

Midwest Conference Indoor Championships - 2/24/2023 to 2/25/2023

Track & Field Championships

Illinois College

Results - Day 1

Event 2 Men 5000 Meter Run

Name	School	Finals
Finals		
1 Goodell, Brian	Grinnell	15:08.75
2 Declene, Jonah	Ripon	15:10.48
3 Ramsey, Bradley	Grinnell	15:11.45
4 Forstner, Sam	Ripon	15:20.54
5 Seeber, Matt	Ripon	15:29.05
6 Lutzke, Noah	Cornell Coll	15:45.15
7 Bilske, Tyler	Cornell Coll	15:50.94
8 Bruce, Adam	Lawrence	15:56.58
9 Baquera, Adrian	Ripon	16:00.62
10 Miller, John	Grinnell	16:12.30
11 Callahan, Brodie	Cornell Coll	16:14.02
12 Boggs, Devin	Illinois Col	16:24.85
13 Krysan, Mark	Grinnell	16:34.02
14 Bojdak-Yates, Itai	Lawrence	16:37.71
15 Chesnut, Ethyn	Cornell Coll	16:44.03
16 Fulgencio, Eduardo	Illinois Col	16:52.08
17 Hannig, Nick	Illinois Col	16:53.08
18 Myatt, Connor	Lawrence	17:02.52
19 West, Owen	Lawrence	17:24.76
20 McAuliffe, Spencer	Illinois Col	18:29.46
21 Schoon, Henry	Beloit	20:32.91
22 Eichfeld, Owen	Beloit	21:36.22

Event 6 Women 1600 Sprint Medley

Team	Relay	Finals
Finals		
1 Ripon		4:21.99
1) Erickson, Jenna	2) Gray, Kynaeda	
3) Rahn, Payton	4) Cortes, Jenny	
2 Cornell College		4:22.37
1) Mar, Caitlyne	2) Cotton, Olivia	
3) Brown, Sidney	4) Koppes, Alyza	
3 Grinnell		4:26.97
1) Edassery, Sonia	2) Crowe, Maile	
3) Frasca, Athena	4) Kaczmarczyk, Crystal	
4 Lawrence		4:32.91
1) Sugiyama, Emily	2) Cross, Morgan	
3) Onukaogu, Faith	4) Bodnar, Lilia	
5 Beloit		4:36.24
1) Royster, Darcel	2) Boyance, T'Aira	
3) McMahon, Montana	4) Mosquera, Jade	
6 Monmouth (Ill.)		4:40.30
1) Rusk, Maddie	2) Celus, Ally	
3) Engst, Carina	4) Eaton, Lindsay	
7 Illinois College		4:47.87
1) Dixon, Ronnautica	2) Jones, Fynesse	
3) Wessel, Gretchen	4) Orrick, Ashley	
8 Lake Forest		4:57.44
1) Jones, AJ	2) Ristic-Tesanovic, Angelina	
3) Han, Jacquelyn	4) Jorgensen, Delfina	

Event 5 Men 1600 Sprint Medley

Team	Relay	Finals
Finals		
1 Ripon		3:38.16
1) Walker, Dameco	2) Bryant, Max	
3) Manning, Finley	4) Jumbeck, Jacob	
2 Monmouth (Ill.)		3:38.98
1) Curry, Patrick	2) Bernas, Riley	
3) Brock, Alexander	4) Newton, Eli	
3 Cornell College		3:40.33
1) Platre, Niko	2) Greiner, Doniel	
3) Soukup, Gavin	4) Isaacson, Fisher	
4 Grinnell		3:40.94
1) Hiser, Alexander	2) Fadden, Lucas	
3) Fuller, Andrew	4) Cantor, Micah	
5 Lawrence		3:51.01
1) Zook, Tristan	2) Watson, Jaydon	
3) Jackson, Marcus	4) Thorson, Bergen	
6 Beloit		3:53.32
1) DeGeorge, Daniel	2) Otis, Nathaniel	
3) Atou, Alexandre	4) Joly, Brandon	
7 Illinois College		3:57.01
1) Rodriguez, Aaron	2) Little, Kyle	
3) Casseus, Raymond	4) Dettmer, Caden	
8 Lake Forest		3:57.69
1) Forrest, Tucker	2) Khalid, Rayan	
3) Zimbelman, Ido	4) Whitehead, Lionel	
9 Knox		4:03.56
1) Kishi, Brian	2) Dicko, Hadam	
3) Anderson, Jacob	4) La Prad, Noah	

