

Licensed to Wayzata Results Inc. - Contractor License HY-TEK's Meet Manager
 Chelsey M Henkenius Invitational - 1/15/2022
 The W
 Results

Women 60 Meter Dash

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Meet Record: M 7.76 1/19/2019 Alanna Muhammad, Wartburg
 Facility: F 7.59 2/22/2019 Gabrielle Noland, Loras
 Name Year School Seed Finals Points

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Finals

1	Mikala Sidney	SO Wartburg		8.05	7
2	Brenna Jacobs	JR Wartburg		8.10	5
3	Jada Gaskill	FR Wartburg		8.39	
4	Morgan Funke	JR Wartburg		8.57	
5	Sydney Stoll	FR Wartburg		8.78	
--	Natalie McAllister	SO Cornell College		DNS	

Women 200 Meter Dash

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Meet Record: M 25.85 1/19/2019 Allan Paul, Briar Cliff
 Facility: F 24.93 2016 Meg Heafy, UW-La Crosse
 Facility: F 24.93 2/23/2019 Alison Beeman, Dubuque
 Name Year School Seed Finals H# Points

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1	Mikala Sidney	SO Wartburg	27.00	26.99	5	7
2	Nailea Espinoza	FR Upper Iowa		27.33	1	5
3	Aricka Lambson	FR Wartburg	28.69	27.88	4	4
4	Jada Gaskill	FR Wartburg	28.50	28.00	4	
5	Khanalia Kielo	JR Upper Iowa	28.93	28.04	3	3
6	Carolina Regalado	FR Upper Iowa	28.82	28.24	4	
7	Emma Houdek	FR Wartburg		28.30	2	
8	Brooke Shafer	FR Wartburg		28.66	1	
9	Sailor Hinegardner	JR Wartburg	28.92	28.79	3	
10	Akyma Bush	SO Wartburg		28.84	1	
11	Jaderial Staebler	SR Wartburg	28.00	29.02	5	
12	Sydney Stoll	FR Wartburg		29.11	2	
13	Maya Cable	FR Wartburg		29.16	3	
14	Kysta Ramirez	SO Upper Iowa	28.71	29.95	4	
15	Morgan Funke	JR Wartburg		30.00	2	
--	Ryin Lehmann	SO Wartburg		DNS	3	
--	Natalie McAllister	SO Cornell College	26.50	SCR		
--	Galilea Espinoza	FR Upper Iowa	27.62	SCR		

Women 400 Meter Dash

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Meet Record: M 59.02 1/24/2015 Lauren Spranger, Northwestern (Iowa)

Facility: F 55.94 2011 Nevada Morrison, Wartburg College

Name Year School Seed Finals Points

1	Sidney Brown	SO Cornell College	1:04.00	1:07.85	7
2	Emilia Lambert-Mergendah	FR Cornell College		1:11.47	5

Women 600 Meter Run

Meet Record: M 1:36.39 1/24/2015 Katie Landhuis, Northwestern (Iowa)

Name Year School Seed Finals H# Points

1	Carson McSorley	JR Wartburg	1:41.31	1:37.33	2	7
	31.650 (31.650)	1:04.416 (32.766)	1:37.326 (32.911)			
2	Lily Campbell	SO Wartburg		1:37.65	1	5
	31.338 (31.338)	1:03.962 (32.625)	1:37.644 (33.682)			
3	Jackie Ganshirt	SR Wartburg	1:45.99	1:39.10	2	
	31.334 (31.334)	1:04.659 (33.326)	1:39.095 (34.436)			
4	Rachel Nagel	FR Wartburg	1:42.99	1:39.74	2	
	31.863 (31.863)	1:04.783 (32.920)	1:39.736 (34.954)			
5	Annie Mast	SO Wartburg		1:41.89	1	
	31.825 (31.825)	1:05.206 (33.381)	1:41.883 (36.678)			
6	Macy Wilhelm	FR Wartburg		1:47.15	1	
	32.024 (32.024)	1:06.544 (34.521)	1:47.142 (40.599)			
7	Jade Martin	JR Upper Iowa		1:52.27	1	4
	30.805 (30.805)	1:06.876 (36.072)	1:52.264 (45.388)			
8	Ashley Donovan	JR Upper Iowa		1:55.09	3	3
	35.736 (35.736)	1:14.461 (38.726)	4:38:20.252 (14:37:05.792)			
9	Jadyn Schultz	SO Upper Iowa		1:57.54	1	
	35.166 (35.166)	1:15.247 (40.082)	1:57.532 (42.285)			
10	Macey White	SR Upper Iowa		1:59.66	3	
	36.807 (36.807)	1:17.232 (40.426)	4:38:24.820 (14:37:07.589)			
--	Brianna Crouch	SR Upper Iowa		SCR		
--	Madison Brownrigg	SR Upper Iowa		SCR		

Women 1000 Meter Run

Meet Record: M 3:00.98 1/18/2020 Erica Rittgers, Wartburg

Facility: F 2:57.16 2016 Maddie Kleve, Wartburg

Name Year School Seed Finals H# Points

1	Aubrie Fisher	JR Wartburg	3:00.00	3:02.85	2	7
	35.579 (35.579)	1:11.577 (35.999)	1:49.161 (37.584)	2:26.596 (37.436)		
	3:02.848 (36.252)					
2	Ellie Meyer	FR Wartburg	3:10.00	3:07.50	2	5
	35.976 (35.976)	1:13.022 (37.047)	1:51.897 (38.875)	2:31.501 (39.605)		
	3:07.500 (35.999)					
3	Erin Phelan	FR Wartburg	3:20.00	3:20.51	2	
	36.767 (36.767)	1:15.567 (38.800)	1:56.842 (41.275)	2:39.202 (42.361)		
	3:20.508 (41.306)					

4 Billie Fogarty	JR Cornell College	3:30.00	3:26.51	2	4
39.043 (39.043)	1:18.789 (39.746)	2:01.206 (42.418)	2:44.116 (42.911)		
3:26.503 (42.387)					
5 Natalie Neuhaus	FR Cornell College	3:30.00	3:26.96	2	3
39.133 (39.133)	1:19.355 (40.223)	2:02.131 (42.776)	2:45.586 (43.456)		
3:26.956 (41.371)					
6 Sam See	FR Cornell College		3:34.96	1	
39.637 (39.637)	1:20.740 (41.104)	2:04.045 (43.305)	2:49.701 (45.657)		
3:34.953 (45.252)					
7 Katie Lammers	FR Cornell College		3:41.15	1	
40.871 (40.871)	1:23.152 (42.281)	2:11.046 (47.895)	3:00.211 (49.166)		
3:41.144 (40.934)					
8 Mya Numedahl	FR Cornell College		3:42.62	1	
40.237 (40.237)	1:22.233 (41.996)	2:08.367 (46.135)	2:56.564 (48.197)		
3:42.618 (46.054)					
9 Taylor Walsh	SR Cornell College		3:43.80	1	
41.125 (41.125)	1:23.961 (42.836)	2:10.461 (46.500)	2:59.051 (48.590)		
3:43.794 (44.744)					
10 Alyssa Chyma	FR Wartburg		3:44.07	1	
40.609 (40.609)	1:23.558 (42.950)	2:11.386 (47.829)	3:00.290 (48.904)		
3:44.065 (43.776)					
11 Annika Sutter	JR Cornell College		3:53.85	1	
41.458 (41.458)	1:24.978 (43.521)	2:13.380 (48.402)	3:04.170 (50.790)		
3:53.846 (49.677)					

Women 1 Mile Run

=====					
Meet Record: M 5:07.54	1/24/2015	Maddie Kleve, Wartburg			
Facility: F 4:57.22	3/12/2021	Maeve Roach, Coast Guard			
Name	Year	School	Seed	Finals	Points
=====					
1 Billie Fogarty	JR	Cornell College	5:40.00	5:37.11	7
44.544 (44.544)	1:26.229 (41.685)	2:08.691 (42.463)	2:51.527 (42.836)		
3:33.260 (41.734)	4:14.753 (41.494)	4:57.027 (42.274)	5:37.103 (40.076)		
2 Natalie Neuhaus	FR	Cornell College	5:40.00	5:42.35	5
43.815 (43.815)	1:25.421 (41.606)	2:08.172 (42.752)	2:51.622 (43.451)		
3:33.540 (41.918)	4:16.222 (42.683)	5:00.388 (44.166)	5:42.347 (41.960)		
3 Ashley Bloomquist	SO	Wartburg	5:40.00	5:44.71	4
44.153 (44.153)	1:25.784 (41.632)	2:08.446 (42.662)	2:51.794 (43.348)		
3:33.055 (41.262)	4:14.926 (41.871)	5:00.443 (45.518)	5:44.701 (44.258)		
4 Brielle Ruch	FR	Wartburg	5:50.00	5:51.21	3
45.152 (45.152)	1:26.966 (41.815)	2:09.069 (42.103)	2:52.167 (43.098)		
3:35.294 (43.127)	4:20.197 (44.903)	5:06.567 (46.370)	5:51.203 (44.637)		
5 Brandi Antonio	JR	Wartburg	5:54.81	5:51.29	
45.415 (45.415)	1:27.444 (42.029)	2:09.919 (42.476)	2:54.054 (44.136)		
3:37.426 (43.372)	4:22.721 (45.296)	5:08.298 (45.577)	5:51.282 (42.985)		
6 Sam See	FR	Cornell College	5:50.00	6:05.96	
44.962 (44.962)	1:26.656 (41.694)	2:09.689 (43.034)	2:54.436 (44.747)		
3:41.167 (46.732)	4:30.803 (49.637)	5:21.363 (50.560)	6:05.955 (44.592)		

