, Ian		Grinnell	44.62m	38.06m	124-10	3
	36.31m 38.06m 37.03m						
14	Picard, Braedy		Ripon	39.42m	35.97m	118-00	2
	35.97m FOUL FOUL						

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****....Men Discus Throw**

15 Krowas, Pierce	Ripon	41.25m	35.73m	117-03	3
FOUL 35.73m FOUL					
16 Martin, Griffin	Illinois College	38.81m	35.49m	116-05	2
FOUL 33.48m 35.49m					
17 Brennan, Oleg	Grinnell	41.09m	34.31m	112-07	3
34.31m FOUL FOUL					
18 Yelkin, Nicholas	Cornell College	34.09m	34.26m	112-05	1
32.81m 34.26m 32.07m					
19 Leonard, Rory	Grinnell	32.99m	34.04m	111-08	1
34.04m 30.52m 32.92m					
20 Dewar, Raymond	Beloit	34.88m	33.89m	111-02	1
33.89m 32.72m 32.48m					
21 Bahu, Michael	Cornell College	32.10m	33.31m	109-03	1
32.85m 33.31m 32.24m					
22 Atkins, Robert	Cornell College	33.35m	32.68m	107-03	1
FOUL 32.68m 30.21m					
23 Slatter, Cooper	Beloit	30.19m	30.93m	101-06	1
29.76m 30.93m 29.38m					
24 Dzolic, Stevan	Knox	32.27m	30.40m	99-09	1
28.57m 30.40m FOUL					
25 Arocho, JC	Lawrence	30.47m	28.48m	93-05	1
28.48m FOUL FOUL					
26 McLaughlin, Jack	Lawrence	33.50m	27.63m	90-08	1
27.63m FOUL FOUL					
-- Russell, Kyle	Illinois College	39.57m	FOUL		2
FOUL FOUL FOUL					
-- Hodge, Josh	Illinois College	38.99m	FOUL		2
FOUL FOUL FOUL					
-- Phillips, Ian	Beloit	35.61m	FOUL		2
FOUL FOUL FOUL					

Men Hammer Throw**Top 9 Advance to Finals**

Name	Year	School	Seed	Finals	H#	Points
1 Anderson, Shane		Monmouth (Ill.)	54.26m	55.61m	182-05	3 10
55.61m 53.11m 53.76m 55.22m 55.59m 54.46m						
2 Clawson, Ian		Grinnell	53.36m	52.86m	173-05	3 8
49.34m 52.79m 51.47m 48.76m 48.88m 52.86m						
3 Hodge, Melvin		Illinois College	52.38m	51.88m	170-02	3 6
47.66m 50.48m 51.09m FOUL FOUL 51.88m						
4 Moushon, Xander		Illinois College	47.69m	49.71m	163-01	3 5
47.18m 46.11m 48.38m FOUL 47.15m 49.71m						
5 Williams, Brody		Cornell College	46.14m	49.64m	162-10	3 4
FOUL 49.64m 43.87m FOUL FOUL 45.43m						
6 Rodgers, Deon		Illinois College	47.87m	49.44m	162-02	3 3
44.87m 48.48m 47.50m 49.44m FOUL 48.31m						
7 Orwig, Blake		Monmouth (Ill.)	47.28m	48.41m	158-10	3 2
45.90m 45.71m 48.28m 47.71m FOUL 48.41m						
8 Bryant, Gunner		Monmouth (Ill.)	47.54m	45.33m	148-09	3 1
43.71m 44.80m FOUL FOUL 45.33m 43.79m						
9 McLaughlin, Jack		Lawrence	42.80m	45.09m	147-11	2
45.09m 44.89m 44.11m 39.14m 44.83m FOUL						

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****....Men Hammer Throw**

10 Krowas, Pierce	Ripon	42.98m	44.38m	145-07	2
FOUL FOUL 44.38m					
11 Yelkin, Nicholas	Cornell College	42.39m	43.54m	142-10	2
FOUL 43.54m 41.91m					
12 Picard, Braedy	Ripon	39.48m	42.70m	140-01	2
39.71m 42.70m 40.54m					
13 Martin, Griffin	Illinois College	41.87m	42.41m	139-02	2
42.41m FOUL FOUL					
14 Bahu, Michael	Cornell College	42.09m	42.06m	138-00	2
42.06m FOUL 41.58m					
15 Moreno, Michael	Monmouth (Ill.)	42.47m	42.05m	137-11	2
40.51m 42.05m FOUL					
16 Martinez Marte, Joshua	Beloit	45.99m	42.03m	137-11	3
FOUL FOUL 42.03m					
17 Brennan, Oleg	Grinnell	37.84m	40.12m	131-07	1
FOUL 40.12m 38.65m					
18 Hanson, Noah	Ripon	39.42m	39.86m	130-09	1
39.86m 39.53m FOUL					
19 Phillips, Ian	Beloit	42.62m	39.17m	128-06	2
FOUL 39.17m FOUL					
20 Elisme, Colson	Knox	37.79m	36.40m	119-05	1
36.40m 34.74m 34.03m					
21 Blatchley, Jacob	Ripon	36.85m	34.94m	114-07	1
33.94m 34.94m FOUL					
22 Leopoldo, Caleb	Grinnell	33.46m	34.79m	114-02	1
33.49m 34.79m 33.49m					
23 Leonard, Rory	Grinnell	37.35m	33.97m	111-05	1
33.97m FOUL 32.06m					
24 Slatter, Cooper	Beloit	32.22m	33.82m	110-11	1
32.62m 33.82m 33.77m					
25 Cernich, Austin	Knox	26.20m	25.96m	85-02	1
FOUL 25.07m 25.96m					
-- Dzolic, Stevan	Knox	45.62m	FOUL		2
FOUL FOUL FOUL					