Event 1 Women 5000 Meter Run

Name	School	Finals
Finals		
1 Flyte, Mikayla	Ripon	17:50.74
2 Miyamoto, Keely	Grinnell	17:58.00
3 Lammers, Katie	Cornell Coll	18:14.96
4 Winebrenner, Riley	Lawrence	18:19.05
5 Denamur, Ali	Ripon	18:36.42
6 Schaefer, Emma	Grinnell	19:01.19
7 Frodl, Edythmae	Lawrence	19:06.09
8 Diamond-Berman, Mira	Grinnell	19:20.10
9 Mosconi, Angela	Ripon	19:25.16
10 Foster, Althea	Lawrence	19:27.59
11 Haider, Aasma	Lawrence	20:27.85
12 Ford, Sophia	Grinnell	20:34.69
13 De Montigny, Simone	Beloit	21:03.15
14 Jormanainen, Annina	Beloit	22:11.52
15 Hampton-Gregory, Atlas	Lake Forest	25:12.26
16 Tolu-Honary, Mina	Beloit	26:01.42

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Track & Field Championships

Illinois College

Results - Day 1

Event 9 Women 60 Meter Hurdles

Name	School	Prelims
Preliminaries		
1 McAllister, Natalie	Cornell Coll	9.02q
2 Miller, Olivia	Ripon	9.28q
3 Carolan, Hailey	Cornell Coll	9.83q
4 Hilmes, Kristina	Illinois Col	9.86q
5 Yank, Irene	Lawrence	10.02q
6 Paquin, Claire	Lawrence	10.29q
7 Flesch, Caroline	Ripon	10.49q
8 Staker, Sadie	Grinnell	10.58q
9 Zendejas, Mariana	Lawrence	10.62
10 Han, Jacquelyn	Lake Forest	10.71
11 Shafar, Megan	Knox	11.88
12 Clay, Ally	Monmouth (Il	12.11
13 Lepper, Meredith	Knox	12.39
14 Delgadillo, Serena	Knox	12.67

Event 10 Men 60 Meter Hurdles

Name	School	Prelims
Preliminaries		
1 Wosmek, Nate	Ripon	8.95q
2 Otis, Nathaniel	Beloit	9.10q
3 Schneider, Greyson	Lawrence	9.38q
4 Lee, Jackson	Illinois Col	9.39q
5 Phillips, Dorian	Ripon	9.41q
6 Brauman, Braeden	Monmouth (Il	9.46q
7 Soutsos, Peter	Monmouth (Il	9.47q
8 James, Xavier	Grinnell	9.49q
9 Mendola, Noah	Grinnell	9.64
10 Centeno, Darnell	Knox	9.94
11 Coon, Jake	Cornell Coll	10.09
12 Telschow, Oscar	Ripon	10.88

Event 11 Women 60 Meter Dash

Name	School	Prelims
Preliminaries		
1 Carchidi, Eva	Grinnell	8.04q
2 McDonald, Jordyn	Beloit	8.08q
3 McAllister, Natalie	Cornell Coll	8.09q
4 Sifuentez-Lewis, Marissa	Illinois Col	8.15q
5 Villarreal, Alyssa	Monmouth (Il	8.17q
6 Jones, AJ	Lake Forest	8.19q
7 Balfour, Peyton	Knox	8.19q
8 Erickson, Jenna	Ripon	8.38q
9 Cross, Morgan	Lawrence	8.44
10 Mar, Caitlyne	Cornell Coll	8.49
11 Damste, Candis	Beloit	8.51
12 Royster, Darcel	Beloit	8.53
13 Hursey, Miranda	Monmouth (Il	8.54
14 Anderson, Lauren	Monmouth (Il	8.62
15 Simao, McKayla	Beloit	8.94
16 Demeuse, Greta	Ripon	9.01
17 Vega Juarez, Itzel	Lawrence	9.05