7	Katie Lammers	FR Cornell College	5:50.00	6:15.76
	45.202 (45.202)	1:27.600 (42.398)	2:14.223 (46.623)	3:03.394 (49.172)
	3:53.376 (49.982)	4:44.024 (50.649)	5:33.450 (49.427)	6:15.760 (42.310)
8	Miranda Hall	SR Cornell College		6:27.95
	46.647 (46.647)	1:32.617 (45.970)	2:20.472 (47.855)	3:09.323 (48.851)
	3:59.908 (50.586)	4:51.656 (51.749)	5:42.191 (50.535)	6:27.947 (45.757)
9	Mio Aoki-Sherwood	FR Cornell College		6:28.00
	47.628 (47.628)	1:33.063 (45.435)	2:20.137 (47.074)	3:08.996 (48.860)
	3:59.584 (50.589)	4:51.399 (51.816)	5:41.971 (50.572)	6:27.996 (46.026)
10	Annika Sutter	JR Cornell College		6:30.11
	47.786 (47.786)	1:33.343 (45.557)	2:21.135 (47.792)	3:09.858 (48.723)
	4:00.147 (50.289)	4:51.989 (51.843)	5:42.435 (50.447)	6:30.103 (47.668)
11	Ryleigh Parrack	FR Wartburg	6:48.49	7:51.23
	49.014 (49.014)	1:37.621 (48.607)		2:34.635 (57.014)
	3:36.570 (1:01.935)	4:40.069 (1:03.500)		5:44.263 (1:04.194)
	6:49.558 (1:05.296)	7:51.223 (1:01.666)		
--	Carlene Hamilton	SO Wartburg		DNS

Women 3000 Meter Run

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Meet Record: M 10:04.19 1/16/2021 Aubrie Fisher, Wartburg					
Facility: F 9:39.72 3/13/2021 Anastasia Tucker, Hope					
Name	Year	School	Seed	Finals	Points
=====					
1	Moriah Morter	JR Wartburg	10:37.67	10:40.12	7
	40.859 (40.859)	1:24.453 (43.594)	2:07.132 (42.679)	2:49.180 (42.048)	
	3:31.635 (42.456)	4:15.037 (43.403)	4:58.502 (43.465)	5:41.692 (43.190)	
	6:25.447 (43.756)	7:09.305 (43.858)	7:52.917 (43.612)	8:36.210 (43.294)	
	9:17.635 (41.426)	9:57.817 (40.183)	10:40.120 (42.303)		
2	Jane Pinkowski	SO Wartburg	11:15.00	11:25.60	5
	41.360 (41.360)	1:26.443 (45.083)	2:12.685 (46.242)	2:59.595 (46.911)	
	3:46.278 (46.684)	4:32.616 (46.338)	5:18.859 (46.243)	6:05.609 (46.751)	
	6:52.320 (46.711)	7:38.625 (46.305)	8:25.560 (46.935)	9:12.704 (47.145)	
	10:01.474 (48.770)	10:46.372 (44.898)	11:25.594 (39.223)		
3	Caroline Collet	SR Wartburg	11:30.00	11:26.93	
	41.416 (41.416)	1:26.506 (45.091)	2:12.775 (46.269)	2:59.630 (46.856)	
	3:46.281 (46.651)	4:32.843 (46.563)	5:18.875 (46.032)	6:05.568 (46.693)	
	6:52.268 (46.701)	7:38.379 (46.111)	8:24.343 (45.964)	9:10.356 (46.014)	
	9:57.401 (47.045)	10:42.977 (45.576)	11:26.923 (43.946)		
4	Emily Richter	FR Wartburg	11:30.00	11:32.31	
	42.218 (42.218)	1:27.420 (45.202)	2:13.966 (46.546)	3:00.403 (46.438)	
	3:47.183 (46.780)	4:33.706 (46.524)	5:19.992 (46.286)	6:06.638 (46.646)	
	6:52.482 (45.845)	7:38.635 (46.154)	8:24.486 (45.851)	9:10.776 (46.291)	
	9:59.011 (48.236)	10:46.769 (47.758)	11:32.310 (45.542)		
5	Liz Ashing	FR Wartburg	12:00.00	11:59.50	
	42.556 (42.556)	1:27.986 (45.430)	2:14.921 (46.936)	3:02.525 (47.605)	
	3:50.821 (48.296)	4:39.695 (48.875)	5:27.654 (47.960)	6:16.798 (49.145)	
	7:06.239 (49.441)	7:55.262 (49.024)	8:44.075 (48.814)	9:33.918 (49.843)	
	10:23.093 (49.175)	11:12.988 (49.896)	11:59.493 (46.506)		

6 Victoria Breitbach	SO Wartburg	11:42.06	12:20.66
42.596 (42.596)	1:28.051 (45.456)	2:14.990 (46.940)	3:02.602 (47.612)
3:50.905 (48.303)	4:40.544 (49.640)	5:30.369 (49.825)	6:21.385 (51.016)
7:13.299 (51.915)	8:04.050 (50.751)	8:56.017 (51.967)	9:48.296 (52.280)
10:40.545 (52.249)	11:31.467 (50.923)	12:20.651 (49.185)	
7 Carlene Hamilton	SO Wartburg	13:03.14	
43.375 (43.375)	1:30.582 (47.207)	2:21.407 (50.825)	3:13.682 (52.275)
4:07.276 (53.595)	5:00.855 (53.579)	5:55.364 (54.510)	6:49.316 (53.952)
7:43.579 (54.263)	8:37.569 (53.991)	9:31.771 (54.202)	10:25.923 (54.153)
11:19.996 (54.074)	12:12.825 (52.829)	13:03.135 (50.311)	

Women 5000 Meter Run

=====					
Meet Record: M 17:37.79 1/21/2017 Ashlyn Bagge, Wartburg					
Facility: F 16:50.82 2/20/2021 Kassie Rosenbum, Loras					
Name	Year	School	Seed	Finals	Points
=====					
1 Riley Mayer	SR	Wartburg	17:15.28	17:33.39M	7
39.767 (39.767)	1:22.103 (42.336)	2:04.635 (42.532)	2:46.874 (42.239)		
3:29.145 (42.272)	4:11.926 (42.781)	4:54.309 (42.383)	5:36.058 (41.749)		
6:17.952 (41.895)	7:00.379 (42.428)	7:43.289 (42.911)	8:25.460 (42.171)		
9:07.295 (41.835)	9:49.389 (42.095)	10:31.592 (42.204)	11:13.594 (42.002)		
11:55.814 (42.220)	12:38.346 (42.533)	13:21.100 (42.754)	14:04.054 (42.954)		
14:46.903 (42.850)	15:29.405 (42.502)	16:11.898 (42.494)	16:53.349 (41.451)		
17:33.390 (40.041)					
2 Natalie Paulson	JR	Wartburg	18:04.03	18:05.68	5
40.508 (40.508)	1:23.643 (43.136)	2:07.291 (43.648)	2:50.352 (43.062)		
3:33.361 (43.009)	4:16.262 (42.901)	4:59.448 (43.187)	5:43.321 (43.873)		
6:28.373 (45.053)	7:10.741 (42.369)	7:53.627 (42.886)	8:36.885 (43.258)		
9:20.672 (43.788)	10:04.537 (43.865)	10:48.057 (43.521)	11:30.963 (42.907)		
12:15.280 (44.318)	12:59.703 (44.423)	13:44.741 (45.039)	14:29.515 (44.775)		
15:13.538 (44.023)	15:57.378 (43.840)	16:40.994 (43.617)	17:24.146 (43.153)		
18:05.674 (41.529)					
3 Shaelyn Hostager	FR	Wartburg	18:14.71	18:09.01	
41.972 (41.972)	1:25.404 (43.432)	2:08.989 (43.585)	2:52.493 (43.505)		
3:35.570 (43.077)	4:18.409 (42.839)	5:00.886 (42.478)	5:44.464 (43.579)		
6:28.596 (44.132)	7:11.387 (42.792)	7:54.103 (42.716)	8:37.400 (43.298)		
9:20.846 (43.446)	10:04.663 (43.817)	10:48.139 (43.477)	11:31.021 (42.882)		
12:15.398 (44.378)	12:59.674 (44.277)	13:44.749 (45.076)	14:29.497 (44.748)		
15:13.567 (44.070)	15:57.592 (44.026)	16:41.684 (44.092)	17:25.701 (44.017)		
18:09.005 (43.304)					
4 Anna Hertz	JR	Wartburg	18:45.71	18:25.26	
41.987 (41.987)	1:25.394 (43.408)	2:08.968 (43.575)	2:52.479 (43.511)		
3:35.587 (43.108)	4:18.423 (42.837)	5:00.892 (42.470)	5:44.489 (43.597)		
6:28.631 (44.142)	7:11.373 (42.742)	7:54.309 (42.936)	8:37.676 (43.367)		
9:21.165 (43.490)	10:05.490 (44.326)	10:51.234 (45.744)	11:36.933 (45.700)		
12:23.147 (46.214)	13:07.896 (44.750)	13:54.193 (46.298)	14:41.499 (47.306)		
15:26.938 (45.439)	16:12.971 (46.033)	16:58.425 (45.455)	17:43.946 (45.522)		
18:25.260 (41.314)					