Men Javelin Throw

Top 9 Advance to Finals

Name	Year	School	Seed	Finals	H#	Points
1 Hutson, Colton		Monmouth (Ill.)	51.52m	52.11m	170-11	2 10
46.80m 47.03m 48.79m 47.45m 47.33m 52.11m						
2 Bell, Jake		Grinnell	48.44m	50.05m	164-02	2 8
45.78m 46.42m 50.05m FOUL FOUL FOUL						
3 Flores, Mark		Illinois College	46.43m	48.15m	158-00	2 6
41.77m 46.24m 45.56m 44.93m 45.48m 48.15m						
4 Reavis, Luke		Monmouth (Ill.)	44.58m	45.77m	150-02	2 5
43.55m 37.61m 45.77m 41.98m 42.20m FOUL						
5 Platre, Niko		Cornell College	39.33m	45.23m	148-05	2 4
41.74m 39.10m 45.23m 39.49m 41.50m 42.22m						
6 Bryant, Gunner		Monmouth (Ill.)		43.89m	144-00	1 3
37.74m 39.41m 43.89m FOUL FOUL FOUL						
7 Eggert, Will		Lawrence	51.56m	42.56m	139-07	2 2
FOUL 37.03m 42.56m FOUL FOUL FOUL						

2025 Midwest Conference Championship - 5/9/2025 to 5/10/2025**Live Results posted on Results.AdkinsTrak.com****Lawrence University****Results****....Men Javelin Throw**

8	Strutzel, Ethan	Knox	46.54m	42.21m	138-06	2	1
	38.84m 39.69m 42.21m 40.12m 40.89m 41.16m						
9	Leonard, Rory	Grinnell	44.88m	41.51m	136-02	2	
	41.51m FOUL FOUL FOUL 39.85m FOUL						
10	Dettmer, Caden	Illinois College	40.48m	40.41m	132-07	2	
	36.91m 39.48m 40.41m						
11	Krowas, Pierce	Ripon	37.75m	40.21m	131-11	1	
	38.32m 40.21m FOUL						
12	Brennan, Oleg	Grinnell	42.58m	38.77m	127-02	2	
	38.77m 37.33m FOUL						
13	Martin, Griffin	Illinois College	38.96m	37.99m	124-08	1	
	FOUL 37.04m 37.99m						
14	Timmer, Dylan	Knox	37.44m	37.80m	124-00	1	
	37.80m 36.87m 32.32m						
15	Delaney, Cole	Grinnell	38.10m	37.78m	123-11	1	
	FOUL FOUL 37.78m						
16	Wallace, Christian	Knox	33.96m	33.50m	109-11	1	
	29.34m 33.50m FOUL						
17	Hagberg, Leo	Lawrence	34.37m	33.24m	109-01	1	
	FOUL 33.24m 33.21m						
18	Cernich, Austin	Knox	33.48m	31.37m	102-11	1	
	FOUL 31.37m FOUL						
19	Moreno, Michael	Monmouth (Ill.)	30.93m	30.84m	101-02	1	
	26.62m 30.84m FOUL						
--	Ian, Thomas	Beloit	33.77m	FOUL		1	
	FOUL FOUL FOUL						
--	Phillips, Ian	Beloit	35.16m	FOUL		1	
	FOUL FOUL FOUL						
--	Borntreger, Brady	Illinois College	44.31m	FOUL		2	
	FOUL FOUL FOUL						

 Women - Team Rankings - 20 Events Scored

1) Illinois College	139	2) Ripon	134.50
3) Monmouth (Ill.)	131	4) Grinnell	120
5) Cornell College	98	6) Lawrence	76
7) Beloit	37	8) Lake Forest	29
9) Knox	15.50		

 Men - Team Rankings - 20 Events Scored

1) Monmouth (Ill.)	135.50	2) Ripon	131.50
3) Cornell College	126	4) Illinois College	125
5) Grinnell	93	6) Lawrence	57
7) Beloit	49	8) Knox	31
9) Lake Forest	30		