18 Ristic-Tesanovic, Angelina	Lake Forest	9.13
19 Di Prizio, Gisella	Lake Forest	9.60
20 Natalie, Alexandra	Grinnell	9.93

Event 12 Men 60 Meter Dash

Name	School	Prelims
Preliminaries		
1 Jackson, Derrick	Knox	6.80q
2 Bailey, Jonathan	Knox	6.92q
3 Fadden, Lucas	Grinnell	7.02q
4 Ditsworth, Luke	Monmouth (Il	7.07q
5 Vander Galien, Logan	Ripon	7.10q
6 Joseph, Ajani	Beloit	7.14q
7 Hiser, Alexander	Grinnell	7.15q
8 Jachimiec, Luke	Monmouth (Il	7.16q
9 Fisher, Ben	Ripon	7.21
10 Cefalu, Jacoby	Ripon	7.23
11 Ballman, Kendall	Knox	7.28
12 Platre, Niko	Cornell Coll	7.28
13 Slater, Tracy	Illinois Col	7.31
14 Weddington, Miles	Illinois Col	7.35
15 Johnson, Seth	Monmouth (Il	7.42
16 Bernas, Riley	Monmouth (Il	7.45
17 Greiner, Doniel	Cornell Coll	7.46
18 Martin, Ahmasi	Beloit	7.46
19 Bryant, Max	Ripon	7.48
20 Robinson, Jermaine	Lake Forest	7.49
21 Fitzgerald, Keaton	Grinnell	7.50
22 Tyson, Trentyn	Lake Forest	7.54
23 Wright, Mason	Lake Forest	7.55
24 DeGeorge, Daniel	Beloit	7.60
25 Alade, Michael	Lake Forest	7.69
26 Reyes, Will	Grinnell	7.72
27 Arhebun, Drew	Beloit	8.21
--- Pierce, Tyrell	Knox	FS

Event 15 Women 1 Mile Run

Name	School	Finals
Finals		
1 Oliver, Cristyn	Lawrence	5:15.33
2 Pakosz, Natalie	Ripon	5:21.48
3 Roark, Hannah	Grinnell	5:29.03
4 Willett, Isabelle	Ripon	5:29.88
5 Krell, Berkeley	Lawrence	5:31.59
6 Taylor, Madeline	Lawrence	5:34.17
7 Kaczmarczyk, Crystal	Grinnell	5:36.81
8 Crow, Autumn	Knox	5:38.47
9 Karow, Morgan	Grinnell	5:38.73
10 Engebretson, Grace	Ripon	5:45.41
11 Charron, Grace	Grinnell	6:01.02
12 Browne, Carter	Beloit	6:03.54
13 Ascher-Handlin, Elinor	Cornell Coll	6:07.13
14 Peters, Claire	Illinois Col	6:21.76
15 Mercado-Ramos, Kairy	Illinois Col	6:21.92
16 Czauderna, Amy	Lake Forest	6:39.50

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Results - Day 1

Finals ... (Event 15 Women 1 Mile Run)

	Name	School	Finals
17	Drake, Ashley	Illinois Col	6:50.92
---	Orrick, Ashley	Illinois Col	DNF
---	Jorgensen, Delfina	Lake Forest	DNF