5 Lexi Brown	SO Wartburg	18:25.56
40.810 (40.810)	1:23.927 (43.118)	2:07.562 (43.635)
3:33.651 (42.966)	4:16.144 (42.494)	5:43.197 (43.859)
6:28.293 (45.096)	7:11.042 (42.750)	8:37.266 (43.385)
9:21.369 (44.104)	10:06.265 (44.896)	11:37.488 (45.444)
12:23.440 (45.952)	13:07.956 (44.517)	14:41.892 (47.394)
15:27.518 (45.626)	16:13.209 (45.692)	17:43.417 (45.507)
18:25.559 (42.142)		
6 Addy Carlson	SO Wartburg	18:50.15 19:24.34
43.279 (43.279)	1:27.601 (44.322)	2:13.314 (45.714)
3:45.078 (46.018)	4:31.053 (45.975)	5:16.903 (45.851)
6:49.636 (46.519)	7:36.906 (47.270)	8:24.154 (47.249)
9:58.099 (46.997)	10:45.561 (47.463)	11:33.071 (47.510)
13:08.552 (47.617)	13:56.350 (47.799)	15:32.281 (47.811)
16:20.185 (47.905)	17:08.244 (48.059)	18:42.563 (46.134)
19:24.332 (41.769)		

Women 60 Meter Hurdles

Meet Record: M 9.05 1/24/2015 Sharnique Leonce, Iowa Western CC				
Facility: F 8.62 3/13/2021 Kelsie Sealock, Bethel (Minn.)				
Name	Year	School	Seed	Finals Points
1 Sailor Hinegardner	JR	Wartburg	9.51	7
2 Aricka Lambson	FR	Wartburg	9.70	5
3 Brooke Shafer	FR	Wartburg	10.39	
4 Akyma Bush	SO	Wartburg	12.74	
-- Ryin Lehmann	SO	Wartburg	DNS	

Women 4x400 Meter Relay

Meet Record: M 3:58.29 1/18/2020 Wartburg, Wartburg				
J Ganshirt, J Staebler, C McSorley, E Rittgers				
Facility: F 3:49.68 3/2/2019 Nebraska Wesleyan, Nebraska Wesleya				
E Jones, K Jones, A Frazier, A Rolfes				
School		Seed	Finals	Points
1 Wartburg 'B'			4:04.29	7
1) Brenna Jacobs JR	2) Rachel Nagel FR			
3) Macy Wilhelm FR	4) Carson McSorley JR			
4:04.289 (4:04.289)				
2 Wartburg			4:09.36	
1) Jackie Ganshirt SR	2) Annie Mast SO			
3) Addie Parker FR	4) Jada Gaskill FR			
4:09.358 (4:09.358)				
3 Wartburg 'C'			4:23.98	
4:23.980 (4:23.980)				
4 Cornell College			4:45.79	5
1) Emilia Lambert-Mergendahl FR	2) Sidney Brown SO			

3) Taylor Walsh SR
4:45.783 (4:45.783)

4) Mya Numedahl FR

Women High Jump

Meet Record: M 1.70m 1/18/2020 Brea Christopher, Wartburg											
Facility: F 1.73m 2013 Emily Tysma, Monmouth College											
Facility: F 1.73m 3/7/2020 Brea Christopher, Wartburg											
Name		Year		School		Seed		Finals		Points	
=====											
1 Brea Christopher		SO		Wartburg				1.74mF		5-08.50 7	
1.60 1.65 1.70 1.74 1.96											
0 0 XO 0 XXX											
2 Natalie McAllister		SO		Cornell College				1.60m		5-03.00 5	
1.40 1.45 1.50 1.55 1.60 1.65											
0 0 0 0 XO XXX											
3 Sidney Brown		SO		Cornell College				1.35m		4-05.00 4	
1.30 1.35 1.40											
XX0 0 XXX											

Women Pole Vault

Meet Record: M 3.07m 1/20/2018 Nicole Schneider, Wartburg						
Meet Record: M 3.07m 1/20/2018 Nichelle Johnson, Wartburg						
Facility: F 3.91m 3/2/2019 Heidi Nassos, Washington U.						
Name	Year	School	Seed	Finals	Points	
=====						
1 Belle Albers	SO	Wartburg		2.90m	9-06.25	7
2.60 2.75 2.90 3.08						
XO 0 XXO XXX						
2 Genevieve Chenoweth	FR	Upper Iowa	2.60m	2.45m	8-00.50	5
2.15 2.30 2.45 2.60						
XO 0 0 XXX						

Women Long Jump

Meet Record: M 5.50m 1/23/2016 Shylia Riley, Iowa Western CC											
Facility: F 6.17m 2012 Skye Morrison, Wartburg College											
Name		Year		School		Seed		Finals		Points	
=====											
1 Shaniah Johnson		FR		Wartburg				5.07m		16-07.75 7	
4.38m 5.07m 4.79m		4.83m		FOUL 5.00m							
2 Emma Houdek		FR		Wartburg				4.94m		16-02.50 5	
4.80m 4.66m 4.75m		4.70m		4.94m 4.66m							
3 Daekota Knott		FR		Wartburg				4.83m		15-10.25	
4.78m 4.83m		FOUL									
4 Jaderial Staebler		SR		Wartburg				4.76m		15-07.50	
4.63m FOUL 4.74m		FOUL		4.64m 4.76m							
5 Addie Parker		FR		Wartburg				4.74m		15-06.75	

6	Akyma Bush	FOUL	4.57m	FOUL	4.74m	FOUL	4.71m	15-05.50
			4.71m	4.62m	FOUL			
7	Kate Jorgensen				FR Wartburg		4.18m	13-08.75
			FOUL	4.18m	4.17m			
8	Maya Cable				FR Wartburg		4.18m	13-08.75
			4.18m	4.00m	3.93m	3.96m		
9	Ryin Lehmann				SO Wartburg		3.77m	12-04.50
			FOUL	FOUL	3.77m			

Women Triple Jump

Meet Record: M 11.54m 1/23/2016 Tascha Donnelly, Briar Cliff								
Facility: F 12.32m 2017 Amber Williams, UW-Platteville								
Name	Year	School	Seed	Finals	Points			
1 Daekota Knott		FR Wartburg		11.04m	36-02.75	7		
				11.04m	10.77m	10.36m	10.91m	10.75m 10.93m
2 Brea Christopher		SO Wartburg		10.76m	35-03.75	5		
				FOUL	FOUL	FOUL	10.75m	10.25m 10.76m
3 Kate Jorgensen		FR Wartburg		9.80m	32-02.00			
				9.80m	FOUL	9.19m	FOUL	FOUL 9.65m
4 Belle Albers		SO Wartburg		9.62m	31-06.75			
				9.45m	9.38m	9.53m	9.62m	FOUL 9.50m

