

Hilltop Invitational
Richard & Normal Small Multi-Sport Center - Cornell College
Mount Vernon, Iowa - 1/21/2023
Results

Women 60 Meter Dash
Top 8 Advance by Time

Name	Year School	Prelims	H#
Preliminaries			
1 Brooklyn Johnson	FR Mount Mercy	8.26q	2
2 Grace Willms	SO Iowa Wesleyan	8.38q	4
3 Sonia Edassery	JR Grinnell	8.46q	1
4 Ava Taylor	SO Grinnell	8.48q	4
5 Caitlyne Mar	SO Cornell College	8.49q	3
6 Melanie Oden	SO Grinnell	8.54q	3
7 Annie Leopold	JR Mount Mercy	8.55q	1 8.542
8 Athena Frasca	SR Grinnell	8.55q	2 8.549
9 Kiah Coffin	FR Mount Mercy	8.56	1 8.553
10 Grace Davidson	JR Luther	8.56	2 8.557
11 Katie Garner	JR Mount Mercy	8.59	4
12 Izela Avalos	JR Iowa Wesleyan	8.66	2
13 Zoe Rahberg	FR Luther	8.78	1
14 Gaby Caballero	SO Luther	8.81	3
15 Aaminah Dishman	SO Coe	9.13	2
16 Dayna Maiers	FR Mount Mercy	9.33	4
17 Maddy Strovers	FR Grinnell	9.44	4
18 Irakunda Apolina	SO Iowa Wesleyan	9.55	3
19 Abby Russeth	SO Luther	9.86	2
20 Kaitlyn Cruz	FR Iowa Wesleyan	9.92	3
21 Alexandra Natalie	FR Grinnell	10.38	1
22 Sira Nassoko	FR Grinnell	10.42	1

Women 60 Meter Dash

Name	Year School	Finals	H#	Points
Finals				
1 Brooklyn Johnson	FR Mount Mercy	8.22	2	10
2 Grace Willms	SO Iowa Wesleyan	8.38	2	8
3 Sonia Edassery	JR Grinnell	8.40	2	6
4 Caitlyne Mar	SO Cornell College	8.44	1	4
5 Ava Taylor	SO Grinnell	8.53	2	2
6 Annie Leopold	JR Mount Mercy	8.55	1	1
7 Athena Frasca	SR Grinnell	8.59	1	
8 Melanie Oden	SO Grinnell	8.71	1	

Women 200 Meter Dash

Name	Year School	Finals	H#	Points
1 Sangai Dukuly	SO Coe	27.10	5	10
2 Sonia Edassery	JR Grinnell	27.51	5	8
3 Athena Frasca	SR Grinnell	27.67	5	6
4 Maile Crowe	SO Grinnell	28.59	4	4

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5	Amara Marks	SO Luther	28.92	5	2
6	Emmaline Nau	Unattached	X29.11	3	
7	Izela Avalos	JR Iowa Wesleyan	29.13	4	1
8	Grace Davidson	JR Luther	29.16	4	
9	Rose Sieve	SR Luther	29.67	3	
10	Gaby Caballero	SO Luther	30.08	2	
11	Caitlin Ong	FR Grinnell	30.42	3	
12	Irakunda Apolina	SO Iowa Wesleyan	33.69	2	
13	Kaitlyn Cruz	FR Iowa Wesleyan	34.48	2	
14	Abby Russeth	SO Luther	34.69	1	
15	Alexandra Natalie	FR Grinnell	35.44	2	
16	Sira Nassoko	FR Grinnell	37.11	1	

Women 400 Meter Dash

Name	Year	School	Finals	H#	Points
1	Sidney Brown	JR Cornell College	1:02.47	2	10
2	Brooklyn Johnson	FR Mount Mercy	1:02.88	2	8
3	Caroline Riss	JR Cornell College	1:06.16	2	6
4	Sadie Staker	JR Grinnell	1:06.23	2	4
5	Olivia Cotton	FR Cornell College	1:06.66	2	2
6	Zoe Rahberg	FR Luther	1:10.96	1	1
7	Allie Donahue	SO Mount Mercy	1:12.23	1	