Event 16 Men 1 Mile Run

	Name	School	Finals
Finals			
1	Villanueva, Rainier	Ripon	4:18.88
2	Soda, Gabe	Cornell Coll	4:19.86
3	Kuwaye, Christian	Ripon	4:23.98
4	Miller, Lance	Knox	4:25.84
5	Robinson, Luke	Grinnell	4:26.45
6	Heagy, Connor	Grinnell	4:26.65
7	Nickeson, Andrew	Grinnell	4:28.94
8	Detmer, Will	Illinois Col	4:29.80
9	Coble, Thomas	Cornell Coll	4:29.90
10	Melin, Steven	Illinois Col	4:39.76
11	Hutchings, Isaak	Cornell Coll	4:40.07
12	Wetzel-Meehan, Ray	Lawrence	4:47.99
13	Horn, Kyle	Knox	5:00.12
14	Ching, Tyler	Grinnell	5:06.86
15	Roberts, Gabe	Illinois Col	5:08.52
16	Varnum, Elliott	Knox	5:11.97
17	Cortinas, Aiden	Beloit	5:12.11
18	Warhausen, Connor	Illinois Col	5:39.95

Event 4 Women 4x200 Meter Relay

	Team	Relay	Finals
Finals			
1	Beloit		1:47.30
	1) McDonald, Jordyn	2) Furch, Alayna	
	3) Boyance, T'Aira	4) Damste, Candis	
2	Grinnell		1:48.56
	1) Edassery, Sonia	2) Taylor, Ava	
	3) Crowe, Maile	4) Frasca, Athena	
3	Illinois College		1:49.00
	1) Periman, Kylie	2) Sifuentez-Lewis, Marissa	
	3) Benson, Madeline	4) Hilmes, Kristina	
4	Ripon		1:50.13
	1) Erickson, Jenna	2) Rahn, Payton	
	3) Gray, Kynaeda	4) Miller, Olivia	
5	Cornell College		1:50.88
	1) Brown, Sidney	2) Mar, Caitlyne	
	3) Cotton, Olivia	4) Carolan, Hailey	
6	Monmouth (Ill.)		1:51.97
	1) Villarreal, Alyssa	2) Turner, Linsey	
	3) Celus, Ally	4) Rusk, Maddie	
7	Lawrence		1:52.86
	1) Cross, Morgan	2) Paquin, Claire	
	3) Yank, Irene	4) Sugiyama, Emily	
8	Knox		1:54.90
	1) Balfour, Peyton	2) Beaman, Kayla	
	3) Luong, Thao	4) Dockins, Allie	

9 Lake Forest 2:02.42

1) Han, Jacquelyn 2) Jones, AJ
 3) Ristic-Tesanovic, Angelina 4) Di Prizio, Gisella

Event 3 Men 4x200 Meter Relay

	Team	Relay	Finals
Finals			
1	Knox		1:30.53
	1) Jackson, Derrick	2) Bailey, Jonathan	
	3) Geggie, Trevor	4) Pierce, Tyrell	
2	Monmouth (Ill.)		1:30.89
	1) Ditsworth, Luke	2) Bona, Reed	
	3) Jachimiec, Luke	4) Outlaw, Adrian	
3	Beloit		1:33.36
	1) Joseph, Ajani	2) Martin, Ahmasi	
	3) Atou, Alexandre	4) Joly, Brandon	
4	Grinnell		1:34.43
	1) Hiser, Alexander	2) Fadden, Lucas	
	3) Walcher, Kyler	4) Fuller, Andrew	
5	Lawrence		1:35.95
	1) Watson, Jaydon	2) Zook, Tristan	
	3) Eggert, Will	4) Benjamin, David	
6	Cornell College		1:36.13
	1) Platre, Niko	2) McGuire, Jaxin	
	3) Watters, Nathan	4) Greiner, Doniel	
7	Illinois College		1:36.88
	1) Slater, Tracy	2) Casseus, Raymond	
	3) Lee, Jackson	4) White, Collin	
8	Lake Forest		1:38.41
	1) Tyson, Trentyn	2) Khalid, Rayan	
	3) Wright, Mason	4) Forrest, Tucker	
---	Ripon		DNF
	1) Davies, Jacob	2) Cefalu, Jacoby	
	3) Walker, Dameco	4) Gray, Cade	