Women Shot Put

Meet Record: M 13.93m 1/24/2015 Kayla Hemann, Wartburg								
Facility: F 14.55m 2013 Kayla Hemann, Wartburg College								
Name	Year	School	Seed	Finals	H#	Points		
1 Lily Meester		FR Wartburg	13.19m	12.39m	40-07.75	2	7	
				12.04m	12.26m	11.07m	12.13m	12.39m 12.20m
2 Haley Bemio		FR Wartburg	12.75m	12.09m	39-08.00	2	5	
				11.81m	12.09m	11.16m	11.75m	11.20m 11.72m
3 Kristen Reicks		SO Wartburg	10.28m	10.97m	36-00.00	2		
				10.97m	10.09m	10.19m	10.02m	10.46m 10.44m
4 Taylor Cruz		SR Cornell College	11.76m	10.86m	35-07.75	2	4	
				10.06m	10.54m	10.86m	10.44m	9.99m 9.69m
5 Natalie McAllister		SO Cornell College	9.50m	10.63m	34-10.50	1	3	
				10.63m	FOUL	10.45m	10.50m	10.09m 10.34m
6 Kiana Maghanoy		SO Upper Iowa	10.50m	10.27m	33-08.50	2	2	
				9.86m	9.44m	10.27m	9.95m	9.99m 10.03m
7 Brittany Lingenfelter		FR Wartburg	9.91m	10.01m	32-10.25	2		
				9.62m	10.01m	FOUL	FOUL	9.92m 8.80m
8 Grace McCartan		SO Wartburg	9.86m	9.13m	29-11.50	2		
				8.39m	9.13m	8.54m	FOUL	FOUL 8.47m
9 Heaven Walker		FR Cornell College		8.80m	28-10.50	1		
				8.38m	8.80m	8.55m	8.14m	8.44m 8.62m

10	Emma True	FR Wartburg	8.79m	28-10.25	1	
	7.91m FOUL 8.79m					
11	Talbot Kinney	FR Wartburg	8.57m	28-01.50	1	
	8.57m FOUL 8.32m					
12	Tara Jochumsen	FR Wartburg	8.77m	8.54m	28-00.25	1
	8.31m 8.54m 8.51m					
13	Samantha Warhoe	SR Cornell College	8.98m	7.84m	25-08.75	1
	7.63m 7.84m 7.43m					
14	Ellie Loesch	SR Upper Iowa	8.00m	6.99m	22-11.25	1 1
	6.46m 5.97m 6.99m					
--	Emma Ammons	SO Wartburg	11.59m	DNS		2

Women Weight Throw

Meet Record: M 19.69m 1/18/2020 LaVon Davis, Grand View						
Facility: F 18.45m 1/19/2019 Michelle Carrillo, Grand View						
Name	Year	School	Seed	Finals	H#	Points
1 Haley Bemnio		FR Wartburg	13.85m	14.99m	49-02.25	2 7
	14.31m 13.97m 14.31m	14.25m 14.99m 14.72m				
2 Grace McCartan		SO Wartburg	14.26m	14.62m	47-11.75	2 5
	14.37m 14.25m FOUL	13.73m 14.62m 14.31m				
3 Caitlynn Smith		JR Wartburg	12.26m	13.13m	43-01.00	2
	13.13m 12.79m 11.17m	11.61m FOUL 12.82m				
4 Lily Meester		FR Wartburg	13.52m	12.39m	40-07.75	2
	12.07m 11.63m 10.65m	9.15m 12.05m 12.39m				
5 Emma True		FR Wartburg		12.23m	40-01.50	1
	11.17m 11.46m 12.23m	11.36m 10.96m FOUL				
6 Taylor Cruz		SR Cornell College	13.24m	12.19m	40-00.00	2 4
	11.03m 12.00m FOUL	11.65m 12.19m 11.51m				
7 Kiana Maghanoy		SO Upper Iowa	10.92m	11.77m	38-07.50	1 3
	11.77m FOUL 11.48m	11.67m FOUL FOUL				
8 Emma Ammons		SO Wartburg	12.26m	11.67m	38-03.50	2
	11.66m 11.49m 11.19m	11.67m FOUL 11.29m				
9 Tara Jochumsen		FR Wartburg	10.22m	11.46m	37-07.25	1
	9.61m 11.16m 11.36m	11.46m 11.00m 10.71m				
10 Brittany Lingenfelter		FR Wartburg	10.97m	11.05m	36-03.00	1
	11.05m 9.63m FOUL					
11 Kristen Reicks		SO Wartburg	11.08m	10.52m	34-06.25	2
	10.02m 10.52m FOUL					
12 Talbot Kinney		FR Wartburg		8.85m	29-00.50	1
	FOUL 8.85m 7.71m					
13 Samantha Warhoe		SR Cornell College		8.83m	28-11.75	1 2
	8.17m 8.27m 8.83m					

Men 60 Meter Dash

Meet Record: M 6.94 1/20/2018 Joshua Raphael, Indian Hills CC			
Facility: F 6.82 2016 David Paynotta, UW-River Falls			

Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1 Riley Nolan		JR Wartburg		7.16q	1
2 Jacob Kamara		FR Wartburg		7.23q	2
3 Ian Neyens		FR Wartburg		7.29q	1
4 Jacob Engelken		SR Cornell College	7.20	7.30q	2
5 Felix Owusu Ansah		FR Cornell College	7.20	7.32q	1
6 Caden Miller-Baker		FR Wartburg		7.39q	1 7.384
7 Kaitano Bateman		FR Upper Iowa		7.39q	1 7.386
8 Noah Bauereis		FR Wartburg		7.42q	2 7.412
9 Niko Platre		FR Cornell College	7.40	7.42	2 7.417
10 Zach Abbey		FR Wartburg		7.65	2
11 Doniel Greiner		SO Cornell College	7.40	7.67	1
12 Tre Chapman		FR Cornell College	7.70	7.84	2

Men 60 Meter Dash

=====					
Meet Record: M 6.94 1/20/2018 Joshua Raphael, Indian Hills CC					
Facility: F 6.82 2016 David Paynotta, UW-River Falls					
Name	Year	School	Prelims	Finals	Points
=====					
Finals					
1 Riley Nolan		JR Wartburg	7.16	7.11	7
2 Jacob Engelken		SR Cornell College	7.30	7.17	5
3 Ian Neyens		FR Wartburg	7.29	7.26	4
4 Caden Miller-Baker		FR Wartburg	7.39	7.33	
5 Felix Owusu Ansah		FR Cornell College	7.32	7.37	3
6 Noah Bauereis		FR Wartburg	7.42	7.39	
7 Kaitano Bateman		FR Upper Iowa	7.39	7.46	2
-- Jacob Kamara		FR Wartburg	7.23	DNS	

Men 200 Meter Dash

=====					
Meet Record: M 22.07 1/23/2016 Robert Iron Shell, Briar Cliff					
Facility: F 21.52 3/12/2021 JP Vaught, Centre					
Name	Year	School	Seed	Finals	H# Points
=====					
1 Ian Neyens		FR Wartburg	24.00	23.01	3 7
2 Jacob Engelken		SR Cornell College	24.50	23.46	3 5
3 Caden Miller-Baker		FR Wartburg	23.50	23.57	4 4
4 Noah Bauereis		FR Wartburg	22.80	23.64	4
5 David Hayes		FR Upper Iowa		23.76	1 3
6 Niko Platre		FR Cornell College	24.75	24.55	3 2
7 Xavier Holland		FR Wartburg	24.00	24.93	4
8 Nathan Watters		JR Cornell College	26.01	25.21	2
9 Thomas Machande		FR Cornell College	25.00	25.33	2
10 Doniel Greiner		SO Cornell College	25.00	25.45	2
11 Jack Goedken		FR Wartburg		25.63	1

12 Tre Chapman	FR Cornell College	25.00	26.02	2
13 Brody Stark	FR Wartburg		26.33	1
-- Felix Owusu Ansah	FR Cornell College	24.50	DNS	3
-- Jacob Kamara	FR Wartburg	23.00	DNS	4

Men 400 Meter Dash

=====					
Meet Record: M 49.39 1/23/2016 Robert Iron Shell, Briar Cliff					
Facility: F 47.93 2/23/2019 Patrick Mikel, Loras					
Name	Year	School	Seed	Finals	Points
=====					
1 Thomas Machande		FR Cornell College	56.00	55.82	7
26.951 (26.951)	55.811 (28.861)				
2 Ryan Mofidi		FR Cornell College	59.99	1:01.19	5
28.271 (28.271)	1:01.190 (32.919)				

Men 600 Meter Run

=====					
Meet Record: M 1:20.51 1/23/2016 Jim Warren, St. Ambrose					
Name	Year	School	Seed	Finals	H# Points
=====					
1 Nathan Goranson		JR Upper Iowa		1:26.15	2 7
27.117 (27.117)	56.220 (29.104)	1:26.142 (29.923)			
2 Mohamed Tamsah		FR Wartburg	1:28.33	1:27.00	2 5
26.822 (26.822)	56.006 (29.184)	1:26.991 (30.985)			
3 Blake Smith		FR Upper Iowa		1:29.06	2 4
27.530 (27.530)	57.640 (30.111)	1:29.058 (31.418)			
4 Stephen Elliott		FR Wartburg		1:30.00	2 3
26.082 (26.082)	56.366 (30.284)	1:30.000 (33.635)			
5 Eddie Banda		FR Cornell College		1:36.80	1 2
30.045 (30.045)	1:02.794 (32.750)	1:36.792 (33.998)			
6 Bryce Baker		JR Upper Iowa		1:36.95	2
28.502 (28.502)	1:00.976 (32.474)	1:36.945 (35.970)			
7 Brady Johnston		JR Upper Iowa		1:37.45	1
31.061 (31.061)	1:04.432 (33.371)	1:37.444 (33.012)			
8 Dalton Baker		JR Upper Iowa		1:40.69	1
30.585 (30.585)	1:04.149 (33.564)	1:40.684 (36.535)			
-- Austin Bittenbinder		SR Upper Iowa		SCR	
-- Jensen Clapp		FR Wartburg	1:28.20	SCR	
-- Joe Hasken		FR Wartburg	1:29.12	SCR	