Women 800 Meter Run

Name	Year	School	Finals	H#	Points
1	Alyza Koppes	FR Cornell College	2:30.92	2	10
2	Sam Reid	SO Grinnell	2:36.54	2	8
3	Julia Sheehan-Klenk	SO Grinnell	2:37.07	2	6
4	Jessa Day	SO Mount Mercy	2:39.89	2	4
5	Penelope Hansen	FR Luther	2:46.27	1	2
6	Laura Bishop	FR Mount Mercy	2:51.22	2	1
7	Maddie Ives	Iowa T&F Club	X2:52.75	1	
8	Ariana Lopez	SO Mount Mercy	2:54.04	1	
9	Abby Hill	JR Mount Mercy	2:56.66	2	
10	Abigail Adams	0 Iowa T&F Club	X3:01.18	1	
11	Morgana Goodlow	JR Coe	3:01.47	1	
12	Lilian Gaulrapp	JR Mount Mercy	3:12.97	1	
13	Carrie Staal	FR Iowa Wesleyan	3:38.38	1	

Women 1 Mile Run

Name	Year	School	Finals	H#	Points
1	Steph Lewis	SR Luther	5:30.77	2	10
2	J'Lyn Knutson	SO Mount Mercy	5:35.23	2	8

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....Women 1 Mile Run

3	Crystal Burke	JR Coe	5:42.35	2	6
4	Olivia Moore	Iowa T&F Club	X5:44.91	2	
5	Diana Barba	FR Grinnell	5:45.41	2	4
6	Talia Harrison	FR Grinnell	5:46.02	2	2
7	Abby Rinderknecht	FR Mount Mercy	5:51.18	2	1
8	Ruth Jennings	FR Mount Mercy	5:52.78	2	
9	Morgan Karow	FR Grinnell	5:53.15	2	
10	Eleanor Elliott-Rude	SO Grinnell	5:53.82	2	
11	Berit Skogen	SR Luther	5:53.90	2	
12	Rebecca Villa	0 Iowa T&F Club	X5:57.85	1	
13	Allison Rabbani	SO Grinnell	6:01.97	2	
14	Grace Charron	FR Grinnell	6:13.01	2	
15	Ginger Mullen	SO Grinnell	6:13.30	2	
16	Maddie Ives	Iowa T&F Club	X6:17.17	1	
17	Bailey Shafer	Iowa T&F Club	X6:19.70	1	
18	Annika Sutter	JR Cornell College	6:29.10	1	
19	Mari Paulsen	FR Luther	6:29.78	2	
20	Yaqueline Hernandez	JR Mount Mercy	6:30.87	1	
21	Kylie Klassen	SO Grinnell	6:34.41	1	
22	Anna Moore	Iowa T&F Club	X6:43.12	1	
23	Alexis Vaughn	FR Coe	6:43.96	1	
24	Lauren Buechel	Iowa T&F Club	X6:48.49	1	
25	Courtney Dage	0 Iowa T&F Club	X6:48.74	1	
26	Grace Parises	FR Cornell College	6:59.28	1	
27	Natalie Reifsteck	FR Coe	7:26.23	1	

Women 3000 Meter Run

Name	Year	School	Finals	Points
1	Keely Miyamoto	FR Grinnell	10:52.50	10
2	Katie Lammers	SO Cornell College	11:06.74	8
3	Emma Schaefer	SR Grinnell	11:12.71	6
4	Hannah Roark	FR Grinnell	11:28.05	4
5	Mira Diamond-Berman	SO Grinnell	11:31.62	2
6	Jessa Day	SO Mount Mercy	11:39.80	1
7	Sarah Torrence	SR Grinnell	11:43.01	
8	Crystal Kaczmarczyk	SO Grinnell	11:48.68	
9	Sophia Ford	SO Grinnell	11:58.36	
10	Ariana Lopez	SO Mount Mercy	12:05.11	
11	Fiona Mahler	SO Coe	12:11.29	
12	Laura Bishop	FR Mount Mercy	12:16.75	
13	Elinor Ascher-Handlin	FR Cornell College	12:52.60	
14	Lillian Gaulrapp	JR Mount Mercy	13:17.54	