Event 36 Men Shot Put

	Name	School	Finals
Finals			
1	Toberman, Caleb	Monmouth (Il	14.16m
2	Orwig, Blake	Monmouth (Il	13.94m
3	Hernandez, Saul	Illinois Col	13.55m
4	Rodgers, Deon	Illinois Col	12.91m
5	Phillips, Sam	Monmouth (Il	12.83m
6	Wilson, Bryant	Illinois Col	12.80m
7	Reyes, Emiliano	Beloit	12.74m
8	Watters, Nathan	Cornell Coll	12.48m
9	Clawson, Ian	Grinnell	12.32m
10	McLaughlin, Sean	Lawrence	12.02m
11	Thomas, Ian	Lawrence	11.65m
12	Reid, Jake	Lake Forest	11.49m
13	Yelkin, Nicholas	Cornell Coll	11.47m
14	Hodge, Melvin	Illinois Col	11.42m
15	Snow, Anthony	Ripon	11.38m
16	Dzolic, Stevan	Knox	10.99m
17	Anderson, Shane	Monmouth (Il	10.97m

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Illinois College

Results - Day 1

Finals ... (Event 36 Men Shot Put)

	Name	School	Finals
18	Bean, Garret	Grinnell	10.69m
19	Corley, Matthew	Cornell Coll	10.62m
20	Blatchley, Jacob	Ripon	10.06m
21	Slatter, Cooper	Beloit	10.02m
22	Dahlborg, Lucas	Knox	9.99m
23	Adams, Najeeb	Beloit	9.42m
24	Bahu, Michael	Cornell Coll	8.77m
25	Chu, Travis	Grinnell	8.47m

Event 35 Women Shot Put

	Name	School	Finals
1	Boley, Maddie	Monmouth (Il	12.52m
2	Otzelberger, Kalyn	Ripon	12.51m
3	Cox, Addi	Monmouth (Il	12.50m
4	Braun, Kayla	Monmouth (Il	12.45m
5	Mathieu, Arynn	Ripon	11.53m
6	Kuper, Sydney	Illinois Col	10.63m
7	Gibbons, Gracie	Monmouth (Il	10.61m
8	Saylor, Cheyanne	Ripon	10.56m
9	McAllister, Natalie	Cornell Coll	10.49m
10	Johnson, Myra	Lawrence	10.25m
11	Reeser, Mackenzie	Illinois Col	10.19m
12	Myers-Rafferty, Emma	Grinnell	10.07m
13	Galowitz, Kylie	Grinnell	9.91m
14	Larson, Sophia	Ripon	9.57m
15	Luong, Thao	Knox	9.13m
16	Arriaga, Brianna	Illinois Col	9.11m
17	Fox, Grace	Lawrence	9.00m
18	Warhoe, Samantha	Cornell Coll	8.98m
19	Gajulapalli, Aparna	Lawrence	8.79m
20	Teno, Delanie	Illinois Col	8.41m
21	Herrera, Kiya	Beloit	8.12m
22	Dockins, Allie	Knox	7.78m
23	Koth, Sam	Cornell Coll	7.73m
24	Neymeyer, Maya	Cornell Coll	5.33m

Event 29 Women Long Jump

	Name	School	Finals
1	Miller, Olivia	Ripon	5.58m
2	Villarreal, Alyssa	Monmouth (Il	5.37m
3	McAllister, Natalie	Cornell Coll	5.16m
4	Balfour, Peyton	Knox	5.14m
5	Rusk, Maddie	Monmouth (Il	4.87m
6	Anderson, Lauren	Monmouth (Il	4.86m
7	Turner, Linsey	Monmouth (Il	4.80m
8	Elliott-Rude, Eleanor	Grinnell	4.79m
9	Young, Nyasia	Illinois Col	4.78m
10	Zendejas, Mariana	Lawrence	4.70m
11	Flesch, Caroline	Ripon	4.66m
12	Dockins, Allie	Knox	4.65m
13	Cross, Morgan	Lawrence	4.60m