Men 1000 Meter Run

=====					
Meet Record: M 2:30.31 1/24/2015 Mitchell Schleis, Briar Cliff					
Facility: F 2:26.75 2019 Zach Lee, Wis-Platteville					
Name	Year	School	Seed	Finals	H# Points
=====					
1 Frosty Lorimer		SR Wartburg	2:30.00	2:32.52	2 7
29.933 (29.933)	1:00.837 (30.904)	1:31.619 (30.783)		2:02.291 (30.672)	

2:32.514 (30.224)					
2 Wyatt Schmidt	JR Wartburg	2:30.00	2:33.12	2	5
30.304 (30.304)	1:01.023 (30.720)	1:31.707 (30.684)	2:02.970 (31.264)		
2:33.120 (30.150)					
3 Jacob VanderWilt	SO Wartburg	2:40.00	2:38.38	2	
31.133 (31.133)	1:02.097 (30.965)	1:33.646 (31.549)	2:06.385 (32.740)		
2:38.379 (31.994)					
4 Isaak Hutchings	FR Cornell College	2:42.00	2:38.47	2	4
30.502 (30.502)	1:01.363 (30.861)	1:33.259 (31.897)	2:06.185 (32.926)		
2:38.461 (32.277)					
5 Drake Strnad	FR Wartburg	2:44.10	2:48.71	2	
31.276 (31.276)	1:03.314 (32.039)	1:37.208 (33.894)	2:12.311 (35.104)		
2:48.701 (36.390)					
6 Tyler Bilskie	FR Cornell College	2:45.00	2:48.95	1	3
32.463 (32.463)	1:05.551 (33.089)	1:39.785 (34.234)	2:14.685 (34.900)		
2:48.948 (34.263)					
7 Dalton Closson	JR Wartburg	2:44.10	2:59.36	2	
31.535 (31.535)	1:03.345 (31.810)	1:38.819 (35.475)	2:18.585 (39.766)		
2:59.355 (40.770)					
8 Bert Cortez	FR Wartburg	3:00.00	3:01.21	1	
34.137 (34.137)	1:09.976 (35.839)	1:47.187 (37.211)	2:24.167 (36.980)		
3:01.203 (37.037)					
9 Nathan MacDonald	JR Wartburg	2:44.25	3:09.57	1	
33.882 (33.882)	1:10.132 (36.250)	1:49.168 (39.037)	2:30.839 (41.672)		
3:09.563 (38.724)					
10 Carson Collet	FR Wartburg	2:44.20	3:11.65	1	
33.532 (33.532)	1:09.587 (36.056)	1:48.641 (39.055)	2:30.028 (41.387)		
3:11.646 (41.618)					
11 Dane Markegard	SO Cornell College		3:26.29	1	
34.907 (34.907)	1:13.655 (38.749)	1:58.005 (44.350)	2:42.817 (44.813)		
3:26.281 (43.464)					
-- Carter Cruise	FR Wartburg	2:35.00	DNS	2	
-- Matt Egts	SR Wartburg	2:40.00	DNS	2	
-- Callum Brittain	JR Wartburg	2:45.00	SCR		

Men 1 Mile Run

=====					
Meet Record: M 4:21.91	1/21/2017	Jerry Frawley, Wartburg			
Facility: F 4:10.99	2/17/2018	Casey Roberts, Wartburg			
Name	Year	School	Seed	Finals	Points
=====					
1 Noah Worthington	SR	Wartburg	4:30.00	4:40.60	7
35.350 (35.350)	1:08.664 (33.315)	1:42.511 (33.848)	2:17.565 (35.054)		
2:53.255 (35.690)	3:29.400 (36.145)	4:05.442 (36.043)	4:40.595 (35.153)		
2 Colin Greenwell	FR	Wartburg	4:45.00	4:44.57	5
36.403 (36.403)	1:11.166 (34.764)	1:46.648 (35.482)	2:23.487 (36.839)		
3:01.045 (37.558)	3:37.507 (36.463)	4:11.623 (34.117)	4:44.567 (32.945)		
3 Tyler Bilskie	FR	Cornell College	4:38.00	4:44.98	4
35.565 (35.565)	1:08.881 (33.317)	1:42.820 (33.939)	2:17.825 (35.006)		

2:53.554 (35.730)	3:30.265 (36.711)	4:08.105 (37.840)	4:44.977 (36.873)
4 Gabe Hunt	FR Cornell College	4:45.00	4:50.81 3
35.841 (35.841)	1:09.891 (34.050)	1:45.148 (35.257)	2:21.916 (36.768)
2:59.772 (37.857)	3:38.064 (38.293)	4:15.347 (37.284)	4:50.803 (35.456)
5 Griffin Steiniger	FR Wartburg	4:51.91	
36.754 (36.754)	1:10.791 (34.037)	1:45.729 (34.939)	2:22.917 (37.188)
3:01.111 (38.194)	3:39.325 (38.215)	4:17.111 (37.786)	4:51.906 (34.796)
6 Logan Wisocki-Johnson	FR Wartburg	4:50.00	4:56.27
36.691 (36.691)	1:11.581 (34.891)	1:47.846 (36.266)	2:26.266 (38.420)
3:05.518 (39.252)	3:44.977 (39.460)	4:23.442 (38.465)	4:56.267 (32.826)
7 Peter Weber	SR Cornell College	4:56.28	
38.491 (38.491)	1:14.650 (36.159)	1:51.989 (37.339)	2:30.051 (38.062)
3:08.294 (38.244)	3:45.965 (37.671)	4:22.437 (36.473)	4:56.273 (33.836)
8 Nathaniel Knutson	FR Wartburg	5:02.22	4:59.27
37.899 (37.899)	1:13.329 (35.431)	1:49.957 (36.628)	2:28.185 (38.228)
3:06.390 (38.206)	3:44.840 (38.450)	4:22.890 (38.051)	4:59.269 (36.380)
9 Josh Arias	FR Wartburg	5:00.00	5:00.17
37.028 (37.028)	1:11.711 (34.683)	1:48.000 (36.290)	2:26.407 (38.407)
3:05.632 (39.226)	3:45.152 (39.521)	4:23.948 (38.796)	5:00.164 (36.217)
10 Luke Benson	FR Wartburg	5:00.00	5:02.69
37.974 (37.974)	1:14.112 (36.138)	1:51.624 (37.513)	2:38.057 (46.434)
3:09.941 (31.884)	3:49.583 (39.642)	4:28.195 (38.612)	5:02.683 (34.489)
11 Paul Hoopes	FR Wartburg	5:09.58	
38.188 (38.188)	1:14.462 (36.275)	1:52.056 (37.594)	2:31.030 (38.974)
3:11.162 (40.133)	3:51.708 (40.546)	4:30.672 (38.965)	5:09.577 (38.905)
12 Brice Rhodes	SO Wartburg	4:48.24	5:28.40
36.674 (36.674)	1:11.869 (35.195)	1:49.024 (37.156)	2:29.381 (40.358)
3:12.207 (42.827)	3:56.651 (44.445)	4:43.411 (46.760)	5:28.400 (44.989)
13 Dane Markegard	SO Cornell College	5:32.83	
38.649 (38.649)	1:15.569 (36.920)	1:55.605 (40.037)	2:30.566 (34.961)
3:22.517 (51.951)	4:07.148 (44.632)	4:51.934 (44.786)	5:32.829 (40.896)
-- Isaac Davis	SO Wartburg	5:00.82	DNS

Men 3000 Meter Run

=====					
Meet Record: M 8:26.02	1/21/2017	Bennet Moser, Wartburg			
Facility: F 8:19.87	3/7/2020	Brad Hodkinson, Washington U			
Name	Year	School	Seed	Finals	H# Points
=====					
1 Christopher Collet	SO	Wartburg	8:27.66	8:25.80M	2 7
32.303 (32.303)	1:05.244 (32.942)	1:38.776 (33.532)	2:13.279 (34.503)		
2:48.590 (35.311)	3:22.486 (33.896)	3:56.660 (34.174)	4:30.756 (34.096)		
5:04.777 (34.022)	5:39.497 (34.720)	6:14.225 (34.728)	6:49.583 (35.359)		
7:25.030 (35.448)	7:57.788 (32.758)	8:25.800 (28.013)			
2 Nick Henry	SO	Wartburg	8:49.69	8:38.39	2 5
34.897 (34.897)	1:09.150 (34.254)	1:44.234 (35.084)	2:19.483 (35.249)		
2:54.799 (35.317)	3:29.413 (34.614)	4:05.291 (35.879)	4:39.676 (34.385)		
5:13.038 (33.363)	5:46.997 (33.959)	6:21.217 (34.221)	6:54.442 (33.226)		
7:28.709 (34.267)	8:02.574 (33.866)	8:38.386 (35.813)			