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Women 60 Meter Hurdles
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Name	Year School	Prelims	H#
Preliminaries			
1 Natalie McAllister	JR Cornell College	9.15q	2
2 Annie Leopold	JR Mount Mercy	9.40q	1
3 Emmaline Nau	Unattached	X9.80q	2
4 Annika Elco	FR Luther	9.89q	2
5 Hailey Carolan	FR Cornell College	9.98q	1
6 Sadie Staker	JR Grinnell	10.68q	1
7 Cailyn Wright	SO Coe	10.72q	1
8 Amara Marks	SO Luther	10.79q	2
9 Cielo Piceno	SO Coe	10.92	2

Women 60 Meter Hurdles

Name	Year School	Finals	H#	Points
Finals				
1 Natalie McAllister	JR Cornell College	9.07	2	10
2 Annie Leopold	JR Mount Mercy	9.43	2	8
3 Hailey Carolan	FR Cornell College	9.87	1	6
4 Annika Elco	FR Luther	10.00	2	4
5 Cailyn Wright	SO Coe	10.65	1	2
6 Sadie Staker	JR Grinnell	10.73	1	1
7 Amara Marks	SO Luther	10.80	1	

Women 4x200 Meter Relay

School	Finals	Points
1 Cornell College	1:53.16	10
1) Natalie McAllister JR	2) Hailey Carolan FR	
3) Olivia Cotton FR	4) Caitlyne Mar SO	
2 Grinnell	1:53.58	8
1) Sonia Edassery JR	2) Caitlin Ong FR	
3) Maile Crowe SO	4) Athena Frasca SR	
3 Luther	1:57.97	6
1) Annika Elco FR	2) Amara Marks SO	
3) Grace Davidson JR	4) Rose Sieve SR	
4 Mount Mercy	2:02.51	4
1) Kiah Coffin FR	2) Allie Donahue SO	
3) Haley Hartshorne SO	4) Dayna Maiers FR	

Women 4x400 Meter Relay

School	Finals	Points
1 Mount Mercy	4:30.00	10

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....Women 4x400 Meter Relay

1) Annie Leopold JR	2) Sydney Woods JR		
3) Ruth Jennings FR	4) Katie Garner JR		
2 Cornell College		4:30.72	8
1) Sidney Brown JR	2) Alyza Koppes FR		
3) Katie Lammers SO	4) Caroline Riss JR		
3 Coe		4:31.12	6
1) Sangai Dukuly SO	2) Hannah Pecharich SO		
3) Cailyn Wright SO	4) Crystal Burke JR		
4 Iowa Track & Field Club		X5:01.41	
1) Rebecca Villa 0	2) Abigail Adams 0		
3) Courtney Dage 0	4) Dana Lapinski 0		

Women High Jump

Name	Year School	Finals	Points
1 Hailey Carolan	FR Cornell College	1.61m	5-03.25 10
1.16 1.21 1.26 1.31 1.36	1.41 1.46 1.51 1.56 1.61 1.66		
P P P P P	P P O O XO XXX		
2 Natalie McAllister	JR Cornell College	1.56m	5-01.25 8
1.16 1.21 1.26 1.31 1.36	1.41 1.46 1.51 1.56 1.61		
P P P P P	P P O XO XXX		
3 Haley Hartshorne	SO Mount Mercy	1.46m	4-09.50 6
1.16 1.21 1.26 1.31 1.36	1.41 1.46 1.51		
P P P P O	O O O XXX		
4 Sidney Brown	JR Cornell College	1.41m	4-07.50 4
1.16 1.21 1.26 1.31 1.36	1.41 1.46		
P P P P O	XXO XXX		
5 Annika Elco	FR Luther	1.36m	4-05.50 2
1.16 1.21 1.26 1.31 1.36	1.41		
P O XO O XO	XXX		
6 Morgana Goodlow	JR Coe	1.31m	4-03.50 0.50
1.16 1.21 1.26 1.31 1.36			
P P O O XXX			
6 Aaminah Dishman	SO Coe	1.31m	4-03.50 0.50
1.16 1.21 1.26 1.31 1.36			
P O O O XXX			
8 Amara Marks	SO Luther	J1.31m	4-03.50
1.16 1.21 1.26 1.31 1.36			
O O XO XXO XXX			