14	Loos-Austin, Rose	Beloit	4.59m
15	Oden, Melanie	Grinnell	4.51m
16	Dixon, Ronnautica	Illinois Col	4.40m
17	Luong, Thao	Knox	4.25m
18	Royster, Darcel	Beloit	4.21m
19	Grove, Hannah	Illinois Col	4.11m
20	Vollmayr-Lee, Mira	Grinnell	3.88m
21	Vega Juarez, Itzel	Lawrence	3.86m
22	Tenace, Giada	Lake Forest	3.80m
---	Simao, McKayla	Beloit	FOUL

Event 30 Men Long Jump

	Name	School	Finals
1	Walker, Dameco	Ripon	7.34m
2	Gray, Cade	Ripon	7.10m
3	Ross, William	Illinois Col	6.91m
4	Fisher, Ben	Ripon	6.86m
5	Ballman, Kendall	Knox	6.60m
6	Benjamin, David	Lawrence	J6.60m
7	Saldanha, John Michael	Grinnell	6.50m
8	Hiser, Alexander	Grinnell	6.43m
9	Gilbert, Aiden	Grinnell	6.38m
10	Bailey, Jonathan	Knox	6.24m
11	Davies, Jacob	Ripon	6.23m
12	York, Johnny	Monmouth (Il	6.05m
13	Anderson, Jacob	Knox	5.83m
14	Charles, Diontia	Beloit	5.81m
15	Jachimiec, Luke	Monmouth (Il	5.71m
16	Soukup, Gavin	Cornell Coll	5.67m
17	Johnson, Seth	Monmouth (Il	5.65m
18	Martin, Ahmasi	Beloit	5.59m
19	Bodine, Owen	Lake Forest	5.54m
20	Crawford, Laquanta	Cornell Coll	5.53m
21	Kishi, Brian	Knox	J5.53m
22	Bhandari, Vanshith	Beloit	5.49m

Event 26 Men Pole Vault

	Name	School	Finals
1	Gray, Cade	Ripon	4.90m
2	Schneider, Greyson	Lawrence	4.30m
3	Bona, Reed	Monmouth (Il	4.00m
4	San Diego, Isaac	Ripon	J4.00m
5	Bernas, Riley	Monmouth (Il	3.85m
6	Beyers, Max	Illinois Col	J3.85m
7	Lee, Jackson	Illinois Col	J3.85m
8	Fornari, Luca	Grinnell	J3.85m
9	Haring, Isaac	Ripon	3.70m
---	Phillips, Dorian	Ripon	NH
---	Wilson, Reed	Monmouth (Il	NH
---	O'Sullivan, Nyhan	Lawrence	NH

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	Name	School	Finals
Finals			
1	Fisher, Ben	Ripon	2.03m
2	Ross, William	Illinois Col	1.93m
3	Crawford, Laquanta	Cornell Coll	1.88m
4	Gray, Cade	Ripon	J1.88m
5	Novelle, Jack	Grinnell	J1.88m
6	Charles, Diontia	Beloit	J1.88m
7	Curry, Patrick	Monmouth (Il	1.78m
8	Zook, Tristan	Lawrence	J1.78m
9	Outlaw, Adrian	Monmouth (Il	1.73m
10	Piepkorn, Kit	Knox	1.68m
11	Cowan, Cade	Cornell Coll	1.63m
12	Twardowski, Joey	Monmouth (Il	J1.63m
13	Telschow, Oscar	Ripon	1.58m
---	Keith, Liam	Knox	NH

Women - Team Rankings - 6 Events Scored

1)	Ripon	65
2)	Monmouth (Ill.)	46
3)	Grinnell	35
4)	Lawrence	31
5)	Cornell College	24
6)	Beloit	14
7)	Illinois College	11
8)	Knox	7
9)	Lake Forest	1

Men - Team Rankings - 8 Events Scored

1)	Ripon	96
2)	Monmouth (Ill.)	50
3)	Grinnell	43
4)	Illinois College	38
5)	Cornell College	29
6)	Lawrence	21
7)	Knox	19
8)	Beloit	14
9)	Lake Forest	2