3	Michael Goodenbour	FR Wartburg	8:55.00	8:52.09	2
	34.559 (34.559)	1:08.562 (34.003)	1:43.737 (35.175)	2:19.027 (35.291)	
	2:55.074 (36.047)	3:29.769 (34.695)	4:05.531 (35.763)	4:41.126 (35.595)	
	5:16.666 (35.540)	5:53.101 (36.435)	6:30.045 (36.944)	7:06.506 (36.462)	
	7:43.543 (37.037)	8:19.087 (35.545)	8:52.085 (32.999)		
4	Clay Pehl	FR Wartburg	9:00.00	8:53.27	2
	35.055 (35.055)	1:09.269 (34.214)	1:44.231 (34.963)	2:19.624 (35.394)	
	2:55.362 (35.739)	3:29.996 (34.634)	4:05.752 (35.756)	4:41.464 (35.713)	
	5:16.910 (35.447)	5:53.151 (36.241)	6:29.659 (36.508)	7:06.692 (37.033)	
	7:43.713 (37.022)	8:19.383 (35.670)	8:53.269 (33.886)		
5	Sam Madson	SR Wartburg	8:40.00	8:55.25	2
	34.063 (34.063)	1:08.330 (34.268)	1:43.452 (35.122)	2:18.887 (35.435)	
	2:54.980 (36.093)	3:29.526 (34.547)	4:05.006 (35.481)	4:40.507 (35.501)	
	5:15.944 (35.437)	5:53.422 (37.478)	6:30.740 (37.318)	7:09.276 (38.537)	
	7:48.558 (39.283)	8:23.526 (34.968)	8:55.248 (31.723)		
6	Ali Ali	SR Wartburg	8:42.29	8:57.26	2
	34.045 (34.045)	1:08.075 (34.030)	1:42.751 (34.676)	2:17.192 (34.442)	
	2:52.013 (34.821)	3:27.163 (35.151)	4:01.973 (34.810)	4:37.624 (35.652)	
	5:13.519 (35.895)	5:49.506 (35.988)	6:26.547 (37.041)	7:04.427 (37.881)	
	7:42.826 (38.399)	8:20.197 (37.372)	8:57.260 (37.063)		
7	Jack Kinzer	FR Wartburg	8:50.00	8:58.87	2
	34.624 (34.624)	1:08.804 (34.181)	1:43.944 (35.140)	2:19.175 (35.231)	
	2:55.275 (36.101)	3:29.212 (33.937)	4:05.198 (35.987)	4:41.409 (36.211)	
	5:17.798 (36.389)	5:54.680 (36.883)	6:32.904 (38.224)	7:10.533 (37.629)	
	7:49.115 (38.583)	8:26.133 (37.018)	8:58.865 (32.732)		
8	Alec Ille	JR Wartburg	8:26.64	9:02.79	2
	32.043 (32.043)	1:05.015 (32.973)	1:38.510 (33.495)	2:13.094 (34.585)	
	2:48.708 (35.615)	3:24.083 (35.376)	3:59.915 (35.832)	4:36.366 (36.451)	
	5:13.765 (37.400)	5:51.033 (37.268)	6:29.160 (38.128)	7:07.658 (38.498)	
	7:46.061 (38.403)	8:24.886 (38.825)	9:02.789 (37.904)		
9	Aaron Davidson	SR Cornell College	8:45.00	9:14.49	2 4
	33.338 (33.338)	1:07.372 (34.035)	1:42.957 (35.585)	2:18.050 (35.094)	
	2:53.820 (35.770)	3:29.679 (35.860)	4:05.422 (35.744)	4:40.938 (35.516)	
	5:17.351 (36.414)	5:54.871 (37.521)	6:34.076 (39.205)	7:14.735 (40.659)	
	7:56.116 (41.382)	8:32.176 (36.060)	9:14.486 (42.311)		
10	Gabe Soda	FR Cornell College	9:20.00	9:15.57	1 3
	35.806 (35.806)	1:12.789 (36.983)	1:50.048 (37.260)	2:26.328 (36.280)	
	3:03.069 (36.741)	3:40.435 (37.367)	4:18.236 (37.801)	4:55.986 (37.751)	
	5:34.433 (38.447)	6:13.914 (39.482)	6:52.610 (38.697)	7:30.198 (37.588)	
	8:08.139 (37.941)	8:44.304 (36.166)	9:15.563 (31.260)		
11	Michael Schmitz	SO Wartburg	9:00.00	9:15.70	1
	34.627 (34.627)	1:11.056 (36.430)	1:47.064 (36.009)	2:23.533 (36.469)	
	3:00.432 (36.899)	3:38.606 (38.174)	4:16.512 (37.907)	4:54.407 (37.895)	
	5:32.930 (38.524)	6:11.998 (39.068)	6:51.314 (39.316)	7:29.858 (38.545)	
	8:07.538 (37.681)	8:43.327 (35.789)	9:15.694 (32.368)		
12	Ian Barry	FR Wartburg		9:17.82	1
	35.208 (35.208)	1:12.277 (37.070)	1:49.508 (37.232)	2:26.459 (36.951)	
	3:04.352 (37.894)	3:42.630 (38.279)	4:20.885 (38.255)	4:58.816 (37.931)	
	5:37.068 (38.252)	6:15.100 (38.032)	6:52.344 (37.244)	7:29.968 (37.625)	

	8:07.943 (37.975)	8:44.031 (36.089)	9:17.820 (33.790)		
13 Aiden Housman	FR Wartburg		9:32.04	9:28.71	1
	35.523 (35.523)	1:12.533 (37.011)	1:49.794 (37.261)	2:26.177 (36.384)	
	3:02.846 (36.669)	3:40.202 (37.356)	4:17.952 (37.751)	4:55.720 (37.768)	
	5:34.144 (38.425)	6:13.667 (39.523)	6:52.563 (38.897)	7:32.026 (39.464)	
	8:12.019 (39.993)	8:51.678 (39.660)	9:28.708 (37.030)		
14 Greyson Kincaid	JR Wartburg		9:20.00	9:32.32	1
	36.459 (36.459)	1:13.189 (36.731)	1:50.871 (37.683)	2:28.207 (37.337)	
	3:05.517 (37.310)	3:42.936 (37.419)	4:20.984 (38.048)	4:58.770 (37.787)	
	5:37.165 (38.395)	6:15.825 (38.660)	6:55.393 (39.569)	7:35.218 (39.825)	
	8:15.456 (40.239)	8:54.792 (39.336)	9:32.314 (37.523)		
15 Jacob Keay	FR Wartburg		9:54.88	9:36.53	1
	36.763 (36.763)	1:13.471 (36.708)	1:51.335 (37.865)	2:28.446 (37.111)	
	3:05.914 (37.468)	3:43.274 (37.361)	4:21.456 (38.182)	4:59.512 (38.056)	
	5:37.786 (38.274)	6:18.370 (40.585)	6:59.642 (41.272)	7:42.278 (42.636)	
	8:24.148 (41.871)	9:04.056 (39.908)	9:36.528 (32.473)		
16 Andrew Poock	FR Wartburg		9:30.00	9:43.35	1
	36.652 (36.652)	1:14.240 (37.589)	1:51.715 (37.475)	2:29.037 (37.322)	
	3:06.707 (37.670)	3:44.861 (38.155)	4:23.439 (38.578)	5:02.866 (39.427)	
	5:43.237 (40.371)	6:24.367 (41.131)	7:05.529 (41.162)	7:46.931 (41.402)	
	8:28.756 (41.826)	9:08.813 (40.057)	9:43.348 (34.535)		
17 Luke Murray	SR Cornell College			10:15.29	1
	36.375 (36.375)	1:14.006 (37.632)	1:53.200 (39.194)	2:33.129 (39.929)	
	3:14.364 (41.235)	3:56.075 (41.712)	4:37.581 (41.506)	5:19.984 (42.403)	
	6:02.371 (42.387)	6:46.187 (43.817)	7:29.207 (43.020)	8:11.633 (42.426)	
	8:54.804 (43.172)	9:37.174 (42.370)	10:15.289 (38.115)		
-- Matt Heinzman	SR Wartburg		8:30.74	DNF	2
	32.742 (32.742)	1:06.210 (33.469)	1:40.694 (34.484)		
-- Joe Freiburger	SR Wartburg		8:21.93	DNF	2
	31.652 (31.652)	1:04.652 (33.000)	1:37.919 (33.267)	2:12.577 (34.659)	
	2:47.548 (34.971)	3:21.823 (34.275)	3:55.876 (34.054)	4:29.981 (34.105)	
	5:03.959 (33.978)	5:38.884 (34.926)			
-- Robby Munoz	FR Wartburg			DNS	1
-- Dalton Martin	JR Wartburg		8:37.70	SCR	
-- Jacob Green	FR Wartburg		8:50.00	SCR	