Women Pole Vault

Name	Year School	Finals	Points
1 Hannah Pecharich	SO Coe	3.05m	10-00.00 10
2.75 2.90 3.05 3.20			
O O O XXX			



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....Women Pole Vault

2 Mya Floor	JR Luther	J3.05m	10-00.00	8
2.75 2.90 3.05 3.20				
O O XO XXX				
3 Cielo Piceno	SO Coe	2.75m	9-00.25	6
2.75 2.90				
O XXX				

Women Long Jump

Name	Year School	Finals	Points
1 Melanie Oden	SO Grinnell	4.70m 15-05.00	10
4.26m 4.70m 4.24m 4.04m 4.04m 4.56m			
2 Eleanor Elliott-Rude	SO Grinnell	4.56m 14-11.50	8
FOUL 4.42m FOUL 4.56m 4.49m FOUL			
3 Shermaine Preston	SO Iowa Wesleyan	4.50m 14-09.25	6
4.50m 4.09m FOUL 3.83m FOUL FOUL			
4 Olivia Cotton	FR Cornell College	4.26m 13-11.75	4
3.60m 4.26m FOUL FOUL FOUL 3.89m			
5 Caitlyne Mar	SO Cornell College	4.25m 13-11.50	2
4.25m 3.91m 4.25m FOUL 4.17m FOUL			

Women Triple Jump

Name	Year School	Finals	Points
1 Sangai Dukuly	SO Coe	10.79m 35-05.00	10
FOUL 10.79m 10.60m 10.50m 10.73m FOUL			
2 Aleksyia LeClere	FR Mount Mercy	10.22m 33-06.50	8
9.65m 10.22m 10.22m 10.11m 10.08m 10.14m			
3 Shermaine Preston	SO Iowa Wesleyan	9.28m 30-05.50	6
9.18m 9.24m 9.28m 9.10m 9.04m 9.05m			
4 Mira Vollmayr-Lee	FR Grinnell	7.94m 26-00.75	4
7.94m 7.84m FOUL 7.51m 7.73m 7.76m			

Women Shot Put

Name	Year School	Finals	H#	Points
1 Brianna Hunter	SR Iowa Wesleyan	13.46m 44-02.00	2	10
13.46m FOUL 12.51m FOUL FOUL FOUL				
2 Bre Nail	JR Mount Mercy	12.37m 40-07.00	2	8
FOUL FOUL 12.37m FOUL FOUL FOUL				
3 Jaydyn Palmer	SR Coe	11.99m 39-04.00	2	6
11.17m 11.99m FOUL 11.63m 11.51m 11.41m				
4 Jobey Malone	FR Iowa Wesleyan	11.65m 38-02.75	2	4
10.72m 11.25m 10.66m 11.65m FOUL 10.30m				
5 Ellen Kangas	SO Mount Mercy	10.85m 35-07.25	2	2
10.85m 10.71m 10.60m 10.84m 10.27m 10.56m				

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....Women Shot Put

6	Margaret Stucker	JR Luther	10.70m	35-01.25	2	1
	9.85m 9.88m 10.37m 8.96m 10.04m 10.70m					
7	Jaclyn Wooldridge	FR Mount Mercy	10.16m	33-04.00	2	
	FOUL 9.84m 9.54m 9.70m 10.16m 9.97m					
8	Jzonei Jones	JR Mount Mercy	9.89m	32-05.50	2	
	9.10m 9.07m 9.72m 9.89m 8.79m 9.53m					
9	Emma Myers-Rafferty	FR Grinnell	9.78m	32-01.00	1	
	9.43m 9.78m 9.57m 9.18m 9.06m 8.06m					
10	Kylie Galowitz	FR Grinnell	9.67m	31-08.75	1	
	9.67m 9.66m FOUL					
11	Payten Hardy	JR Luther	9.42m	30-11.00	1	
	8.36m 9.42m 9.10m					
12	Grace Kelley	FR Mount Mercy	9.22m	30-03.00	2	
	9.22m 9.06m 8.93m					
13	Samantha Warhoe	JR Cornell College	9.00m	29-06.50	1	
	8.28m 9.00m 8.98m					
14	Kelly Stotts	SO Coe	8.06m	26-05.50	1	
	7.82m 8.06m FOUL					
15	Piper Boggs	FR Coe	8.01m	26-03.50	1	
	7.84m 7.39m 8.01m					
16	Morgana Goodlow	JR Coe	7.06m	23-02.00	1	
	6.58m 7.06m 6.73m					
17	Alondra Mathena	FR Coe	6.97m	22-10.50	1	
	6.46m 6.97m FOUL					
18	Maya Neymeyer	FR Cornell College	6.01m	19-08.75	1	
	5.22m 4.95m 6.01m					
19	Jessica Martinez-Jimenez	FR Coe	5.54m	18-02.25	1	
	5.54m 4.72m 5.45m					

Women Weight Throw

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Name	Year	School	Finals	H#	Points	
=====						
1	Tracy Allen	JR Coe	14.73m	48-04.00	2	10
	13.54m 14.49m 14.73m FOUL 14.07m FOUL					
2	Bre Nail	JR Mount Mercy	13.62m	44-08.25	2	8
	FOUL 13.01m 13.62m 13.12m FOUL 13.05m					
3	Jaydyn Palmer	SR Coe	13.02m	42-08.75	2	6
	12.98m FOUL FOUL 12.82m 13.02m 12.71m					
4	Jzonei Jones	JR Mount Mercy	12.82m	42-00.75	2	4
	FOUL 12.16m 12.82m FOUL 12.80m 12.39m					
5	Ellen Kangas	SO Mount Mercy	12.79m	41-11.50	2	2
	FOUL 12.79m 12.26m FOUL FOUL FOUL					
6	Margaret Stucker	JR Luther	12.76m	41-10.50	2	1
	12.19m 12.76m FOUL 11.56m 11.90m 12.10m					
7	Samantha Warhoe	JR Cornell College	12.41m	40-08.75	2	
	12.24m 11.43m FOUL 12.21m 11.08m 12.41m					
8	Olivia Herring	SO Mount Mercy	12.24m	40-02.00	1	
	12.24m FOUL 11.74m FOUL 11.95m 12.24m					

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9	Kylie Galowitz	FR Grinnell	11.70m	38-04.75	1
	11.59m FOUL 11.70m 10.99m 10.75m FOUL				
10	Payten Hardy	JR Luther	11.63m	38-02.00	2
	11.09m 11.53m 11.63m				
11	Kelly Stotts	SO Coe	11.10m	36-05.00	1
	10.22m FOUL 11.10m				
12	Brianna Hunter	SR Iowa Wesleyan	10.61m	34-09.75	2
	10.08m 10.61m 10.24m				
13	Piper Boggs	FR Coe	9.64m	31-07.50	1
	9.00m 8.97m 9.64m				
14	Andrea Filkins	JR Grinnell	9.63m	31-07.25	1
	FOUL 9.63m FOUL				
15	Jaclyn Wooldridge	FR Mount Mercy	9.42m	30-11.00	1
	FOUL 9.42m 9.06m				
16	Maya Neymeyer	FR Cornell College	7.74m	25-04.75	1
	7.74m 7.22m 6.79m				
17	Maddy Strovers	FR Grinnell	5.66m	18-07.00	1
	5.66m FOUL FOUL				
18	Jessica Martinez-Jimenez	FR Coe	5.63m	18-05.75	1
	5.63m 5.59m FOUL				

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Women - Team Rankings - 15 Events Scored

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1) Grinnell	103	2) Cornell College	102
3) Mount Mercy	94	4) Coe	73
5) Luther	37	6) Iowa Wesleyan	35

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Men - Team Rankings - 16 Events Scored

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1) Mount Mercy	145	2) Grinnell	86
3) Cornell College	77	4) Iowa Wesleyan	69
5) Coe	41	6) Luther	25