Men 5000 Meter Run

=====					
Meet Record:	M 14:32.34	1/16/2021	Joe Freiburger, Wartburg		
Facility:	F 14:25.87	3/7/2021	Joe Freiburger, Wartburg		
Name	Year	School	Seed	Finals	Points
=====					
1 Collin Day		JR Wartburg	15:23.19	15:10.07	7
	35.930 (35.930)	1:12.097 (36.168)	1:47.889 (35.793)	2:23.863 (35.974)	
	2:59.947 (36.085)	3:35.185 (35.238)	4:11.072 (35.887)	4:48.198 (37.127)	
	5:24.870 (36.672)	6:02.050 (37.181)	6:39.159 (37.109)	7:16.928 (37.769)	
	7:52.876 (35.949)	8:28.685 (35.810)	9:05.794 (37.109)	9:42.663 (36.870)	
	10:19.569 (36.906)	10:55.996 (36.428)	11:34.241 (38.246)	12:12.767 (38.526)	
	12:50.074 (37.308)	13:26.924 (36.850)	14:04.589 (37.666)	14:38.948 (34.360)	

15:10.061 (31.113)					
2 Connor Lancial	FR Wartburg	15:43.78	15:15.38	5	
35.729 (35.729)	1:11.838 (36.110)	1:47.279 (35.441)	2:23.236 (35.958)		
2:58.962 (35.726)	3:34.091 (35.129)	4:09.735 (35.645)	4:45.402 (35.667)		
5:21.294 (35.892)	5:57.658 (36.365)	6:34.270 (36.612)	7:11.684 (37.414)		
7:49.349 (37.666)	8:26.930 (37.581)	9:05.043 (38.113)	9:42.265 (37.222)		
10:19.876 (37.612)	10:57.191 (37.315)	11:34.936 (37.746)	12:13.460 (38.524)		
12:51.176 (37.717)	13:28.903 (37.727)	14:05.679 (36.777)	14:42.114 (36.435)		
15:15.373 (33.259)					
3 Jacob Green	FR Wartburg	14:50.64	15:17.30		
35.175 (35.175)	1:11.209 (36.034)	1:46.990 (35.781)	2:22.951 (35.962)		
2:58.634 (35.683)	3:33.711 (35.078)	4:09.372 (35.661)	4:45.022 (35.651)		
5:20.701 (35.679)	5:57.142 (36.441)	6:33.125 (35.984)	7:09.233 (36.108)		
7:45.152 (35.919)	8:21.594 (36.443)	8:58.404 (36.811)	9:35.044 (36.640)		
10:12.569 (37.525)	10:50.485 (37.917)	11:28.302 (37.817)	12:06.578 (38.277)		
12:44.896 (38.318)	13:23.285 (38.390)	14:02.331 (39.047)	14:40.933 (38.603)		
15:17.296 (36.363)					
4 Drew Hoffman	SR Wartburg	15:07.29	15:22.19		
36.204 (36.204)	1:12.410 (36.207)	1:48.171 (35.761)	2:24.170 (35.999)		
3:00.261 (36.092)	3:35.806 (35.546)	4:11.897 (36.091)	4:48.612 (36.716)		
5:25.147 (36.535)	6:02.298 (37.151)	6:38.871 (36.574)	7:16.315 (37.444)		
7:52.455 (36.140)	8:28.957 (36.502)	9:06.036 (37.079)	9:43.167 (37.131)		
10:20.055 (36.889)	10:56.279 (36.224)	11:33.435 (37.157)	12:10.585 (37.150)		
12:48.560 (37.976)	13:27.811 (39.252)	14:06.691 (38.881)	14:45.222 (38.531)		
15:22.182 (36.960)					
5 Sam Schmitz	FR Wartburg	14:51.82	15:25.00		
35.316 (35.316)	1:11.123 (35.807)	1:46.807 (35.684)	2:22.769 (35.962)		
2:58.234 (35.466)	3:33.174 (34.940)	4:08.814 (35.640)	4:44.414 (35.601)		
5:20.321 (35.908)	5:56.811 (36.490)	6:33.519 (36.709)	7:10.827 (37.308)		
7:48.814 (37.988)	8:26.594 (37.780)	9:04.855 (38.262)	9:42.917 (38.062)		
10:20.363 (37.447)	10:57.708 (37.345)	11:36.044 (38.336)	12:14.964 (38.920)		
12:54.467 (39.504)	13:34.072 (39.606)	14:11.938 (37.866)	14:49.042 (37.104)		
15:24.992 (35.951)					
6 Morgan Shirley-Fairbairn	JR Wartburg	14:54.68	15:32.26		
35.476 (35.476)	1:11.584 (36.108)	1:47.550 (35.967)	2:23.568 (36.018)		
2:59.627 (36.060)	3:35.383 (35.756)	4:11.588 (36.205)	4:48.042 (36.455)		
5:24.580 (36.539)	6:01.304 (36.724)	6:38.598 (37.295)	7:16.045 (37.447)		
7:53.072 (37.028)	8:30.717 (37.645)	9:09.035 (38.318)	9:46.983 (37.949)		
10:24.931 (37.948)	11:03.523 (38.593)	11:42.081 (38.559)	12:20.983 (38.902)		
12:58.974 (37.992)	13:36.415 (37.442)	14:15.304 (38.889)	14:54.055 (38.752)		
15:32.254 (38.200)					
7 Ryan Neubauer	FR Wartburg	15:58.36	16:11.14		
38.031 (38.031)	1:16.288 (38.257)	1:54.917 (38.629)	2:33.524 (38.607)		
3:00.242 (26.719)	3:49.242 (49.001)	4:27.312 (38.070)	5:05.576 (38.264)		
5:43.660 (38.085)	6:21.965 (38.305)	7:00.783 (38.818)	7:39.852 (39.070)		
8:19.421 (39.570)	8:58.430 (39.009)	9:37.765 (39.335)	10:17.835 (40.071)		
10:56.667 (38.832)	11:36.307 (39.641)	12:16.442 (40.135)	12:56.868 (40.426)		
13:36.608 (39.741)	14:16.781 (40.173)	14:57.220 (40.440)	15:36.868 (39.648)		
16:11.131 (34.264)					

8 Jon Hutton	FR Wartburg	16:15.31	
38.363 (38.363)	1:16.655 (38.293)	1:55.492 (38.837)	2:34.359 (38.867)
3:12.283 (37.925)	3:50.093 (37.811)	4:28.067 (37.974)	5:06.170 (38.103)
5:44.310 (38.140)	6:22.450 (38.141)	7:01.448 (38.998)	7:40.468 (39.021)
8:20.122 (39.655)	8:59.283 (39.161)	9:38.963 (39.680)	10:18.436 (39.474)
10:57.538 (39.102)	11:37.078 (39.541)	12:16.832 (39.754)	12:56.847 (40.016)
13:37.153 (40.306)	14:17.281 (40.128)	14:57.489 (40.208)	15:36.899 (39.411)
16:15.303 (38.405)			
9 Gavin Roy	FR Wartburg	16:38.00	
38.590 (38.590)	1:17.037 (38.447)	1:55.829 (38.793)	2:34.729 (38.900)
3:13.005 (38.277)	3:50.946 (37.941)	4:28.758 (37.813)	5:07.407 (38.649)
5:46.276 (38.870)	6:24.725 (38.449)	7:03.887 (39.163)	7:44.274 (40.387)
8:24.605 (40.331)	9:05.756 (41.152)	9:46.320 (40.564)	10:27.140 (40.820)
11:08.021 (40.882)	11:49.975 (41.955)	12:32.185 (42.210)	13:14.401 (42.216)
13:56.970 (42.570)	14:38.835 (41.865)	15:20.721 (41.887)	16:00.407 (39.686)
16:38.000 (37.594)			
-- Jack Meyers	FR Wartburg	16:13.64	DNF
37.746 (37.746)	1:16.181 (38.435)	1:55.189 (39.009)	
2:33.982 (38.793)	3:11.888 (37.907)	3:49.624 (37.737)	
4:27.612 (37.989)	5:05.818 (38.206)	5:43.862 (38.044)	
6:22.107 (38.246)	7:01.073 (38.966)	8:19.766 (1:18.693)	
8:58.803 (39.038)	9:38.746 (39.944)	10:21.207 (42.461)	
-- Joe Freiburger	SR Wartburg	14:18.86	DNF
34.939 (34.939)	1:10.948 (36.009)	1:46.656 (35.708)	2:22.649 (35.993)
2:57.938 (35.290)	3:32.967 (35.030)	4:08.586 (35.619)	4:43.993 (35.407)
5:19.818 (35.826)	5:55.992 (36.174)	6:31.870 (35.879)	7:08.853 (36.983)
7:44.743 (35.891)	8:20.859 (36.116)	8:57.869 (37.011)	
-- Liam Conroy	SR Wartburg	15:04.71	DNS

Men 60 Meter Hurdles

Meet Record: M	8.16	1/16/2021	Dallas Wright, Wartburg		
Facility: F	8.06	3/7/2021	Deyton Love, Wartburg		
Name	Year	School	Seed	Finals	Points
1 Dallas Wright	SR	Wartburg		8.19	7
2 Deyton Love	FR	Wartburg		8.36	5
3 Dalton Closson	JR	Wartburg		9.39	
4 Brody Stark	FR	Wartburg		9.92	
5 Carson Collet	FR	Wartburg		10.03	
6 Nathan MacDonald	JR	Wartburg		10.54	
7 Jack Goedken	FR	Wartburg		11.90	
-- Will Krapfl	SO	Wartburg		DNS	

Men 4x400 Meter Relay

Meet Record: M	3:23.33	1/23/2016	Briar Cliff, Briar Cliff
			R Muncy, T Ezimora, R Iron Shell, J Roden
Facility: F	3:15.64	3/7/2020	Washington U., Washington U

A Whitaker, A Santoro, G Dimailig, J Wagner

School	Seed	Finals	H#	Points
=====				
1 Upper Iowa	3:35.84	3:26.78	2	7
1) Cameron Green SO				
3) Deion Jones SO				
2 Wartburg		3:27.15	2	5
1) Riley Nolan JR				
3) Stephen Elliott FR				
3 Wartburg 'B'		3:28.10	2	
1) Zach Abbey FR				
3) Mohamed Temsah FR				
4 Wartburg 'C'		3:33.25	2	
5 Cornell College		3:44.97	2	4
1) Jacob Engelken SR				
3) Eddie Banda FR				
6 Wartburg 'E'		3:54.43	1	
7 Wartburg 'D'		3:56.99	1	
-- Wartburg 'F'		DNS	1	

Men Pole Vault

=====					
Meet Record: M 4.55m 1/23/2016 Paul Hill, Graceland					
Facility: F 5.62m 2008 Jacob Pauli, Nike					
Name	Year	School	Seed	Finals	Points
=====					
1 Carson Collet		FR Wartburg		3.80m	12-05.50 7
3.35 3.50 3.65 3.80 3.95					
0 0 0 XO XXX					
2 Nathan MacDonald		JR Wartburg		3.50m	11-05.75 5
3.20 3.35 3.50 3.65					
0 0 0 XXX					
3 Dalton Closson		JR Wartburg		3.20m	10-06.00
3.05 3.20 3.35					
0 XXO XXX					

Men Long Jump

=====					
Meet Record: M 7.17m 1/23/2016 Tirrell Brooks, Graceland					
Facility: F 7.36m 2/22/2019 Famiek Cook, Wartburg					
Name	Year	School	Seed	Finals	Points
=====					
1 Deyton Love		FR Wartburg		6.97m	22-10.50 7
6.97m FOUL FOUL					
2 Lincoln Kleese		SO Wartburg		6.03m	19-09.50 5
FOUL FOUL 5.89m 5.97m 6.03m FOUL					
3 Jacob Kamara		FR Wartburg		6.01m	19-08.75
5.91m FOUL 6.01m 5.87m FOUL					
4 Xavier Holland		FR Wartburg		5.77m	18-11.25

5	Felix Owusu Ansah	FR Cornell College	5.52m	18-01.50	4
6	Nathan Watters	JR Cornell College	5.35m	17-06.75	3
7	Max Goodhue	SO Wartburg	4.79m	15-08.75	

Men Triple Jump

Meet Record: M 13.87m 1/18/2020 Daniel Headley, Grand View					
Facility: F 14.78m 3/7/2021 Brock Lewis, Central College					
Name	Year	School	Seed	Finals	Points
1 Max Goodhue	SO	Wartburg	12.73m	41-09.25	7

Men Shot Put

Meet Record: M 17.81m 1/24/2015 Colt Feltes, Wartburg					
Facility: F 18.58m 2015 Colt Feltes, Wartburg College					
Name	Year	School	Seed	Finals	H# Points
1 Mason Lobeck	FR	Wartburg	13.59m	44-07.00	1 7
2 Brad Pace	SR	Cornell College	14.08m	13.09m	42-11.50 2 5
3 Graeson Trevino	JR	Wartburg	13.40m	12.71m	41-08.50 2 4
4 Michael Pace	FR	Upper Iowa	12.56m	41-02.50	1 3
5 Adam Teare	FR	Wartburg	11.95m	39-02.50	1
6 Macklin Conrad	JR	Upper Iowa	11.95m	11.85m	38-10.50 2 2
7 Brock Flack	SR	Cornell College	12.19m	11.82m	38-09.50 2 1
8 Christian Nunley	FR	Wartburg	11.71m	38-05.00	1
9 Aizik Hodak	SO	Wartburg	14.23m	11.47m	37-07.75 2
10 Nathan Watters	JR	Cornell College	12.05m	11.45m	37-06.75 2
11 Chase Kwinski	FR	Upper Iowa	9.24m	10.88m	35-08.50 2
12 Gage Cates	FR	Wartburg	10.16m	10.27m	33-08.50 2
13 Nicholas Yelkin	FR	Cornell College	9.00m	10.22m	33-06.50 1

14 Brody Herriott	FR Wartburg	9.30m	30-06.25	1
FOUL 9.30m FOUL				
15 Matthew Corley	JR Cornell College	9.89m	8.76m	28-09.00 2
FOUL 8.76m 8.51m				
16 Andrew Corley	JR Cornell College	9.00m	8.73m	28-07.75 1
FOUL 8.73m 8.39m				
17 Grady Robinson	FR Wartburg	7.98m	26-02.25	1
FOUL FOUL 7.98m				
18 Brevin Hahn	JR Cornell College	7.93m	26-00.25	1
7.52m 7.85m 7.93m				
-- Devon Lawrence	SR Upper Iowa	DNS		1

Men Weight Throw

=====						
Meet Record: M 20.30m 1/19/2019 James Plummer, Grand View						
Facility: F 21.71m 3/2/2019 Andrew Jarrett, Wis.-La Crosse						
Name	Year	School	Seed	Finals	H#	Points
=====						
1 Aizik Hodak	SO	Wartburg	14.91m	13.41m	44-00.00	2 7
1.29m 13.36m 13.32m	FOUL	12.44m 13.41m				
2 Brad Pace	SR	Cornell College	14.22m	12.79m	41-11.50	2 5
12.58m FOUL 12.56m	FOUL	FOUL 12.79m				
3 Brock Flack	SR	Cornell College	11.71m	12.56m	41-02.50	2 4
12.56m 12.03m 11.95m	11.79m 11.72m 11.70m					
4 Gage Cates	FR	Wartburg	11.28m	12.26m	40-02.75	2 3
11.79m 12.26m 11.60m	11.83m 11.73m	FOUL				
5 Grady Robinson	FR	Wartburg		11.72m	38-05.50	1
10.72m 11.72m FOUL	FOUL	FOUL 9.87m				
6 Mason Lobeck	FR	Wartburg		11.49m	37-08.50	1
11.49m 10.73m 10.44m	11.12m 11.02m	FOUL				
7 Adam Teare	FR	Wartburg		11.34m	37-02.50	1
FOUL FOUL 10.50m	10.72m 11.34m 10.92m					
8 Andrew Corley	JR	Cornell College	9.90m	10.88m	35-08.50	2
FOUL 10.88m 10.71m	FOUL 9.73m 10.52m					
9 Matthew Corley	JR	Cornell College	9.76m	10.36m	34-00.00	2
10.25m 9.90m 10.33m	10.07m FOUL 10.36m					
10 Christian Nunley	FR	Wartburg		9.50m	31-02.00	1
FOUL 9.50m FOUL						
11 Brody Herriott	FR	Wartburg		8.64m	28-04.25	1
FOUL 8.64m FOUL						
12 Brevin Hahn	JR	Cornell College		6.97m	22-10.50	1
6.97m 6.69m 6.71m						
-- Macklin Conrad	JR	Upper Iowa	1.16m	FOUL		1
FOUL FOUL FOUL						
-- Devon Lawrence	SR	Upper Iowa	11.89m	DNS		2
-- Payton Rochford	JR	Wartburg	10.41m	DNS		2

Women - Team Rankings - 16 Events Scored

1) Wartburg	159	2) Cornell College	58
3) Upper Iowa	26		

Men - Team Rankings - 15 Events Scored

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1) Wartburg	147	2) Cornell College	76
3) Upper Iowa	28		